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# Food & drink



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# NATURAL WINE, NO DRAMA

**An Unpretentious Guide** 

# **Honey Spencer**

Discover the wonderful world of natural wine... without all the drama.

Award-winning sommelier Honey Spencer opens up the world of natural wine and shows us how to embrace all its unique beauty as she shares her straightforward advice on how to find, choose, pair and enjoy all that each glass has to offer.

Alongside her masterful wine knowledge, Honey shines a light on the most innovative newcomers and leading women in the industry - including winemakers, importers and sommeliers from around the world - revealing the exciting personalities, stories and techniques behind natural winemaking in countries such as Italy, Georgia, the USA, Australia and more.

You'll also find a unique selection of recipes and pairing notes from world-famous chefs, alongside an easily digestible glossary to make quick sense of winemaking in a way that truly opens up the world of natural wine to anyone that wants to enjoy it.

This book is perfect for wine lovers and anyone interested in trying natural wine but is not sure where to start.

Includes profiles on: 'Sir' Doug Wregg (Les Caves de Pyrene, UK); Meli Ligas (Ktima Ligas, Greece); Christina Rasmussen (Littlewine, global); Sophie Evans (Sophie Evans Wine, UK); Fleur Godart (Cuvées Militantes, France); Monique Millton and Tim Webber (Manon Farm, Australia); Stefano Colombo (Bar Brutal, Spain); Ava Mees List (noma, Denmark); Ketevan Berishvili (GoGo Wine, Georgia); Eddie Chami (Mersel Wine, Lebanon); Isabelle Legeron (RAW WINE fair, global); Gina Giugni (Lady of the Sunshine, USA); Sonia Gambino (Gustinella Wine, Italy); Stephanie and Eduard Tscheppe (Gut Oggau, Austria); Margaux Aubry - (Naughty Piglets, UK)



© Honey Spencer

Honey Spencer has worked around the globe at world-renowned venues including Sager and Wild, London; 10 William Street, Sydney and NOMA Mexico. Honey is currently the co-owner of her own restaurant. Sune on Hackney's Broadway Market in London. Previously Honey was the wine director for the Paskin Group, curating and executing the wine list for restaurants including The Palomar, The Barbary, and 1 Michelin-star restaurant, Evelyn's Table. She is a fierce advocate for sustainability within the wine industry, and is listed in Drink's Business 50 Most Powerful Sommeliers in London, CODE's 100 Most Influential Women in Hospitality. She is a GQ Awards and F&M Awards judge, and the founder of BASTARDA, an events platform rallying tastemakers and daredevils across the world via food and drink.

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# A WINEMAKER'S GUIDE TO DRINKING THE WORLD

#### Bert Blaize, Victoria Brzezinski

In this unique and evocative blend of food, drink and travel writing, Bert Blaize and Victoria Brzezinski give winemakers the floor to take us on a journey around the landscapes, cultures, cuisines, best places to eat and drink, and of course, wines, that they know and love better than anyone on earth.

Wine producing regions are some of the most beautiful and fascinating parts of the planet.

Where there's good wine, there's almost always good food, beautiful landscapes, a rich history, and fascinating characters who can speak to our complex and evolving relationship with our planet - because few people have a closer relationship with the earth than those who make wine from it.

Those characters - including recovering rockstars, former engineers making wine in nuclear shelters, and daughters who have reclaimed their family's land from defunct communist dictatorships - will be the ones whose perspectives, recommendations and stories we hear as we travel through the world's wine producing regions both old and new.

Each chapter will cover a region that could easily be explored within a 2–3 day trip – including Italy, France, USA, Australia, Spain, Bolivia, Japan, South Africa, Germany, Greece, Portugal, Austria, Croatia, Georgia, Luxembourg and Wales – as Bert and Victoria shed new light on the world of wine for those who enjoy the end product, reminding us all that what is in the bottle is a product of the land, its history... and a whole lot of fascinating human beings.



© Tori O'Connor

Bert Blaize is an award-winning sommelier and wine consultant. He learned his craft at some top-notch addresses: La Belle Epoque in Manchester, Le Manoir aux Quat Saisons, and the Clove Club in Shoreditch. He then went on to open the Mandrake Hotel as Head of Wine. In 2017 Bert was named the UK's Top Young Sommelier by Flint Wines and nominated by GQ Magazine, Drinks Business and Imbibe as 'Sommelier of the year'. He co-authored Which Wine When in 2020.

Victoria Brzezinski is a multi-award-winning feature writer, columnist and restaurant critic. Named lifestyle and interiors journalist of the year at the Property Press Awards 2022, she has written for *The Times* and *The Sunday Times* since 2018 on topics from design to food and farming. She has worked for some of London's liveliest restaurants including Som Saa and the Ricker Group, where wine tastings were always the best part of the job.



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## THE LITTLE BOOK OF NEGRONI

#### **Paul Knorr**

With 40 delicious variations on the classic Negroni cocktail, this is the go-to gift for Negroni lovers everywhere.

In a sea of cocktails, one is rocks above the rest: the Negroni. With its divine trinity of gin, Campari and sweet vermouth, it's a drink simultaneously timeless and contemporary. Easy to make but complex in taste, with endless opportunities of being reimagined.

Savour a *Napoli* or stir a *Palmasera* as this brilliantly illustrated book journeys across the ages to bring you everything there is to know about the world's most beloved cocktail.

Whether you're a seasoned mixologist or a curious newcomer, cheers to the cocktail that defies convention and delights the senses. Paul Knorr is from New York, a drinks specialist and author of over 20 bartending books, including 11,000 drinks, Architecture of the Shot and The Big Bad Ass Book of Shots.



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#### **FREE SPIRITED**

60 no/lo cocktail recipes for the sober curious

#### Colleen Graham

The no-low alcohol lifestyle is booming, as more and more consumers are seeking fabulous mixed drinks that skip the alcohol.

Gone are the days of sugary Shirley Temples and soda-topped fruit juice. It is time for a mocktail revolution that combines non-alcoholic ingredients to create sensational alcohol-free drinks that rival any boozy well-crafted Martini or Old-Fashioned.

Whether sober-curious or conscious of the health benefits of abstaining from alcohol, Free Spirited will guide readers through this flavour-fuelled journey in low-/no-alcohol adult beverages. With a primer in bartending techniques to create better drinks, it's perfect for beginners and seasoned mixologists alike. You'll learn how to recreate timeless drinks like the Margarita and Old Fashioned into non-alcoholic wonders and discover original recipes that offer inspiration for personal cocktail experimentation.

With 60 recipes, there is something for everyone, from a Cos-No-Politan and Sober Sidecar to a Hibiscus Tea-Tini and Blueberry-Mint Smash, with charming original illustrations, easy-to-follow recipes, and delicious no/lo drinks for the sober curious.



© Colleen Graham

Colleen Graham is a seasoned mixologist and writer with a passion for creating and sharing great cocktails and mixed drinks that enrich everyday life. She has spent over a decade writing about cocktails for The Spruce Eats and other venues. Colleen is also a cocktail consultant, designing themed cocktail menus and individual drink recipes for a variety of establishments and occasions.scdesignstudios.com



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#### **ENGLISH WHISKY**

The journey from grain to glass

Ted Bruning, Rupert Wheeler

Where once Scotland dominated the world of whisky, that's no longer the case. England is just one of many countries now challenging Scotland's historic lead.

Until recently, England has been quiet as far as whisky production goes. Gin has been widely produced here for several centuries, especially after the accession of William of Orange and Mary in 1688, but whisky was hardly produced at all, and then at the turn of the millennium everything changed.

More and more distilleries here in England, both large commercial ones and micro-distilleries, are exploring new and exciting flavours, playing around with different grains, shapes of stills and flavour profiles. Many of these distilleries are now becoming serious world-class operations, a far cry from the small craft distilleries of even 20 years ago.

This new book tells the exciting story of English whisky as it becomes established as a serious player on the world stage. Covering topics such as how the industry was kickstarted as recently as 20 years ago by the English Whisky Company, how rye is competing with barley as a grain of preference, the importance of sustainability, the use of peat and oak, and the huge increase in high-end tourism, with vast numbers of visitors enjoying learning about English whisky at distilleries up and down the country, from Cornwall to Cumbria. The book includes profiles of nearly 40 distilleries, with descriptions and tasting notes of key whiskies released so far.

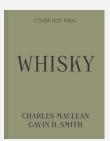




© Rupert Wheeler / Ted Bruning

Rupert Wheeler has worked in publishing for over 30 years and was previously the managing editor of Whisky Magazine. He is a judge in the annual World Whiskies Awards and is co-author of Britain in a Bottle: A visitor's guide to distilleries, breweries, vineyards and cider mills.

Ted Bruning is an award-winning beer and brewery writer who has been writing on the topic for over twenty years. He spent thirteen years working on the Campaign for Real Ale (CAMRA) membership newspaper and was the editor of CAMRA's What's Brewing for eight years. He wrote the books Historic Pubs of London and Historic Inns of England, the latter of which won the British Beer Writers' Guild Silver Tankard in 2000.



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#### **WHISKY**

From the Dark Age to the New World

#### Charles Maclean, Gavin D. Smith

Whisky is the world's favourite spirit and the industry is booming like never before. The time is right now for a new guide to the story of this famous drink, bringing fans up to date with new developments in production, sustainability, flavour and more.

Award-winning writers Charles Maclean and Gavin D. Smith offer a rollocking narrative, describing the adventures of the legendary characters who shaped the whisky industry, exploring its cultural heritage and journeying across the world: beyond the famous Highland malts, Irish pot-still whiskeys and American bourbons to Japan, Tasmania, the Himalayas and further afield.

From whisky's early origins as an illicit drink made in the hills of Scotland and Ireland to the exciting whiskies being made today by craft distillers and master blenders all over the world, this book immerses the reader in over 100 stories, legends and anecdotes, illustrated with historical images and stunning photographs of landscapes and iconic distilleries, inside and out.

Learn how this spirit came to be the global success story of today and understand how to appreciate just what is in your glass. With flavour as much influenced by history, craft and tradition as it is by science: in *Whisky*, find out why it tastes as it does, where whisky flavours come from and how they have changed over the years. It's the essential guide for any aficionado.

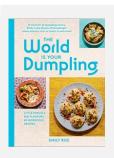




© Charles Maclean / Gavin Smith

Charles Maclean is the author of seventeen books about Scotch whisky, including the standard work on whisky brands, Scotch Whisky, and Malt Whisky, both of which were shortlisted for Glenfiddich Awards. His Scotch Whisky: A Liquid History won Wine & Spirits Book of the Year at the 2004 James Beard Awards and Best Drink Book in the World at the Food Media Awards. The Sunday Times calls him 'whisky's finest guru'.

Gavin D. Smith is a freelance journalist and author who specialises in drink subjects, most notably whisky. He is the author and coauthor of some 30 whisky books and contributes regularly to a wide range of publications. He lives in the Scottish Borders.



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#### THE WORLD IS YOUR DUMPLING

Little parcels. Big flavours. 80 gorgeous recipes.

# **Emily Roz**

The debut cookbook from Emily Roz, AKA @myriadrecipes - a joyful celebration of the diverse flavours and textures of delicious, delectable dumplings!

Fluffy, crispy, steamy, tasty, spicy, creamy, puffy, crunchy - however you like them, there's no denying that everybody loves dumplings!

There's barely a food culture in the world that doesn't celebrate dumplings - and for good reason. This book is a joyful celebration of the diverse flavours and textures offered by these magical little parcels, packed full of recipes that take inspiration from across the globe, while showing you how simple they are to make at home.

With chapters ranging from quick dishes using ready-made dumplings to wrappers and fillings made from scratch, this book has something for everyone. Easy to make and even easier to eat, these nourishing bundles of deliciousness - from cheese-filled pierogi-style dumplings, to feta, mint and spinach pockets, to speedy laksa-style dumpling noodle soup - can be enjoyed by anyone, any time. So, whether you're looking for a speedy lunch, tasty batches to fill the freezer or a fun way to spend an evening with friends, *The World Is Your Dumpling* has got you covered.



Emily Roz is a cook, viral recipe developer and content creator based in London. Her love for food began via her upbringing in Europe from Poland, to Czech Republic, France, England, and Switzerland. Working as a restaurant chef and pursuing her career in food, she now focuses full-time on bringing vibrant, diverse, yet simple home cooking to the masses via social media and her website, Myriad Recipes.



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#### **UNBRIELIEVABLE**

From Cheddar to Stilton, Over 60 Delectably Cheesy Recipes for Boards, Bakes, and More

#### **Jassy Davis**

We love cheese. It's been on the menu for almost 10,000 years. And today, there are at least 2000 different types of cheese being eaten around the world.

There's a cheese for every palate and occasion. From soft, fresh curds eaten on the day they're made to mature cheeses ripened for months in underground caves and marbled with blue veins.

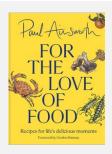
Whether you like your cheese light and lemony, salty and tangy, or rich and stinky, there's a cheese for you. And a cheese dish, too. Take your pick from these 60 versatile recipes that will help you make a meal out of cheese at breakfast, lunch, and dinner.

Kickstart your cheese education with a run through of the main types of cheese - blue, hard, processed, semi-hard, semi-soft, soft and fresh, and soft-ripened - along with how to store them and serve them, if your favourite way to eat cheese is simply as it is.



© Gary Congress, courtesy of Abel & Cole

Jassy Davis is a writer, recipe developer, and food stylist. She has collaborated on cookbooks covering everything from kale to cocktails, and she runs her own blog dedicated to her first love: gin. She is the lead recipe writer for Abel & Cole. She is the author of Glorious Boards, Disco Drinks, Gin Made Me Do It, With Alcohol Anything Is Popsicle, Alcohol Not Included, and Winter Warmers. You can find her on twitter at @ginandcrumpets.



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#### FOR THE LOVE OF FOOD

Recipes for life's delicious moments

#### **Paul Ainsworth**

Paul Ainsworth has spent a lifetime working in Michelin-starred kitchens from Restaurant Gordon Ramsay in London to his own restaurant No6 in Cornwall. Working with quality produce and alongside the UK's best chefs, he's learnt that seriously good food and comforting classics are key to a truly flavourful life.

Paul makes it simple, really - you can't go wrong when you've got a solid recipe, beautiful ingredients, and are cooking with love.

In For the Love of Food, Paul invites you into a world of warm, welcoming, and joyfully crafted dishes that redefine everyday enjoyment. It is a treasure trove for those seeking an elevated dining experience at home. Timeless table favourites are packed with gourmet flavour; effortlessly bridging the gap between traditional home cooking and restaurant quality-food.

This refreshing cookbook serves up beloved Italian dishes like those at Caffè Rojano (BBQ Mackerel Bruschetta with Pesto Mayonnaise), savour herby pastas influenced by Paul's time at Restaurant Gordon Ramsay (Brown Butter Pumpkin Tortelli with Parmesan, Sage and Biscotti), relish unbeatable seafood dishes inspired by Paul Ainsworth at No6 (Whole Baked Lemon Sole with Camel Valley Sauce) and cosy up to comforting classics reminiscent of fireside moments at The Mariners (Toad-in-the-hole Ainsworth-style).

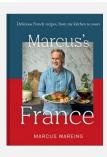
Achievable for both seasoned chefs and aspiring home cooks alike.

A Sunday Times bestseller with a foreword from Gordon Ramsay



@ PaulAinsworthCollection

Award-winning chef Paul Ainsworth began his career helping at his parents' Southampton questhouse. Paul's first big break was working at the Michelin-starred Rhodes in the Square in London, before moving to Restaurant Gordon Ramsay. Since then, Paul has built The Ainsworth Collection in Padstow, Cornwall, including their Michelin-starred restaurant Paul Ainsworth at No6, Caffe Rojano, The Mariners public house and their 6-suite boutique hotel, Padstow Townhouse. Paul appeared on BBC2's Great British Menu in 2011 and now makes regular appearances on Saturday Kitchen, Sunday Brunch and MasterChef. Paul was a Judge/Mentor on ITV's prime time show Next Level Chef in 2023. with Gordon Ramsay and Nyesha Arrington.



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#### **MARCUS'S FRANCE**

Delicious French recipes, from my kitchen to yours

## **Marcus Wareing**

Join Marcus Wareing on a culinary journey through France and bring French cooking to your home kitchen.

In his 40 years as a chef, Marcus Wareing has immersed himself in the French cuisine, working in restaurants around the world. Now, he's sharing everything he's learned and discovered in his new book, *Marcus' France*.

Immerse yourself in the cuisine, where each recipe tells a story of a passion for cooking and heritage. From the sun-kissed fields of Provence to the charming bistros of Paris, discover dishes that capture the heart of France. From the foundations of classic sauces, techniques and pastry skills that Marcus learned at college, to the iconic French dishes he discovered working in famous London restaurants like The Savoy, and the family favourites that he enjoys cooking at home, this book is packed with recipes, tips and expertise that will help you cook incredible French food in your kitchen.

Whether you're a seasoned chef or a passionate home cook, you'll find recipes that suit every occasion. From simple suppers like Pork Chops with Green Olive Sauce, Baked Eggs and the ultimate Steak Sandwiches to dishes to impress such as Roasted Scallops with Lentils, Tomato Onion and Olive Tart and Whole Cooked Sea Bream. Marcus adds his own twist to some of the most famous French contributions to gastronomy, like Apple Tart Tatin, Coq au Vin and Beef Bourguignon.

With recipes to cook outdoors, food to enjoy with friends and family, and ways to hone your skills in the kitchen, this book will take you on a culinary journey not only through France, but through Marcus' life in French food too.



© Susan Bell

Marcus Wareing is one of the most respected and acclaimed Michelin Star Chefs and restaurateurs in Britain. Alongside his Michelin Star, he's been awarded numerous accolades including Tatler Restaurateur of the Year, GQ Chef of the Year and an Acorn Award. Marcus is a judge on BBC One's television series Master Chef: The Professionals (UK) where he mentors the next generation of cookery talent. Marcus has released eight cookbooks, including 'Marcus Kitchen' and 'Marcus at Home' which spent five weeks in the Sunday Times Top 10 bestseller list. Marcus' new show on BBC Two, Simply Provence aired in May 2024. He is currently in partnership with leading foodservice and support services company, Compass Group UK & Ireland, through the 'Forward with Marcus Wareing' culinary programme.



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#### **SLOW**

Easy, comforting Italian meals worth waiting for

#### **Gennaro Contaldo**

Savour the art of slow cooking the Italian way, where flavours deepen and texture is softened to create comforting, inexpensive meals with little fuss.

In this newly updated edition, *Slow*, Gennaro shows you how to prepare authentic Italian meals in minutes and cook them to perfection with minimum effort by letting your oven or appliance do the work.

Accompanied by refreshed photography, you'll find a selection of new vegan recipes to balance out the meat-heavier chapters and complement cherished classic recipes that celebrate both the slow food movement and slow cooking. Think hearty casseroles and one-pot dishes that simmer to perfection, succulent roasts that tenderise from oven cooking, and comforting soups that quietly bubble away on the stovetop. Delight in sweet treats like meringues and fruit compotes, as well as freshly baked bread.

Gennaro, a traditional Italian cook, showcases the use of economical meat cuts, beans, root vegetables and pulses – all enhanced by the slow cooking process. With plenty of options to suit the thrifty home cook, this collection features timeless Italian classics like Stuffed Whole Roasted and Filled Pumpkin, Rigatoni with Meatballs, Vegetable Lasagne, and Orange-infused Baba.

At the front of the book you'll find a handy chart to convert temperatures between oven cooking times and your favourite kitchen appliance. *Slow* takes the hard work out of meal times to streamline your supper preparation; this is food worth waiting for whilst you enjoy the convenience of your slow cooker or oven doing all the heavy lifting.



© Laura Edwards

Gennaro Contaldo's warmth, Italian spirit and sense of fun have led him to be one of the UK's most-loved chefs. He is renowned for being a mentor to Jamie Oliver and teaching him, with Carluccio, everything Jamie knows about Italian cooking. In 1999, he opened Passione in London, which was awarded Best Italian restaurant in 2005. He is a favourite on Saturday Kitchen, has his own YouTube food channel, and is an ambassador for Citalia, Parmigiano Reggiano and Birra Moretti. This is his seventh book with Pavilion, which include Pasta Perfecto and Fast Cook Italian, He lives in east London with his wife and twin daughters. @gennarocontaldo

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## **GENNARO'S LOST ITALY**

#### **Gennaro Contaldo**

Embark on a culinary journey that transcends time as celebrated chef Gennaro Contaldo delves into the heart of Italian heritage. In his upcoming cookbook, Gennaro lovingly resurrects forgotten recipes that have been passed down through generations.

Get ready to be transported to the rustic kitchens of Italy, where traditions were woven into every dish. Gennaro Contaldo, with his unmatched passion for authentic Italian flavours, guides you through a treasure trove of lost recipes that were on the verge of fading into history. From the rolling hills of Tuscany to the sun-soaked coasts of Sicily, each page of the book reveals a culinary tale that pays homage to the wisdom and love that Nonnas have long infused into their creations.

With a deep respect for the past, Gennaro recreates these heritage dishes, blending his modern touch with timeless techniques. You'll uncover dishes that were once the heart of family gatherings, from humble pasta variations to mouthwatering sauces that capture the essence of Italy. Each recipe carries a piece of history and tradition, inviting you to embrace the warmth and authenticity of Italian culture.

Gennaro's anecdotes add a heartfelt dimension to each dish, making this cookbook a true homage to his home country of Italy and keeping its heritage alive one delicious bite at a time.



© David Loftus

Gennaro Contaldo's warmth, Italian spirit and sense of fun have led him to be one of the UK's most-loved chefs. He is renowned for being a mentor to Jamie Oliver and teaching him, with Carluccio, everything Jamie knows about Italian cooking. In 1999, he opened Passione in London, which was awarded Best Italian restaurant in 2005. He is a favourite on Saturday Kitchen, has his own YouTube food channel. and is an ambassador for Citalia, Parmigiano Reggiano and Birra Moretti. This is his seventh book with Pavilion, which include Pasta Perfecto and Fast Cook Italian, He lives in east London with his wife and twin daughters. @gennarocontaldo



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# SRI OWEN INDONESIAN FOOD

The new edition by award-winning food writer, with 20 new recipes on modern cooking

Sri Owen

A beautiful new edition of seminal work Sri Owen Indonesian Food with 20 new recipes to reflect the updates in Indonesian cuisine over the last 20 years.

*Sri Owen's Indonesian Food* is the most comprehensive account of this ancient and varied cuisine ever published. Sri Owen, the world's leading authority in Indonesian cooking, provides more than 100 mouth-watering recipes, from staples and basics to food for festivals and special occasions. The recipes are easy to follow and have fascinating introductions which place them in their regional and cultural settings.

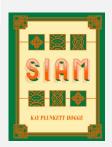
From her grandmother's cherished recipes to classic street food and modernized dishes, recipes include: An aromatic lamb stew; Savoury filled wontons; Javanese chicken soup; Pan-fried tuna with red chilli sauce; Sweet potato and vegetable satay; and Ricotta, guava and chilli ice cream.

The book is split into two parts - in part one a series of introductory chapters examine the role of food in Sri's life and in Indonesian culture and society, with recipes to accompany. Part two explains the essential ingredients and techniques of Indonesian cookery, with notes on availability and substitutions and discussions of modern developments, again with the relevant recipes and variations to accompany each technique. Painstakingly researched and the product of decades of expertise and recipes passed through generations, this is a must-have book for any curious cook.

This stunning book is repackaged in a beautiful and authoritative format with 20 new recipes - a modern, must-have classic for your shelves.



Born in Sumatra, Indonesia, Sri Owen moved to Britain in 1964 and is an internationally renowned author, lecturer and cook whose admired and authoritative books include The Rice Book (winner of the André Simon award), Indonesian and Thai Cookery, Indonesian Regional Food and Cookery and Healthy Thai Cooking. Since she was first published in 1976, Sri has become the foremost authority on Indonesian food in Britain and is one of the 'grandes dames' of the British foodie scene. She was awarded the Lifetime Achievement Award at the Guild of Food Writers Awards, 2017.



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#### **SIAM**

The brand-new cookbook from the author of Baan

#### **Kay Plunkett-Hogge**

Discover the beautiful regional cuisine of Thailand with acclaimed food and drinks writer Kay Plunkett-Hogge as she travels around her homeland exploring the past and future of Thai food.

Thai food is so much more diverse than most people think. Like many countries and food cultures, it has within it profound regional differences. And these don't just exist between its regions, sometimes you find them from town to town, village to village. In this book, acclaimed food and drinks writer Kay Plunkett-Hogge travels the length and breadth of the Kingdom to reveal this diversity to readers and cooks alike. From the hilltribe communities in the far north, and the Kuomingtang who settled in this region after their civil war, to the Perakanese food of the south and the many diasporas (Portuguese, Persian, Chinese, Indian) that have shaped the cuisine, Kay finds that borders, when it comes to food, are arbitrary things: they are porous.

Thai food is influenced by many of its neighbouring states, and not just the ones that directly border it, such as Burma, Laos, Cambodia and Malaysia, but also Vietnam, India, Indonesia and beyond. It is a diverse melting pot of different cuisines, ingredients and cultures. Bangkok, as the hub of the country, has become a unique food culture of its own. Here, all the regional cuisines come together and feed off each other, creating new dishes and ideas. The cuisine is constantly evolving.

Kay will also look at the future of Thai cooking - this is the cutting edge, where Thai food meets the rest of the world. Thai cooks are embracing the influx of foods from abroad, as they always have, and are using it to create something new. Exciting fusions with Italian, Mexican, French, you name it, all with their particular Thai signature, making these recipes stand apart. This is how Thai food has always been - it embraces new food cultures and ingredients and then turns them into something uniquely Thai.

This is a groundbreaking work that explores Thai cuisine in all its regional diversity and also looks forward to the exciting future of Thai food.



Kay Plunkett-Hogge is an acclaimed food and drinks writer and the author of Aperitivo: Drinks and Snacks For The Dolce Vita, Adventures Of A Terribly Greedy Girl, A Sherry And A Little Plate Of Tapas, Heat: Cooking With Chillies and Make Mine A Martini. In addition to her own books, Kay has co-authored a further six books. working with the award-winning chef Brvn Williams on his two books Bryn's Kitchen and For The Love Of Veg, Academy Award nominated actor Stanley Tucci on his second cookbook The Tucci Table, and with the American pizza guru Chris Bianco. She also cowrote Leon: Family and Friends with John Vincent and Cook Yourself Thin: Quick and Easy. She writes a monthly column for delicious magazine and lives in London with her husband, cats and dogs.

Pavilion 17/07/2025 HB • 256pp • 246x189

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Genre / Subject COOKING / Regional

Editor Ellen Simmons

Primary Agent Independent Talent

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

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#### **BOOK 2**

### **Hasan Semay**

The much-awaited travelogue cookbook with traditional Turkish recipes, from BBC's Young MasterChef judge.

A fascinating and meticulously researched blend of recipes, travelogue, history & memoir, *BOOK 2* is a Turkish delight that aspires to sit alongside Olia Hercules *Mamushka*, Sabrina Ghayour's *Persiana* and Sami Tamimi's *Jerusalem*.

In *BOOK 2*, we're transported abroad to Turkey, where we find Has embarking on a solo culinary odyssey that spans the heart of the country. Though language and culture are shared, Has' Cypriot upbringing left mainland Turkey feeling somewhat distant. Arriving on the south coast, he travels across the mountains, taking us to every corner of the country - not only unveiling culinary traditions, but unearthing the very history that flavours them.

Turkey's rich history, shaped by influences like the Ottoman Empire and the Silk Road, sets the stage. For Has, it's not about just cooking - it's about savouring the past and understanding how it influences our palates today. Think kebabs that bridge generations, stews that tell tales, breads that warm your soul, and desserts that are sweet escapism - draped in buttery layers of history and dripping with syrup.

Divided into five distinct chapters - Bread, Mezze, Fish, Meat, Veg and Desserts - the book unveils regional heritage recipes. Has looks at mainstream dishes - eating Adanan kofte in Adana - but also tries local delicacies, like filo and pistachios in Gaziantep.

Has' evolution as a writer is evident in diary-like entries as we experience Turkey through his perspective of flavours, and narrative. Every recipe honours a piece of Turkish culture - he's on an immersive journey woven with history, travel tales, and personal anecdotes.



© Max and Liz Hamilton

Hasan Semay is a half Turkish Cypriot half British chef, YouTube and Instagram sensation, as well as a self-confessed "proper North Londoner". His relaxed and informative approach to cooking without pretentiousness has won him legions of fans over on his YouTube platform, Sunday Sessions.



Pavilion 12/09/2024 HB • 256pp • 246x189

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Material Available

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Available in all languages

#### **GOOD TIME COOKING**

Show-stopping menus for easy entertaining

#### **Rosie Mackean**

Good Time Cooking is your one-stop-shop for cooking cohesive, composed, and delicious dinner party menus for every occasion.

This book will be your saviour when hosting, from date night to the first BBQ of the summer, or even a chic cocktail party, *Good Time Cooking* will prep you to create simple yet impressive multi-course meals while giving you confidence in the kitchen and most importantly time to enjoy your own dinner party too!

Sharing her expert knowledge from working in busy London kitchens, Rosie MacKean gives you all the tools to host a dinner party with ease. Teaching you what to prepare in advance and how to create a sense of flow in the kitchen, Rosie shares 20 multi-course menus full of crowd-pleasing recipes that will have any guest asking for seconds.

Each menu comes with its own curated time plan and mise-en-place to make your life easier. These dishes work in harmony with each other, both logistically and stylistically and if you don't want to cook every course, you don't have to.

The dishes are vibrant, celebratory, exceedingly delicious and highly cookable. As your confidence grows, you can even mix and match with other menus. Even better Rosie's helpful time-plan can start three days before the big event, giving you the option of spreading your prep into manageable chunks.

Rosie's menus enable you to wow your guests without losing a whole evening to cooking, so you can relax and enjoy your own dinner party too.

"Entertaining made easy with beautiful food from the dinner party Queen." – Gennaro Contaldo



Rosie MacKean is a freelance chef, food stylist, home economist and recipe developer. Having completed chef training and 2 years working in London kitchens, Rosie turned her lifelong obsession for cookery books and shows into a career, which includes the hugely popular Substack 'The Dinner Party'. Rosie is comfortable with all elements of cookery and relishes the variety of challenges she encounters in life behind the camera. Rosie lives in Hackney, London and is usually eating or cooking when she is not working. She has a degree in Modern Languages and speaks Spanish, Italian and French.

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Editor Lydia Good

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Rights

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#### KITCHEN TABLE

### **Emily Cuddeford, Rachel Morgan**

Simple things made well. The gorgeous debut cookbook from beloved Scottish bakery, Twelve Triangles.

'We want this book to be a well-thumbed friend that feels safe and comforting and from which you know you can always make something delicious that feels like home. Our love of food and cooking began at our kitchen tables and we want to share this passion with you, to bring to yours.'

This beautiful book weaves together recipes and stories - inspired by Emily and Rachel's cookery journey, relationships with producers and communities, and their love of food since they were small. The recipes lovingly compiled in this book are all truly accessible for the home cook, inspiring the reader to learn new skills if they wish, or simply return to comforting classics, always ensuring quality ingredients and delicious results that you'll want to share!

With over 100 sweet and savoury recipes, the book is built around the kitchen table - for creating, feasting, coming together, having quiet moments and joyous celebrations. Structured around key ingredients and techniques, the chapters cover: Butter, Milk and Cream, Bread, Fruit, Olive Oil, Chocolate, Nuts, Spices, Herbs & Coffee, Eggs, Salt & Vinegar.

With recipes including: Cinnamon Apple Bun, Iced Finger, Dauphinoise Pie, Sourdough Pesto, House Loaf, Focaccia, Olive Oil & Dark Chocolate Chip Cookie, Caramel Brownies, Sausage Rolls, Mint, Spinach & Feta Filo Pie, Green Herb Shakshuka, Gooseberry Relish, Florentines, and many more!



Emily Cuddeford and Rachel Morgan are the founders of Twelve Triangles bakery of which there are now eight branches throughout Scotland, and they're still growing. This beautiful book publishes to coincide with their 10th anniversary. The authors are incredibly well established both in the Scottish food scene and UK wide and have received support from Felicity Spector, Felicity Cloake, Vanessa Kimbell, Roberta Hall-McCarron and Jessica Elliot Dennison as well as having worked with, and supplied, many successful restaurants such as The Little Chartroom, Hawksmoor, Martin Wishart, The Balmoral, 27 Elliots and countless others.

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Primary Agent Insanity Managment

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Material Available

Rights

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## THE PASTRY CHEF'S GUIDE

The secret to successful baking every time Ravneet Gill

Pastry is an art but it is also food so remember to stay in touch with your ingredients, reflect the seasons in your food and, for the love of God, don't use strawberries in December.

This is a book aimed at chefs and home bakers alike who FEAR baking.

The message: pastry is easy.

Written by pastry chef extraordinaire, Observer Food Monthly 50 and Code Hospitality 30 Under 30, Ravneet Gill, this is a straight-talking nononsense manual - THE baking reference book for any cookery shelf. This is the written embodiment of Ravneet's very special expertise as a patisserie chef filled with the natural flair and razor-sharp wit that gives her such enormous appeal.

Starting with a manifesto for pastry chefs, Ravneet then swiftly moves onto The Basics where she explains the principles of patisserie, which of ingredients you just need to know (gelatine, fresh and dried yeast, flours, sugar, chocolate, cream and butter), how to line your tins, understanding fat content, what equipment you really need, oven temperatures and variables to watch out for. This section alone will give the reader enough knowledge of baking to avoid the pitfalls so many of us take when baking. Chapters are then organised by type of patisserie: Sugar, Custards, Chocolate, Pastry, Biscuits, Cakes and Puddings.

So whether you want to make a lighter-than-air birthday cake, flaky breakfast pastries, smooth and rich ice creams, parfaits, macarons or meringues, Ravneet will offer just the right advice to make it all seem easy.

This new edition will include colour photography throughout.



© Mike Tsang

Ravneet Gill is the author of the bestselling A Pastry Chef's Guide (2020), Sugar, I Love You (2021) and Baking for Pleasure (2023). Ravneet has been a judge on Channel 4's 'Junior Bake Off' since 2020. She is also a judge on Channel 4 and Netflix show 'Five Star Kitchen' alongside Mike Reid and Michel Roux Jr. She has written for the Telegraph as a pastry specialist and is a regular columnist for Guardian Feast.

Pavilion 11/09/2025 HB • 160pp • 221x156

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Editor Lucy Smith

Primary Agent N/A

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Material

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Rights

Available in all languages

## **TARA WIGLEY BOOK 2**

#### **Tara Wigley**

These rhymes compare two things, which, though they seem to be the same, reveal themselves to be unique in character and name.

Charming, fun and whip-smart, these rhymes from food writer Tara Wigley tell you everything you wanted to know about ingredients, cooking and kitchens, but were afraid to ask.

Confused as to whether you should use baking soda or baking powder in your cake? Can you tell a King Edward from a Duke of York? Or pick a Parmesan from a pecorino? In these 30 rhymes, Tara imparts years of cooking knowledge from the world-famous Ottolenghi test kitchen to solve all your culinary conundrums in a way that is accessible, memorable, witty and – most of all – fun. The rhymes can be gobbled up in one sitting or carefully chewed in bitesize portions.

Playful riffs on etymology, Anglo-American cultural differences lost in translation, and the subtle differences between products and ingredients feature throughout, teaching us about where our food came from, and why we call it that, and ultimately celebrating how food bring us together.

As with Tara's first book of rhymes, *How to Butter Toast: rhymes in a book that teach you to cook*, this book will equip you with the tools to convert temperatures, bake effortlessly and swap out ingredients like a pro without you even realising it.

With colourful and bold design and irreverent and intriguing illustrations throughout drawn by Alec Doherty, this book is the ideal bedside companion for foodies and the perfect Christmas gift for any cooks in your life.

Includes, what's the difference between...

A sausage and a frankfurter

A Manhattan, a margarita and a martini

Jam and jelly

Ice cream and gelato

A cupcake and a muffin

A cook and a chef

Nigel and Nigella

A bun and a roll and a bap and a cob



© Tara Wigley

As the in-house writer of Team Ottolenghi over the last decade Tara Wigley has co-written eight major books, including million-selling Ottolenghi Simple and Falastin. In addition, she writes the weekly Ottolenghi Guardian column and the monthly column in the New York Times. She has a dedicated following on Instagram and writes about food in ways that audiences find engaging and informative. She was a judge on the 2022 Fortnum & Mason Food & Drink awards. Tara is the co-author of Ottolenghi Comfort (Ebury) and author of How to Butter Toast (Pavilion).



Fourth Estate 26/09/2024 HB • 368pp • 198x135

Mono

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Material Available

Rights
Sold to Dumont (German)

Previous rights sold to Fontaine (Dutch), Hachette (French) and Filo (Polish)

#### A THOUSAND FEASTS

Small Moments of Joy ... A Memoir of Sorts

# **Nigel Slater**

From award-winning writer Nigel Slater comes a new and exquisitely written collection of notes, memoir, stories and small moments of joy.

For years, Nigel Slater has kept notebooks of curiosities and wonderings, penned while at his kitchen table, soaked in a fisherman's hut in Reykjavik, sitting calmly in a moss garden in Japan or sheltering from a blizzard in a Vienna Konditorei.

These are the small moments, events and happenings that gave pleasure before they disappeared. Miso soup for breakfast, packing a suitcase for a trip and watching a butterfly settle on a carpet, hiding in plain sight. He gives short stories of feasts such as a mango eaten in monsoon rain or a dish of restorative macaroni cheese and homes in on the scent of freshly picked sweet peas and the sound of water breathing at night in Japan.

This funny and sharply observed collection of the good bits of life, often things that pass many of us by, is utter joy from beginning to end.

'Nigel Slater's prose is the rarest delicacy of all: exquisite yet effortless, filled with heart, tenderness, yearning and humour' Elizabeth Day



Nigel Slater is a bestselling and award-winning author, journalist and television presenter. He has been the food columnist for the *Observer* for over thirty years and is one of Britain's most highly regarded food writers. His memoir *Toast* won six awards and became a film and stage production. He lives in London.

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Mono

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Rights

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# PEACH STREET TO LOBSTER LANE

Coast to coast in search of real American cuisine

### **Felicity Cloake**

Sampling the breadth and depth of US cuisine on a cycling road trip to understand America's real food culture

When Felicity Cloake announced that she was planning her dream cycle around the United States, not everyone shared her excitement. The country certainly boasts an outsized reputation around the world for fast food and faster living – everything is louder, brighter, bigger, if not always better – yet for all the cartoonish depictions of its culture on the big and small screen, Felicity was convinced that in reality, most Americans are just like the rest of us... despite a troubling national tendency to eat doughnuts for breakfast.

Her mission; to take a closer look at the iconic American dishes that have conquered the world - including those doughnuts - and the immigrant cultures behind them, to visit the landscapes and people behind foods that are so familiar many of us now don't even recognise them as American, let alone American with a back story as rich complex as those of any other cuisine. Crispy tacos, fortune cookies and hot sauce; smoked salmon bagels and blueberry muffins - all these are, essentially, American creations.

But this was to be no standard road trip: she wanted to get out of the car, and off the freeways, with their strip malls and national chains - to see the States at a more human pace, through its small towns and rural roads, to tip her helmet to Amish buggies and take a seat at the counter in old-school diners.

Along the way she discovers local specialties like crawfish stew and sauerkraut balls, Indian pudding and marionberry pie, meets the second and third generation immigrants playing around with the likes of mochi hush puppies and Bangladeshi burgers, surprises an awful lot of drivers, and gets slightly too close to the action at Collins of July Hot Dog Eating Contest on Coney Island.

Spoiler alert: she comes back in one, well-fed piece.



© Alastair Levy

Felicity Cloake is the multi award-winning author of the Guardian's long-running How to Make the Perfect series, the New Statesman's food column and seven books, including One More Croissant for the Road and Red Sauce Brown Sauce, which won the Fortnum and Mason food book of the year award in 2023. Peach Street to Lobster Lane sees her travel across America exploring the nation's food culture.

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Mono

Genre / Subject FOOD AND DRINK / Memoir

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Rights

Available in all languages

# THE JACKFRUIT CHRONICLES

Recipes and Memories from a British-Bangladeshi Kitchen

#### **Shahnaz Ahsan**

A heartfelt memoir that delves into the stunning flavours and captivating history of Bengali food while giving a voice to those individuals who introduced this cuisine to the United Kingdom.

Beginning with the arrival of Shahnaz's grandfather, Habib, in Manchester in the 1950s, this book not only focuses on the author's family story but also the broader narrative of the Bangladeshi diaspora, their struggles and their guest for a better life in Britain.

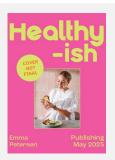
Among the cultural divides and misunderstandings that affected the generations before her, Shahnaz beautifully weaves together her family's recipes and cherished memories, including dishes like Red Lentils with Garlic, Steamed Rice, Fish with Sour Mangoes, and more.

Interspersed with stories and exciting recipes, *The Jackfruit Chronicles* is a must-read for anyone interested in food, its history and the people that brought the flavours of Bangladesh to British shores on false promises.



© Tracey Aiston Photography

Shahnaz Ahsan is an author, journalist and award-winning writer of short stories. Her debut novel Hashim & Family was an Observer Best Book and was shortlisted for the Guardian Not the Booker Prize. Her articles on multiculturalism, race, religion and society have appeared in national daily newspapers and online magazines. Born and raised in West Yorkshire, she has lived across the world and now resides in London with her husband and two children



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#### **HEALTHY-ISH**

#### Emma Petersen

Promising all the goodness with none of the fuss, Healthy-ish fills the gap left between all of the high protein, plant-based, quick & easy air-fryer titles - offering elements of all of them, combined into one hugely accessible cookbook.

My cooking style doesn't neatly fit into any one category – it's not low carb, not entirely plant-based, and certainly not fixated on calorie or macro counts. So, when asked, I often quip, "well, it's healthy... ish." And that simple, yet perfectly defined, phrase sparked the creation of this book. – Emma Petersen

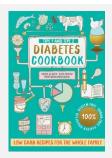
Based on sound nutrition and current trends, Emma embraces a cooking style that refuses to engage with calorie counting or macronutrient breakdowns, but instead is based on her six pillars that guarantee a *Healthy-lish* way of eating:

- •High protein
- •Plant forward
- •Refined sugar-free
- •UPF-free
- •Convenience-focused
- •Nourishing for mind and body

So many of us want to embrace a healthier approach to eating, but going in hard on any particular diet so often results in a sense of failure - whether through a feeling of over-restriction, or the everyday business of life getting in the way. Hence the -ISH part of *Healthy-ish* - it's a forgiving approach that understands the challenges people face in cooking from scratch every day, offering a kind and practical solution that reassures rather than imposing strict dietary rules.

Aimed primarily at young professionals and families, *Healthy-ish* offers cost and convenience-aware recipes for every day, with chapters including Batch Breakfasts, Weekend Brunch, Simple Lunches, Snacks, Dinner in Under 30, One Pan Winners and Sweet Treats. All the recipes are joyful, inspiring and accessible.

Quite the polar opposite of being a cookbook author, or a food content creator. Emma Petersen qualified as a solicitor in August of 2023. After devoting many years to attaining her quote unquote dream career as a corporate lawyer in the City, it wasn't until she got there that she realised she was slowly losing everything that was most important to her: time for cooking, exercising, seeing family, socialising with friends and sharing my love for food online. She guit and threw herself into growing her social media platforms (which she had run as a 'side hustle' since 2016) and developing her culinary skills.



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Material Available

Rights

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# TYPE 1 AND TYPE 2 DIABETES COOKBOOK

Low carb recipes for the whole family

### Vickie De Beer, Kath Megaw, Prof. David Segal

This is the ultimate handbook for anyone living with diabetes. Packed with expert advice, alongside delicious, family-friendly recipes that equip you to tackle diabetes head on.

With the latest research and advice from leading healthcare writers, *Type 1 and Type 2 Diabetes Cookbook* is the essential resource to help you understand and manage diabetes.

Full of essential information to support families living with diabetes, our experts will show you how to understand and monitor blood sugar, and share helpful tips for parents to make the change to a reduced sugar and carbohydrate lifestyle for good.

These meals are simple to shop for, effortless to prepare and, above all, packed with the essential nutrients growing bodies and minds need for optimal health. Grouped seasonally and covering all days of the week (not forgetting, sauces, treats and drinks), the *Type 1 and Type 2 Diabetes Cookbook* offers a range of choices for every meal of the day, and to satisfy all those hunger pangs in between – a happy solution for both busy parents and even busier kids!

Includes how to:

- Utilise a Green Food List and Red Food List to help you know what to shop for, and what to avoid
- Provide Summer and Winter Meal Plans to take the stress out of meal time, all year round
- Recipes such as: Superfast Omelettes, Haddock Frittata, Steak Tortillas, Creamy Cheesecake, Chocolate Freezer Fudge and much more

With sales of over 43,000 copies of the first edition, this updated edition is the perfect guide whether you are pre-diabetic, coping with symptoms or caring for someone who is.



Kath Megaw has been in child nutrition for over twenty years. She is South Africa's leading paediatric dietician and holds four medical qualifications from the prestigious John Hopkins University. Kath is a mother of three.

Professor David Segal holds a position at Parkview Health in the USA, where he established a paediatric endocrine service and works for the Parkview Mirror Center for Research and Innovation. He graduated from the University of Witwatersgrand in South Africa in 1993, and has worked tirelessly to help people and carers better understand and manage diabetes.

Vickie De Beer is an award-winning food writer, stylist and food editor. Inspired by her mother, who was an avid cook and food enthusiast, Vicki received her professional chef's diploma from the Institute of Culinary Arts. She has won numerous food writing and styling awards including Galliova Food Writer Award of the Year and a PICA.



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Genre / Subject
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Enquiries sinead.hurley@harpercollins.co.uk

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Rights

Available in all languages

#### YOU'LL LOVE THIS

**Recipes That Broke The Internet** 

### Saskia Sidey

It made your mouth water when you saw it on your feed, now it's time to get it on your plate!

Cook the recipes that broke the internet - from feta pasta to charcuterie boards, it's never been easier to make the tastiest things that ever went viral. Saskia Sidey has curated the ultimate list of social media's most delicious dishes to help your social media feed, feed you!

Whether it's simple snacks or feasts to wow your friends, *You'll Love This* is your one-stop-shop for the food everyone's talking about.

So, stop scrolling and get cooking.

Saskia Sidey is a London-based food stylist, food writer and recipe developer working in the food industry for over ten years. She has previously written three cookbooks: Broke Vegan, Broke Vegan Speedy, and Vegan Slow Cooker.

She often shares recipes on her TikTok, where she has over 79k followers.



HarperNonFiction 12/09/2024 HB • 192pp • 246x189

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Material Available

Rights

Available in all languages

#### YUMMY LITTLE BELLY

Over 80 quick, easy, nutritious recipes to keep you and your little ones happy
Romina Bertinazzo

Deliciously simple recipes for happy children and happy parents!

Cooking healthy food from scratch has never been easier - discover the ease of homemade meals for your little ones with quick recipes and everyday ingredients!

This colourful cookbook is packed full of simple, varied and tasty meal ideas for babies and toddlers from 6 months onwards. Weaning can feel like a big hurdle - parents want to do their best to feed their little ones a variety of nutritious food, without spending hours in the kitchen or endlessly sweeping meals up off the kitchen floor.

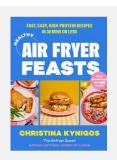
These recipes bring harmony to mealtimes for the whole family with well-balanced ingredients and flavours, including options to suit all dietary requirements, and all taste buds! Plus a weaning Q&A, a guide to safely cutting food for all ages, and essential tips and tricks to make your weaning journey so much simpler.

Including a brilliant range of Romina's signature fruit and veg-packed pancakes, easy homemade veggie nuggets, nutrient-rich pastas and risottos, croquettes, soups, muffins, fritters, breads, cookies and energy balls, the list is almost endless!

All of these recipes require zero faff and will leave little bellies happy and full of energy.

Romina Bertinazzo, AKA @yummy little belly has 940k followers on Instagram and 192k on Facebook. Based in London but from Italy, she is raising her two little girls on balanced meals using the wholefood ingredients she grew up with.]

Her most viral recipe reels receive upwards of 3m views.



HQ 21/11/2024 HB • 192pp • 246x189 Illustrated

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Editor

Danielle Pender

Primary Agent YMU Group

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

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#### **HEALTHY AIR FRYER FEASTS**

Fast, easy, high-protein recipes in 30 mins or less

### **Christina Kynigos**

Easy to make, delicious and good for you - Who says healthy has to be boring!

Get ready to discover over 80 mouth-watering recipes that are not only under 600 calories but also high in protein and ready in 30 minutes or less! Christina Kynigos brings you an air fryer cookbook packed with easy-to-make, delicious dishes that will leave you feeling full of energy.

From crispy chicken sandwiches with homemade baconnaise to hot honey halloumi with roasted vegetable couscous, Christina's recipes are designed to please your taste buds and fit your busy lifestyle. With easy-to-find ingredients, you'll be amazed at how simple it is to eat well without breaking the bank, spending hours in the kitchen, or relying on salads.

Save time, money, and effort while indulging in incredible flavors with Christina's air fryer magic. Dive into a world where healthy meets delicious, and every meal is a treat you'll look forward to!

Christina Kynigos is a super enthusiastic, Greek-Cypriot foodie who doesn't do things by halves or stick to the rules. Going above and beyond, Christina has created these healthy recipes to push the boundaries on what's achievable in low-calorie cooking, changing the healthy food game forever.



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Material Available

Rights

Available in all languages

#### WHAT'S FOR CHRISTMAS DINNER?

Festive Meal Plans, Big-Day Timings, Essential Shopping Lists

#### Sarah Rossi

The ultimate Christmas cooking bible from number one Sunday Times bestselling author Sarah Rossi AKA @tamingtwins!

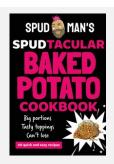
'It's all here... everything you need to know for pulling off Christmas cooking without any stress! Leaving you free to focus on fun with family and friends. If the prospect of cooking the biggest meal of the year is a little daunting, fear not.'

Take the stress out of Christmas cooking with the master of meal planning, Sarah Rossi!

This beautiful festive book is your new one-stop-shop for all things Christmas, including planning and shopping in the run up; the big day itself; timings plan; extra equipment needed; shopping lists; tips to get ahead; dealing with leftovers, and inclusive recipes for gluten free, veggies and vegans too.

Chapters cover: Nibbles and Party Food; Cosy Nights In; Freezer Fillers; The Big Day; Gorgeous Gifts; Festive Feasts; Christmas Breakfast and, of course, Baking - for delicious dishes to please the whole family and save your sanity, Sarah's got you covered.

Sarah Rossi is a UK food blogger sharing ideas that bring families together and ease the mental load of meal planning and cooking. Her blog, Taming Twins, shares simple recipes that help her juggle life as a working mum; with a following of over one million, and 15m views/year. Sarah shares snippets of daily life and recipe videos to inspire people to get cooking. She lives with her husband, her twins and their dog. Four adult step children and six chickens complete their rather noisy blended family.



HarperNorth 24/10/2024 HB • 128pp • 184x133 Illustrated

Genre / Subject
COOKING / Comfort Food

Editor Jonathan de Peyer

Primary Agent
The Stile Agency

Enquiries rachel.mccarron@harpercollins.co.uk

Material Available

Rights

Available in all languages

# SPUD MAN'S SPUDTACULAR BAKED POTATO COOKBOOK

# **Spud Man**

The debut cookbook from the prince of baked potatoes.

Big portions, tasty toppings, can't lose.

With an army of social media followers and a lavish pink Mohican, Spud Man aka Ben Newman has turned the baked potato into an artform - and he's only too happy to teach those of us who can't make the potato pilgrimage to his van the secret of a good spud. We're talking next-level baked potato mastery here.

Featuring 40 recipes for delicious baked potato combos and various spinoff dishes, this book is more than just recipes - it's a lifestyle. It's about embracing the humble spud and unleashing its full flavour potential. Whether you're a seasoned SpudFan or a curious newbie, this book will have you baking up a storm.

Recipes include: Lebanese chicken shawarma, the currywurst jacket, chorizo shakshuka, pizza loaded potato skins, poutine-style cheesy spuds and many more...

Also featuring:

- Spud history
- •Spud trivia (did you know potatoes can grow in space?)
- •Spudtastic jokes (so cheesy, they're gouda!)
- •A SpudFan Q&A section with Spud Man's answers
- •A 'Spud Army' recipe submission page for fans to share their creations



© Georgie Glass

Ben Newman, 39, is the viral TikTok sensation known to most people as Spud Man, and people come from far and wide just to get a taste of his jacket spuds. Ben lives and works in Tamworth, a town that's now synonymous with the unlikely influencer, with his wife, Sarah Simpson, who he's fondly nicknamed Spudwife, and their nine kids.

Pavilion 29/01/2026 HB • 224pp • 246x189

Illustrated

Genre / Subject COOKING

Editor Lucy Smith

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

# THE RAMADAN KITCHEN Ilhan Abdi

A timeless cookbook that not only serves as a comprehensive guide to preparing Ramadan meals but also as a cherished heirloom that families can hand down through generations.

With 80 delicious recipes, this sumptuous cookbook is designed to help families enjoy nutritious, time-saving and flavourful meals without the stress. This book will celebrate the rich tapestry of Ramadan culinary traditions from around the world, making it a valuable resource for anyone who observes Ramadan, as well as for those who wish to understand and appreciate its cultural significance.

By weaving flavours and techniques from various cultures, this cookbook aims to celebrate the multicultural essence of Ramadan - embracing diversity, sharing stories through food and creating a collection that resonates with individuals from all backgrounds - enriching their Ramadan experience with a tapestry of flavours and traditions from around the world.

#### Contents:

Introduction: covers the significance of Ramadan, preparing for Ramadan, meal planning and grocery tips and more

Suhoor, Pre-dawn Meals: Quick and nutrient-dense recipes for a wholesome start

Iftar, Breaking the Fast: Classic Iftar recipes that honour heritage and timesaving techniques for traditional dishes

Main Courses & Hearty Dinners: Comforting soups, meat dishes,

vegetarian and Vegan

Bread: Traditional breads, samosas

Sweets and Desserts: Traditional sweets with simplified methods and nobake and quick desserts

Drinks and Refreshments: Hydrating beverages and traditional drinks with modern adaptations

Eid Celebrations: Recipes for Eid al-Fitr and Special Occasion dishes



© Ilhan Abdi

Ilhan Abdi (@Ilhanm.a) lives in London with her young family and is of Somali heritage. After leaving her corporate job at Amazon she started cooking meals that had all the flavour and heritage of the dishes she'd grown up enjoying, adapted for a modern cook who might not have time for the traditional marinades and fermentation processes and began posting online. Her Ramadan Recipes and Eid Recipes series have proved hugely successful across TikTok, Instagram and YouTube.

Pavilion 29/01/2026 PB • 224pp • 246x189

Illustrated

Genre / Subject COOKING

Editor Lucy Smith

Primary Agent Greyhound Literary

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights
Sold to Veltman (Dutch)

#### **MISO**

Elevate your everyday with extra umami

# **Bonnie Chung**

In this expanded and completely revised edition miso is recognised as the hero ingredient, the chef's secret added extra that has entered the Western mainstream to bring extra umami to everyday cooking.

Miso is fast becoming a vital ingredient for the health-conscious foodie. The fermented soybean paste, which originates from Japan, is prized for its rich, complex umami flavour alongside its health-giving properties.

Miso includes a guide to fermentation and making your own miso, as well as introducing new miso makers from around the world, who are using local produce to create a sustainable miso pastes that are zero-waste.

With a new format and design and over 20 delicious new recipes, this book is the ultimate guide to miso - explaining what it is and how to make it, the different types of miso, its endless versatility, and how to use it to balance and enhance the flavours in your cooking. Miso expert Bonnie Chung offers tips and tricks throughout, explaining how a teaspoon of miso added to a tomato sauce can enrich the flavour, how to build bases for classic soups, pies and noodle dishes using miso to enhance and bring out the umami, and how to cook the ultimate umami-charged Sunday Roast, with miso roast chicken and roast potatoes, miso-glazed carrots and miso sesame Yorkshire puddings.

The chapters include:

The Quintessential Japanese flavour: The most famous Miso dishes from Japan - how to master these classics, with tips and tricks for nailing these timeless dishes (includes How to build a Miso Soup Base, Miso Aubergines and Miso Black Cod)

The Flavour Partners: Miso's potential is vastly improved through an understanding of miso's key flavour partners. Miso + Sweet, Miso + Citrus, Miso + Butter, Miso + Spice (includes Miso Apple Pork Chops, Lime and Miso Glazed Roast Salmon, Miso Udon Carbonara and Miso Banana Ketchup)

The Secret Ingredient: How to discreetly use miso in everyday cooking to seriously supercharge your cooking. Miso + Tomato, Miso + Cheese, Miso + Onion, and Miso + Chocolate (includes Miso Bloody Mary, Triple Umami Lasagne and Best Ever Gravy)

The Dessert Twist: How Pastry chefs and home-bakers are utilising the unique flavours of miso to enhance their classic desserts with help from this ancient Japanese ingredient (includes Miso Apple Pie and Miso Brown Butter Banana Bread with Miso Custard)



Bonnie Chung is an award-winning Entrepreneur and Founder of FMCG food brand Miso Tasty. Her successful product range includes Miso Pastes, Cooking Sauces, Noodles as well as Tofu, and is available across the UK and Australia in over 3000 supermarkets including Tesco, Waitrose, Sainsbury's, Woolworths Australia, Ocado and Wholefoods. Her first book Miso Tasty was selected for the Gourmand World Cookbook Awards for Japanese cuisine 2017 and was named in the Independent's Top 10 cookbooks of 2016. Known for her incredible passion and extensive knowledge of Asian flavours; her love for ancient ingredients like miso and tofu are re-imagined for modern cooking with versatile recipes that celebrate these ingredients in everyday cooking. Bonnie lives in London, where her food brand Miso Tasty is also based.

Health Well-being & Self-development HQ 19/06/2025 HB • 224pp • 216x135

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Genre / Subject HEALTH & FITNESS / Beauty

Editor

Danielle Pender

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Rights

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#### **TEEN SKINCARE**

#### **Caroline Hirons**

The ultimate, no-nonsense skincare guide we have come to know and love from Caroline Hirons, but this time for teen skin.

Being a teenager is a time when your self-confidence and your body-confidence can be in flux, and that's not helped by the hormonal changes that often show up in a variety of ways on your skin.

We are currently in an age when teenagers are bombarded by information with how to deal with this, as well as filters and photoshopped images of perfection to fuel their insecurities.

This book will cut through that noise with simple, well-researched solutions to help guide teenagers to understand their individual needs, prevent them from jumping onto the next TikTok trend in a desperate (and often expensive) bid to fix all their problems, and ultimately set them up to care for their skin both now and well into the future.

This book will meet them where they are, it will be accessible, non-judgmental and carry the same joyful, no-nonsense attitude that Caroline brings to all of her work.



Caroline Hirons is a globally qualified advanced aesthetician, trained in well over 100 brands. Her career has involved developing bespoke facials and training teams internationally for top brands in the UK, USA and Far East. She has been in retail for 34 years, working as a consultant to brands in the beauty industry for over ten years, advising brands on the route into market, where they should be selling and why.

HarperNonFiction 16/01/2025 HB • 288pp • 234x153

Mono

Genre / Subject
HEALTH & FITNESS / Diet & Nutrition

Editor Julia Pollacco

Primary Agent KT Literary Agency

Enquiries anda.podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

#### **WELL FED**

Empowering your food choices for a healthier you and a greener planet

#### **James Collier**

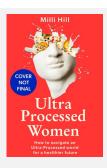
Stop and consider how you eat, beyond just for your health, but for the planet and all that populates it, too.

Our excess of food choices is leading to a shocking amount of food waste annually, despite many still experiencing persistent undernutrition in many regions. The industrialisation of eating has driven us to produce food that endangers biodiversity, is less nutritious than intended, causes unnecessary suffering and irreversibly harms the environment. Our environment is being destroyed, animals are increasingly exploited and metabolic diseases of excess prevail.

Well Fed takes a deep dive into how what's at stake goes beyond just our own health but that of our planet and the people and animals that populate it. James Collier gets to the bottom of critically important concerns that relate to poor nutrition and its impact on physical and mental health, the environment and animal welfare.

Through his five pillars of contemplative nutrition, James lays out the key considerations we have no choice but to make in the 21st century, to get you to pause and think about what you eat, considering more than just yourself, but the world around us at large.

James Collier is co-founder and Chief Sustainable Nutrition Officer at Huel - one of the fastest-growing food businesses in the UK ever, having sold more than 350 million meals globally. Huel produces nutritionally complete, convenient and affordable food products with a philosophy that embraces minimal impact on animals and the environment.



HQ 27/02/2025 HB • 304pp • 234x153

Genre / Subject HEALTH & FITNESS / Women's Health

Mono

Editor

Danielle Pender

Primary Agent Graham Maw Christie Literary Agency

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Material

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Rights

Available in all languages

#### **ULTRA-PROCESSED WOMEN**

How to navigate an Ultra-Processed world for a healthier future

#### Milli Hill

Putting women at the centre of the conversation about the impact of ultra-processed food

We've all heard about the impact of ultra-processed foods (UPFs).

But why is no one talking about the unique and often devastating impact of UPFs on women's health?

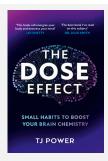
In *Ultra-Processed Women*, acclaimed journalist Milli Hill lays bare the hidden cost of these seemingly harmless foods. UPFs can exacerbate PMS and menopause symptoms, contribute to unwanted weight gain, and increase the risk of depression, obesity and female cancers.

Blending powerful storytelling with cutting-edge research, this book puts women at the centre of this urgent conversation and challenges us to rethink the foods we consume on a day-to-day basis. It cuts through the noise so that we can take back control and make empowered decisions about our diet and health.

It is the ultimate guide to understanding the true impact of what we eat - and how to change.



Milli Hill is a writer and freelance journalist with a passion for women's rights in childbirth and throughout their reproductive lives. Her book The Positive Birth Book is one of the UK's bestselling pregnancy guides, and has sold nearly 100k copies since publication in 2017. Her more recent books, Give Birth like a Feminist, and My Period (for preteens), have also topped the Amazon charts. To date, Milli's books have been translated into seven languages.



HQ 16/01/2025 HB • 304pp • 234x153

Mono

Genre / Subject
HEALTH & WELLBEING / Mental Health

Editor Louise McKeever

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Enquiries sarah.davis@harpercollins.co.uk

Material Available

Rights
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#### THE DOSE EFFECT

**Small Habits to Boost Your Brain Chemistry** 

Tj Power

A neuroscientist's guide to living a happier life

Do feelings of low mood, lack of energy, or a struggle to focus stop you from living your best life? Neuroscientist Tj Power offers a ground-breaking approach to overcoming common mental health challenges.

DOSE is an acronym for the four key chemicals that live within our brain and body:

Dopamine

Oxytocin

Serotonin

**Endorphins** 

These chemicals have very specific functions which have evolved within us through human history.

Yet we overlook how feelings of depression, anxiety, and stress are directly linked to imbalances in our brain chemistry, triggered by rapidly changing, modern lifestyles.

In this accessible and empowering book, Tj Power explains how your brain works and offers straightforward, no-nonsense solutions that will transform your mental health for a happier, healthier and more productive life.

So, join the DOSE revolution and let The DOSE Effect begin!



© Olivia Spencer

Tj Power is an esteemed neuroscientist, international speaker, and co-founder of Neurify, an organisation at the forefront of the mental health sector providing accessible and scientifically-backed teachings to enhance the management of mental health.

As a psychology lecturer at the highly-regarded University of Exeter, Tj saw a significant gap in the available mental health support within educational and corporate environments. Driven to empower individuals with the necessary tools for positive change, Tj has delivered countless keynotes across the UK and internationally. Attendees consistently report feeling empowered, motivated, and able to cultivate their mental well-being.

Tj has gained significant recognition for his groundbreaking approach to mental health, particularly in the face of modern challenges and our digitally-driven lives. He has successfully implemented his strategies within renowned companies such as CocaCola and the National Health Service (NHS).



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Genre / Subject
HEALTH & FITNESS / Women's Health

Mono

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Material

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Rights

Available in all languages

#### IT'S PROBABLY NOTHING

Critical Conversations on the Women's Health Crisis

# Naga Munchetty

A candid look at the difficulties women face when seeking medical care, and how this can be addressed.

Throughout history, women's pain and health issues have often been dismissed and viewed simply as an innate part of being female. Whether blamed on a wandering womb, witchcraft or still, to this day, being 'all in our heads' - women's health has been consistently misunderstood. As a result women have been, and still are, missing out on receiving the healthcare they deserve.

In It's Probably Nothing, Naga Munchetty explores the difficulties of being heard, diagnosed and treated. She writes candidly about her own experience of poor care and speaks to women directly affected by undiagnosed and untreated health issues. Speaking to doctors and experts at every step of the way, Naga will uncover what people need to know and ask for when advocating for themselves and their loved ones.

Women deserve to be heard and have the healthcare they need to live full lives. This book places much overdue focus on how the system has been built without women in mind and the urgent need to balance the scales.

It's the book you'll want to press into everyone's hands.

Naga Munchetty is a British journalist and broadcaster. A fierce advocate for women's health, Naga does not shy away from uncomfortable discussions around healthcare and shares her own experiences of pain and advocating on behalf of others.



HQ 22/05/2025 HB • 304pp • 234x170 Illustrated

Genre / Subject
HEALTH & FITNESS / Pregnancy

Editor Louise McKeever

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#### **BIRTHING**

Your positive roadmap to an empowered pregnancy and birth

#### **Davina McCall**

The honest, no-holds-barred roadmap to a positive conception, pregnancy, birth and fourth trimester with your new baby.

Following *Menopausing*, which won Book of the Year at the British Book Awards 2023, Davina will now tackle another subject that is close to her heart - pregnancy and birth.

Rarely spoken about and another period in their lives when women are stripped of their agency, Davina will empower women to know all their options before they even become pregnant, allowing them to make the right decisions that suit their individual needs in all stages of the process.

Written alongside medical experts and specialist contributors and filled with real life stories and experiences from before birth to the first few months with your baby, this is the ultimate guide and offers all you need to know.

Birthing will impart knowledge, reduce fear and energise women during one of the most vulnerable, confusing and stressful periods in their lives. Davina is here to lead us on a pregnancy revolution; it is time to find your voice and be heard



© Mark Hayman

Davina McCall MBE is a best-selling author, presenter, fitness guru and mother, as well as one of the UK's most loved TV personalities. With a career spanning three decades, Davina is one of the nation's most successful TV broadcasters, with her current hits including The Masked Singer (ITV) and My Mum, Your Dad (ITV). For 10 years, she was the host of Big Brother for Channel 4, and has hosted the Brit Awards. Comic Relief and the BAFTA television awards. Davina is a campaigner for better menopause care, improved female health care and has also built a successful fitness empire, ownyourgoalsdavina.com.



HarperNonFiction 16/01/2025 HB • 224pp • 246x189

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Material

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Rights

Available in all languages

# THE HORMONE BALANCE HANDBOOK

#### **Jessica Shand**

Your complete guide to taking control of your cycle and hormone health, for good!

This book is your hormone nourishment bible and healing recipe book rolled into one, designed to put the power back into your hands. To help you naturally nourish your hormones to better health without all of the hard-to-action extras that you already have sitting on your bookshelf.'

Delivered via science-led hormone education on how your hormones actually work, why they are impacting all of your body systems and giving you the symptoms you are experiencing and empowering you to take control of your hormonal health in simple, practical ways to support your body and optimise your health from the inside-out for years to come.

How can we use this knowledge to improve our physical and mental health and eradicated symptoms for good? Jessica Shand, certified naturopathic nutritionist, breaks these concerns down for us chapter-by-chapter, allowing readers to find solutions for specific health concerns as well as overall wellbeing.

Through 75 delicious recipes and crucial explanations of the phases of the menstrual cycle, this book will teach us exactly how to eat to feel our best. Including a guide to cycle syncing (what to eat when and what each stage means), a seed cycle guide for hormone balance, and a 14-day hormone balance meal plan.

Drawn from Jessica's own health journey and years of one-to-one client experience and success in her hormone clinic, this book truly delivers a missing part of the health puzzle for women



Jessica Shand is a qualified Naturopathic Nutritionist & Wellness Coach. She specialises in female health optimisation using food and lifestyle rituals as medicine to help you thrive from the inside-out and break away from eating and lifestyle habits that are not serving you. Her aim is to help you create lasting, transformational change. Jess began her journey into hormonal health when she was experiencing a range of health issues with no answers or solutions. She nourished herself to optimum health, including fixing her menstrual cycle and falling pregnant, and resolving her skin, sleep and digestive issues, and now runs a clinic to help other women. Her nutrition qualifications (pre and post-natal, weight-management and behaviour change) are certified by the Association for Nutrition (AfN) and accredited by the The Royal Society for Public Health (RSPH). She is currently completing her Nutritional Therapy diploma At The College of Naturopathic Nutrition (DiPCNM mCNCH).



Pavilion 10/10/2024

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Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### THE NATURAL MENOPAUSE METHOD

A nutritional guide to perimenopause and beyond

# **Karen Newby**

This revised and updated edition of The Natural Menopause Method is a complete one-stop guide to the perimenopause and menopause, covering everything from recognising symptoms to managing relationships and understanding which treatments really work.

Everything you need to know about achieving nutritional balance to support flagging vitality and celebrate the potential of your midlife.

Are you tired all the time? Suffer with mood swings? Do you have stubborn weight gain especially around the middle? Are you dealing with brain fog? Is disturbed sleep making you feel exhausted?

The Natural Menopause Method is a nutritional guide to address these and many other common menopause symptoms; helping readers to navigate the biological and social challenges of midlife through the healing lens of food. Exploring topics from HRT to tackling hot flushes as well as self-help and lifestyle tips, this book provides practical advice on recognising and troubleshooting symptoms in order to understand what foods and supplements can really work for us.

Registered Nutritionist and lifestyle coach Karen Newby has over 10 years' experience coaching women through the midlife, empowering clients to embrace life's natural changes and feel reinvigorated, stronger, happier and healthier. Karen is a huge believer in the transformative effect that food can have on alleviating the symptoms of the menopause and her realistic, easily-integrated guidance on sleep, stress, energy, hormone balance (and even a 14-day cleanse) accompanied by her fresh and friendly approach will be your companion through the years before, during and after the menopause.

Topics include: What is going on in my body?; How to get rid of that stubborn weight gain; How to sleep better (and deal with night sweats); How to balance mood and curb sugar cravings; How to combat a foggy head; What to eat: food essentials for your perimenopausal store cupboard; A 14 Day Cleanse.



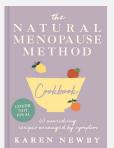
© Emma Croman

Karen Newby is a nutritional therapist with over 10 years' clinical experience. She holds a BSc in Nutritional Medicine and is registered with BANT and CNHC. She runs a specialist menopause clinic and hosts regular retreats, corporate talks and workshops on the subject. She has helped countless women on their road to midlife vitality and is very much a complementary practitioner, often working with women on HRT. Her approach is highly practical, realistic and achievable and her aim is to equip women with the tools to deal with menopause in our turbo charged, modern day world.

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Instagram: karen.newby.nutritionist Facebook: karennewbynutritionist



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Illustrated

Genre / Subject COOKING / Health & Healing

Editor Lucy Smith

Primary Agent Valeria Huerta Creative Literary Agency

Enquiries sinead.hurley@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

# THE NATURAL MENOPAUSE METHOD COOKBOOK

60 nourishing recipes arranged by symptom

### **Karen Newby**

Nutritionist Karen Newby has compiled 60 simple and nutritious recipes to combat symptoms of menopause. Packed with flavour and nutrition but bursting with flavour, these meals are ideal for time-poor menopausal women.

This book is the modern perimenopausal and menopausal woman's go-to resource for understanding how food can be a positive and healing force to restore vitality and happiness. Nutritionist Karen Newby implements the knowledge shared in her first book with 60 simple and nutritious recipes to combat and minimise the symptoms of menopause.

Each chapter includes a 'menu' listing the recipes at the beginning, making the book easy to navigate, and for each symptom, Karen lists her 'hero ingredients' that will help to alleviate symptoms of peri-menopausal and menopausal women. Specifically designed for time-poor women who are also juggling careers, family and caring responsibilities the book is packed with delicious recipes including traybakes, on-the-go lunches and snacks and one-pot wonders to minimise time spent washing dishes.

#### Contents:

The Recipes - I feel...

Achy: recipes include Salmon Traybake with Tarragon Pesto and the 'Stop Feeling 100' Joint Rejuvenation Smoothie

Exhausted: recipes include One-pot Cod and Coconut Curry and High Protein Turmeric Granola

Fat, especially around the middle: recipes include Grilled Prawns with Sweetcorn 'Polenta' and No-broth Ramen

Forgetful: recipes include Beetroot and Fennel Soup and Spatchcock Chicken with Harissa Butter

Hot!: recipes include Cauliflower Steaks with Basil and Brazil Nut Pesto and 'Put Out The Fire' Green Juice

Irritable: recipes include My 3 p.m. Slump Flapjacks and Turkish Eggs

Overwhelmed and anxious: recipes include Shepherdess Pie with a Tahini Crust and Cod and Prawn Sambal

Sleep-deprived: recipes include Leek, Chard and Hazelnut Risotto and Cherry Chia Pudding



© Emma Croman

Karen Newby is a nutritional therapist with over 10 years' clinical experience. She holds a BSc in Nutritional Medicine and is registered with BANT and CNHC. She runs a specialist menopause clinic and hosts regular retreats, corporate talks and workshops on the subject. She has helped countless women on their road to midlife vitality and is very much a complementary practitioner, often working with women on HRT. Her approach is highly practical, realistic and achievable and her aim is to equip women with the tools to deal with menopause in our turbo charged, modern day world.

Website: www.karennewby.com Twitter: @karennewby

Instagram: karen.newby.nutritionist

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Mono

Genre / Subject
SELF-HELP / Women's Fitness

Editor Katya Shipster

Primary Agent Deborah Media Limited

Enquiries anda.podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

#### **STRONG**

The Ultimate Guide to Active Ageing

# **Jacqueline Hooton**

Step into a vibrant, healthier future with Strong.

This book celebrates the joy of active ageing while addressing the diverse physical challenges you may be facing, such as post-surgery recovery and rehabilitation.

Discover a wealth of rejuvenating exercises that require little equipment that won't dent your budget and can be carried out from the comfort of your own home. The exercise routines detailed in this book cater to various fitness levels, emphasising that age is no barrier to achieving and maintaining an active lifestyle for healthier ageing.

Jacqueline's positive approach shines through every page, highlighting the empowering journey towards vitality and well-being. More than a fitness guide, this book is a testament to the transformative power of embracing an active life at any age.



Jacqueline Hooton is a PT and fitness tutor with over 20 years od experience. She runs the popular Instagram page @hergardengym where she shares fitness tips and exercises for the over 50s.

HarperNonFiction 08/05/2025 HB • 160pp • 178x111

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Genre / Subject
SELF-HELP / Wellbeing

Editor Lydia Good

Primary Agent Graham Maw Christie Literary Agency

Enquiries anda.podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

# IT STARTS WITH YOU

#### **Lorena Bernal**

Your gateway to achieving personal transformation and embarking on a path of spiritual growth

Lorena's philosophy is that life is much simpler than we think, that happiness and peace are within our grasp with just a few changes to the way we frame our lives, that we do not need to look outside ourselves for love and validation - we are already enough. The antidote to celebrity wellness books, *It Starts with You* is down-to-earth, gentle, and truly lifechanging.

One of the key teachings in the book is that what causes us the most suffering is the disappointment of expecting someone to give us something and realising that they can't or won't. If we believe that love, support, applause and vindication are the things that will complete us, life will present us with situations that make us feel alone. The truth is that everything we thought we needed, we can find inside. The realisation of this leads to an immense sense of inner peace.

Full of invaluable insights, and practical actionable takeaways and exercises, this book is the answer you've been looking for. Discover a treasure trove of tools and resources designed to escort you towards a life brimming with fulfillment and enrichment. The secret to happiness isn't so secret once you know where to look, and this book will change your life for good.



Lorena Bernal is the inspirational figure behind the new wellbeing, spirituality and events platform Live Love Better. She is a certified Spiritual Life Coach and Mindfulness Practitioner. Through her extremely wide range of A-list contacts (she is the wife of the Arsenal manager) the social accounts she manages (over 1m including Arteta's) and her new wellness events business she is bringing what she has discovered about living a peaceful, happy and purposeful life to a wide market.

HarperNonFiction 27/03/2025 HB • 256pp • 210x150

Mono

Genre / Subject SELF-HELP / Wellbeing

Editor Imogen Gordon Clark

Primary Agent Gallos

Enquiries anda.podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

# **SHINE YOUR LIGHT**

Lucinda Light's Guide to Emotional Intelligence

### **Lucinda Light**

Transform your emotional intelligence and cultivate self-love with Lucinda Light's interactive journal

In a world where true connection can feel out of reach, Lucinda Light illuminates your path to deeper, more meaningful relationships - starting with the one you have with yourself.

Combining biographical teachings with practical tools, *Shine Your Light* is both your life-changing guide and a space for personal reflection.

Drawing on Lucinda's profound insights, you'll enhance your emotional intelligence, revolutionise your interactions with others and learn to truly love who you are. Open up and uncover the secrets to becoming your most authentic, empowered self.

Holistic counsellor, marriage celebrant, public speaker and MC Lucinda Light wowed the world with her voice of reason, compassion and mediation skills while starring on Married at First Sight Australia, Season 11. Lucinda brought her debut live tour 'An Evening with Lucinda Light' to sold out UK, Irish and Australian theatres and continues her journey into emotional intelligence with her debut book.



HQ 01/08/2024 HB • 320pp • 234x153

Genre / Subject

SELF HELP / Motivational & Inspirational

Mono

Editor Marleigh Price

Primary Agent
Bell Lomax Moreton

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Material Available

Rights
Sold to Kyobo Book Centre (Korean)

#### **MUCH MORE TO COME**

#### **Eleanor Mills**

Midlife is a chrysalis, not a crisis.

'A warm, witty and wise guide to embracing midlife - and far beyond' Liz Earle

'As a post-menopausal woman, I can absolutely tell you that it's a freedom to be who you were always meant to be, and this book confirms it' Carol Vorderman

In the tumult of midlife, women can face a whirlwind of challenges: divorce, loss, career upheaval, and the daunting task of reinvention. At forty-nine, Eleanor Mills thought her life was going swimmingly. Then the bottom fell out of her world, and she had to start again from scratch.

Much More to Come is the guide she longed for in those dark times. Within these pages, Eleanor shares stories of resilience and optimism; her own and those of women who have survived and thrived in midlife.

Through moving stories and practical wisdom, *Much More to Come* cuts through the uncertainty and the self doubt, and proves that midlife is not to be feared, but embraced. It is a time for transformation, when we can finally become the women we always wanted to be.



© Amelia Troubridge

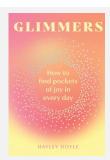
Eleanor Mills is an award-winning editor, writer and broadcaster.

She was a senior executive at *The Sunday Times* of London for 23 years, latterly as Editorial Director of the *Sunday Times*. As Chair of Women in Journalism (2014-2021), Eleanor campaigned to improve opportunities for women in the profession and to drive increased diversity across all areas.

As CEO of InHerSpace.co.uk, she specialises in providing professional women with strong personal branding and compelling narratives, and conducts numerous keynotes for corporate mentoring schemes all over the world.

As Founder of Noon.org.uk, a new platform for women in midlife, she is passionate about changing the narrative society tells about the later stages of female lives to one more fit for purpose. It is her mission that midlife women feel seen, heard, celebrated, supported and inspired.

Her newsletter 'The Queenager' is a Substack bestseller.



Pavilion 24/10/2024 HB • 176pp • 184x133

Illustrated

Genre / Subject
SELF-HELP / Motivational & Inspirational

Editor Lucy Smith

Primary Agent
Darley Anderson Agency & Associates

Enquiries sarah.davis@harpercollins.co.uk

Material Available

Rights

Available in all languages

# **GLIMMERS**

How to find pockets of joy in every day

# **Hayley Doyle**

Imagine a universe where every fleeting moment holds a glimmer of magic, waiting to be discovered.

Whether it's singing kitchen karaoke while washing up, catching a fleeting whiff of your favourite scent or belly-laughing with an old friend, as we learn to recognize and cultivate these glimmers, we unlock a deeper connection to ourselves, others, and the world around us. *Glimmers* is not just a book - it's a roadmap to uncovering the extraordinary in the everyday, empowering readers to live with wonder, purpose and boundless possibility.

This book delves into the essence of these glimmers, revealing how they shape our lives, relationships and perceptions. Through captivating stories, thought-provoking insights, and practical exercises, *Glimmers* invites readers to embrace the enchantment that surrounds them. From the serendipitous encounters that alter destinies to the small nudges of intuition guiding our paths, this book illuminates the profound impact of paying attention to life's subtle whispers.

Author Hayley Doyle speaks to the doctors and therapists who utilize the huge potential of glimmers, identifying what they are and explaining how to recognize and appreciate them. Throughout, Hayley provides checklists and mini exercises so you can jot down your own glimmers in this gorgeous gift book.

Discover the tools, insights and inspiration to recognize and harness the transformative power of the magic hidden within life's everyday moments.



© Tonya Colson

Hayley Doyle is an author, actor, entrepreneur and mother of two. She grew up in Liverpool, UK and graduated from the Liverpool Institute for Performing Arts (LIPA) with a BA (hons) in Acting before moving to London for her West End debut in Mamma Mia! It was during this time that Hayley fell in love with writing and pursued an MA in Creative Writing from Brunel University where she won the Curtis Brown Award for her dissertation. Hayley has previously worked in the creative team on new plays at the Edinburgh Fringe, taught musical theatre in Dubai, set up an awardwinning theatre school called Hayley's Comet, and has authored two novels. She now lives in London with her husband and children.

Pavilion 19/06/2025 HB • 240pp • 198x129

Mono

Genre / Subject BODY, MIND & SPIRIT / Astrology

Editor Lucy Smith

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

# **HUMAN DESIGN**

Understand the system, your unique energy type and how to make it work for you

#### **Alexandra Fullerton**

Discover your energy type, understand the system, then unlock your unique pathway to improve your life.

In this accessible guide, discover the history of Human Design, how it can help to improve your life. Using our step-by-step chapters you will discover your type, your unique decision-making strategy, the inner authority that guides you and your personality profile. Uncover what energy centres you are guided by, to learn what flavours your decisions and how interactions with others can affect you every day.

Armed with this knowledge, you'll be able to apply these facts to help you take control of your life. Demystify your reactions, enable a higher level of achievement and gain a new self-understanding.

You will be introduced to the five types:

Generators: Warm and welcoming, you light up the room with your fizzing energy. You have the consistency to make your visions a reality through hard work and your unique skillset.

Manifestors: The universe has given you permission to do whatever you want! You're on this planet to inspire the world and people flock to hear your game-changing ideas.

Manifesting generators: A dynamic mix of spontaneity and consistency, you live life in top gear. You have the capacity to become a multihyphenate success story.

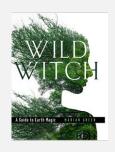
Projectors: You're here to guide others and share your expertise and insights with the world. You have so much wisdom to bestow and are a natural leader in your field.

Reflectors: Although rare, your power and potential is limitless and your intuition allows you to understand every other type *and* experience the entire range of human behaviour.



© Alexandra Fullerton

Alexandra Fullerton spent over 20 years working on glossy magazines as a fashion director and stylist and now combines a continued role in the industry with a writing career. Alex's first book, How To Dress, was a bestseller in Amazon's fashion category and she has since ghostwritten a number of titles for household names in the interior design and self-help worlds. Never without a crystal or two tucked into her bra. Alex's obsession with the esoteric led to her to the fascinating study of Human Design. Human Design is Alex's seventh book and she lives in Norfolk with her husband, daughter and long-haired chihuahua Ozzie.



HarperNonFiction 01/08/2024 HB • 208pp • 146x171

Illustrated

Genre / Subject
BODY, MIND & SPIRIT / Nature

Editor Caitlin Doyle

Primary Agent N/A

Enquiries and a. podaru@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### **WILD WITCH**

A Guide to Earth Magic

#### **Marian Green**

Wild Witch takes us to the roots of natural magick, looking at our relationship with the natural world and how we can work with nature, herbs and plants, the seasons and the elements.

There was a time when people's lives were dictated by the seasons, by dawn and dusk and the weather. But now, with electric lights, central heating and air conditioning, we can ignore the weather and the time of day. We have lost our connection with the natural world. Modern life seems to have lost its magic.

In Wild Witch, Marian Green revives the knowledge of our ancestors and puts us back in touch with Mother Nature.

Wild Witch takes us to the roots of natural magic, looking at our relationship with the natural world. With practical meditations, visualizations and spells to help us work in harmony with nature, this unique book shows how we can use herbs and plants, the seasons and the elements to put the magic back into our lives.

Includes:

Herb, Plant and Tree Lore

Sacred Water - purification, scrying and dowsing

Fire for Transformation - candle magic, spells and talismans

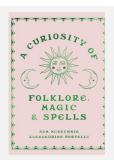
Scents - Flowers, herbs and incense

Deities - Gods, Goddesses and Elementals

Wheel of the Year - Celebrating the changing seasons

Meditations - An important part of the book is the range of meditations which give us greater insight into the magical realms, enhance our relationship with nature and increase our psychic perception.

Marian Green is the author of many books including A Witch Alone and The Gentle Art of Aquarian Magic. She is a leading authority on Wicca and magic and teaches and runs workshops on Ceremonial and Natural Magic throughout the world.



Pavilion 22/05/2025 HB • 192pp • 246x189

Illustrated

Genre / Subject ESOTERICISM / Folklore

Editor Ellen Simmons

Primary Agent Conville & Walsh

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

# A CURIOSITY OF FOLKLORE, MAGIC AND SPELLS

#### Sam McKechnie, Alexandrine Portelli

A Curiosity of Folklore, Magic and Spells is a lovingly curated compendium of time-honoured traditions and curious customs that have bewitched us for generations.

Discover simple magic, heirloom recipes and forgotten fairytales in this eclectic treasury. The twelve chapters, representative of the calendar year, present the celebrations, superstitions and folklore that shape our year. From cherished traditions like Valentine's Day to the lost excitement of May Day, A Curiosity of Folklore, Magic and Spells reveals a calendar bursting with history, imagination and curious facts.

Take a closer look at your favourite homespun rituals and the magic we conjure every day; make a candle wish, mix a moon oil elixir, and hang your romantic hopes on the predictions of an apple peel. This sumptuous volume will appeal to the creative and curious.



Sam Mckechnie is an artist working primarily with oil and found objects. Her work is inextricably entwined with fairytales, magic and charms, and her creations feature in interior and fashion publications across the globe.

Alexandrine Portelli worked in the fashion industry for many years before returning to her roots to head up the design team at her family's interiors business. Her personal passions are writing and all things magical and mysterious. She is an avid collector of children's books, especially fairytales - the darker the better!

Fourth Estate 05/06/2025 PB • 96pp • 165x111

Mono

Genre / Subject
SELF-HELP / Relationships

Editor Michelle Kane

Primary Agent
OWN IT! Agency Limited

Enquiries sarah.davis@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

# **NO F\*CKS GIVEN**

The Zero Accountability Guide to getting over a boy

#### **Toni Tone**

Toni Tone is back in full force with the ultimate breakup guide

Are you trying to get over a toxic boy but can't quite seem to shake him off? Does your ex keep pulling you back in every time you finally start feeling ready to let go?

Speaking from a place of more experience than she'd like to admit, Toni's most unapologetic book yet is here to provide you with all the tough love you need in order to move on after a breakup - with zero accountability.

With sections like "There's always someone better", and "Write the f\*cking list", *No F\*cks Given* is the big sister you desperately need and unlike anything Toni has written before. Be prepared to laugh, feel enraged and shout in agreement.

And hopefully, by the end, you will no longer give a f\*ck.

Toni Tone is an award-winning speaker, writer and social content creator. She is best known for her writing on Twitter, which averages over 40 million impressions a month and her eye-opening and insightful tweets have been featured in publications such as The Independent, Elle, Cosmopolitan and many more. She is also the host of her own podcast Money Moves with Toni Tone on Radio 1 Xtra. Toni is also the first ever ambassador for the charity Young Women's Trust. Her first book, I Wish I Knew This Earlier, was a Sunday Times bestseller.



Pavilion 30/01/2025 HB • 256pp • 198x129

Mono

PHILIPPA FOUND

Genre / Subject
SELF-HELP / Relationships

Editor Ellen Simmons

Primary Agent Marjacq Scripts Ltd.

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### IT'S COMPLICATED

Confessions of messy modern love

### Philippa Found

A collection of unfiltered stories that peels back the layers of modern relationships to show human connections in all their shades

If you've ever checked your ex's social media at 2am - or their new partner's LinkedIn (because it's the only social profile you can access) - or are having sex with your partner knowing you're going to leave - or if you can't stop thinking about the one who broke your heart a decade ago - or if everyone thinks you're the perfect couple but you've been drifting apart for years - or if you're swiping to fill a void - then you've probably felt a smarting of shame. But let me tell you something radical: your darkest secrets, your most repulsively shameful thoughts, feelings, and behaviours: you're not alone.

Philippa Found's project emerged during the early days of the pandemic, aiming to dissolve the isolation that gripped us all. Through anonymous submissions, people shared their unfiltered stories. It grew beyond the shadows, featuring in large-scale street exhibitions across the TfL network and earning an award from the London Mayor. It became a counterpoint to the stigma around love stories, standing against the shame we carry with our love.

Beyond lockdown, the project thrived, collecting over 1,500 stories. This short story collection, showcasing 250 curated pieces for the first time, peels back the layers of modern relationships. Each story gives a glimpse into the lives of others; cultivating empathy and reminding us of our shared humanity. By reading about others' experiences, we learn to understand and embrace ourselves better - our desires (or lack of) and those burning, poisonous, suffocating, uncomfortable feelings.

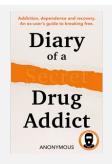
The short stories are grouped into sections mirroring the stages of a relationship, including platonic ones. These aren't love stories - they're stories about love.



© John Duff

Philippa Found is a London based artist, curator and writer focussing on the female experience. She is the creator of Lockdown Love Stories and is herself an accomplished writer having won awards for short stories: including the Bath Short Story Award and Short Fiction Prize. She has also published a three-part non-fiction book which was nominated for the Feminism and Women's Studies Book award in 2011. Found has curated multiple art exhibitions in the UK and served as director of ROLLO Contemporary Art for six years.

# True life & true crime



HarperNonFiction 30/01/2025 HB • 304pp • 216x135

Mono

Genre / Subject
MEMOIR / Addiction

Editor Ajda Vucicevic

Primary Agent N/A

Enquiries and a. podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

#### DIARY OF A SECRET DRUG ADDICT

#### **Secret Drug Addict**

This book is for anyone who is struggling with addiction or thinks they might have a problem. It is a book for family and friends who live with the real-life consequences of addiction and want to know more about the illness and where and how to get help.

The Secret Drug Addict could not have been any more of a stereotype. Born in Camden, North London, and growing up in a fractious and dysfunctional family, the writing was on the wall.

He found his place within the epicenter of an exploding music scene in the 90's, working for some of the biggest major labels with some of the biggest bands of the time-perfectly positioned and the regular recipient of gifts from drug dealers.

By the age of 29, he was living with chronic drug, sex, and alcohol addiction, which caused crippling consequences for his relationships and mental health, threatening to end not only his career but, more importantly, his life.

After yet another relentless binge, resulting in a psychotic breakdown, he sought to get help. After participating in several rehabilitation and therapy programmes, he started to rebuild his life and sanity again.

Recovery is rarely linear; relapse is often a part of the recovery process, but once on that path, the awareness and willingness to try again are always there.

He learned to rebuild his life without the crutch of substances and has been drug-free since 2007.

The Secret Drug Addict is a campaigner, activist and social media personality. His work includes managing the Neville Southall X account as well as many other initiatives helping people with addiction.



HarperNonFiction 10/04/2025 HB • 304pp • 216x135

Mono

Genre / Subject
MEMOIR / Animals

Editor Ajda Vucicevic

Primary Agent N/A

Enquiries and a. podaru@harpercollins.co.uk

Material

Available at a later date

Rights
Available in all languages

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#### TINA

The Dog Who Changed the World

#### **Niall Harbison**

The story of Tina, the dog whose story sparked a global movement to treat every street dog who needs help.

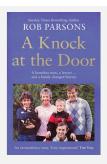
It's not every day you meet a golden retriever in Thailand.

When Niall came across a dog shackled to a short chain and in a poor state of health, something reminded him of his personal battle with addiction. He knew he had to rescue her immediately - golden retrievers are rare in Thailand but there was just something about this one in particular that told him she was special. He just didn't know how special she was going to be.

He named her Tina and what she did next is an incredible tale of survival, hope and love. Tina changed the world and made it a better place for all the other dogs whether they're street dogs from Thailand, or rescue pups in Montana. The movement behind Tina has only just begun.



Niall Harbison is a street dog rescuer based in Thailand. Originally from Dublin, Niall moved to Thailand after selling his very successful marketing and PR company. He now lives in the countryside where he spends his days feeding and looking after the thousands of street dogs he comes across.



William Collins 21/11/2024 HB • 368pp • 216x135

Mono

Genre / Subject
MEMOIR / Inspirational

Editor Myles Archibald

Primary Agent
Bell Lomax Moreton

Enquiries sarah.davis@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### A KNOCK AT THE DOOR

#### **Rob Parsons**

An astonishing story of human kindness, self-learning, incredible pain, unbelievable hope and the sheer power of love to change a life

Christmas 1975 and Queen's Bohemian Rhapsody is riding high in the charts. In a residential street just outside Cardiff a loud knocking breaks the stillness of the evening. When Rob Parsons, a young lawyer, opens his door, he finds a homeless man standing before him, clutching a bag of belongings and a frozen chicken. Rob and his wife Dianne invite Ronnie Lockwood into their home, cook his chicken and offer him shelter for the night. What happens next is an astonishing story of human kindness, self-learning, incredible pain, unbelievable hope and the sheer power of love to change a life.

A Knock at the Door is the true story of this homeless man who entered the home of a young couple, became a dustman and lived as part of their family for over forty-five years until his death. But this is not just Ronnie's story - it is also that of the young couple and their children. Outwardly their lives were worlds apart - as Ronnie emptied rubbish bins, the lawyer flew on Concorde. And yet the two men discovered they had similar struggles, and the day came when at the lowest moment of their lives the couple turned to the homeless man for help.

But there were remarkable turnarounds for both Rob and Ronnie. Ronnie, spent much of his spare time volunteering, including in a homeless centre and ended up having a £1.6 million well-being centre named after him. Rob left the law practice and he and Dianne began a charity that touches the lives of millions of people. You will never have read a story like this before, but at its heart is a simple message: whether we are a lawyer or a dustman – tomorrow doesn't always have to be like yesterday.

Rob Parsons is the founder of the national charity, Care for the Family a founding member of The Tavistock Homeless Centre and the best-selling author of over twenty books including *The Sixty Minute Father* and *The Heart of Success*.

HarperNonFiction 08/05/2025 HB • 320pp • 234x153

Mono

Genre / Subject
MEMOIR / Humanitarian Aid

Editor Ajda Vucicevic

Primary Agent N/A

Enquiries anda.podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

# WHERE ANGELS FEAR TO TREAD

The Memoir of an Aid Worker

#### Sally Becker

A compelling and unforgettable account of Sally Becker's life and work in some of the most dangerous places in the world, trying to save innocent children caught up in conflict zones.

In May 1993, Sally Becker went to Bosnia to help the innocent victims of war. She started by delivering humanitarian aid to the region and was soon hailed the Angel of Mostar for saving wounded children and their families from the besieged city. Sally continued her work throughout the conflict and is credited with saving many lives. When Milosevic ordered his troops into Kosovo, her missions continued, this time on foot across the mountains. While attempting to bring sick and wounded children and their families to safety she was captured by Serb paramilitaries, but neither this nor being shot by masked gunmen in Northern Albania could make her abandon her task.

Where Angels Fear to Tread reveals not only the suffering of the ordinary people and the bravery of those who helped them but also the systemic inertia and ineptitude of government institutions and the often sluggish, even hostile reactions of the United Nations. When the UN insisted they could have done it without Sally Becker, her response - 'So why the hell didn't they?' - was typical of someone who acted while others merely talked.

Bosnia was Sally's first mission and the beginning of her life long commitment to help rescue children caught up in some of the most horrific wars around the world. The book charts her subsequent missions to Iraq, Ukraine and most recently Gaza. It's a rare and invaluable insight into the complexities of international aid work, the shocking reality of life on the front lines and the desperate race to save innocent children trapped in-between.

Sally's words will bring hope, understanding and serve as a reminder that with determination, unrelenting passion and drive - one person can change the lives of so many.



Sally Becker is an author and former leader of Operation Angel, a British charity in Kosovo. Her work rescuing victims of war has been recognized with many awards and she has been featured in *Good Housekeeping* and the *Washington Post*. She is a goodwill ambassador for Children of Peace.



HarperNonFiction 27/02/2025 PB • 320pp • 198x129 Mono

Genre / Subject
MEMOIR / Fostering

Editor Ajda Vucicevic

Primary Agent Andrew Lownie Literary Agency

Enquiries and a.podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

Previous rights sold to City Editions (French), Nona (Swedish), Editorial Presença (Portuguese)

#### A FAMILY FRIEND

There was only one man Sammy could turn to...

#### **Casey Watson**

The new fostering memoir from the Sunday Times bestselling author Casey Watson

Teenage Sammy has been in care from the age of nine. His mother has tragically spent much of his young life in and out of prison. Sammy has never found a safe haven and has been passed from pillar to post.

When he arrives with Casey Watson, he is a closed book, but he slowly begins to open up. Casey realises that he has nobody in his life who he counts as family apart from a neighbour, 'Uncle Kenny'. Sammy dotes on Kenny, even running away to be with him but having come across similar relationships before, alarm bells start to ring for Casey...

Casey Watson, who writes under a pseudonym, is a specialist foster carer. She and her husband, Mike, look after children who are particularly troubled or damaged by their past.

Before becoming a foster carer Casey was a behaviour manager for her local comprehensive school. It was through working with these 'difficult' children - removed from mainstream classes for various reasons - that the idea for her future career was born.

Casey is married with two children and three grandchildren.

# Gift & Illustrated Reference



Pavilion 27/03/2025 HB • 432pp • 305x227 Illustrated

Genre / Subject
ANTIQUES & COLLECTIBLES / Watches

Editor Lucy Smith

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights
Previous rights sold to Graphic-Sha (Japanese)

#### VINTAGE ROLEX NEW EDITION

The largest collection in the world

#### **David Silver of The Vintage Watch Company**

For more than a century, Rolex has stood apart as the most legendary brand of watch in the world. A Rolex conveys many things: a luxury timepiece, a tool of power for movers and shakers and the symbol of passage into adulthood.

The Vintage Watch Company is the only store of its kind in the world, with a devoted client base of devoted Rolex aficionados, from royalty to sporting legends to stars of the silver screen. Throughout, father and son, John and David Silver have been carefully cataloguing and amassing one of the largest pictorial records of vintage Rolex watches in the world. This new and updated edition, with an extra 48 sumptuous pages of fabulous pieces, is published to celebrate the company's 30th anniversary in 2025 and contains a unique collection of vintage Rolex watches that have passed through the store in this time. The watches included take the collection up to the year 2006.

More than 2,000 watches feature in the book. From early Rolex pocket watches to the world's first wristwatches, elegant in their simplicity yet revolutionary in their impact, to the very first Submariners, iconic Daytonas and jewel-encrusted Crown Collections, the mesmerising archive of vintage timepieces charts the extraordinary rise of an extraordinary brand. Choose from the First Rolex Submariner, later coined the James Bond, or the Early GMT-Master made for Pan Am transatlantic pilots. Read about the First Explorers made famous by the 1953 Everest Expedition, or the Explorer II worn by Steve McQueen. Marvel at Early Vintage collections, from the Officer's Pocket Watch to the Ladies' Diamond; from the Oyster and the Stella & Stone collections, to the Sport Collection. Take a look at a new section covering 'tropical' dials, watches with dials which have faded gradually through exposure to sun and hot climates, which are highly sought-after; and a new section covering the relationship between Rolex and the luxury jewellery brand Tiffany, one of the most famous cobranding partnerships in history.

This book is a perfect gift for all lovers of luxury retail as well as passionate collectors of Rolex watches who will want to read about the models they own.



The Vintage Watch Company, owned by father and son duo, John and David Silver, was established in 1995 and is now based in London's historic Burlington Arcade. It is dedicated to showcasing Vintage Rolex wristwatches from c1910-c1990. Their unparalleled collection carries over 2000 pieces and is the largest collection of Vintage Rolex watches on display in the world. The shop is now a destination for watch collectors and discerning shoppers from around the world.



HarperNonFiction 14/03/2024 HB • 336pp • 280x240

Illustrated

Genre / Subject HISTORY / Fashion

Editor Caitlin Doyle

Primary Agent N/A

Enquiries anda.podaru@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### **BELSTAFF**

**Our First 100 Years** 

#### Charlie Porter, Jodie Harrison

A celebratory, visual exploration of the people, designs, and story behind the iconic brand.

Celebrating 100 years, Belstaff has been dubbed 'the coolest British outerwear brand of all time' by Maxim magazine.

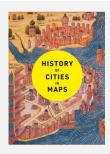
With historical prestige, Belstaff has been worn by the likes of Hollywood icon Steve McQueen, explorer Ranulph Fiennes, and aviator Amy Johnson when she became the first woman to fly solo from England to Australia in 1930. And today Belstaff prides itself - and its iconic logo - as being synonymous with independent spirits and as the adventurers' clothier of choice - worn by Brad Pitt, David Beckham, John Boyega, and Ewan McGregor.

Belstaff is about the people, passion, and pioneers who have made the company the British beacon that it is today, featuring archive adverts, iconic photos, and the story of British design and innovation. Begun as a family business in 1924 in Stoke-on-Trent, Belstaff put themselves on the fashion map with the novel idea of waxed waterproof cotton for motorcyclists – quickly becoming associated with style, speed, and adventure.

This beautiful, sumptuously packaged book features archival designs and never-before-seen photos with an engaging history written by Charlie Porter (menswear journalist and author of *What Artists Wear* (Penguin) and Jodie Harrison, Belstaff's global brand director and fashion author.



Charlie Porter is a well-respected British menswear journalist and author of *What Artists Wear* (Penguin). He is a regular contributor to the *Financial Times and Luncheon Magazine*.



Collins Reference 26/09/2024 HB • 224pp • 270x207 Illustrated

Genre / Subject
HISTORY / Civilisations

Editor Harley Griffiths

Primary Agent RCW Literary Agency

Enquiries rachel.mccarron@harpercollins.co.uk

Material Available

Rights

Available in all languages

Previous rights sold to Grada (Czech) and Hara Shobo (Japanese)

#### HISTORY OF CITIES IN MAPS

The ultimate visual exploration of human civilisation through 70 captivating historical maps

# Philip Parker, Collins Books

This book explores the development of cities through more than 70 captivating maps.

The city, a concept nearly as old as history itself, is a paradox of human innovation and intervention, order and conflict. From ancient civilizations to modern-day metropolises, maps have played a crucial role in urban progress.

Each map in this beautifully designed volume gives a unique visual representation of and historical context to the city it surveys. Spanning more than 9,000 years, this book expertly curates more than 70 historical maps which tell the fascinating story of human civilization: from cities founded on sacred places, ideas and power, to early examples of town planning and later innovations such as skyscrapers and urban transport.

Featuring maps of renowned capital cities as well as lesser-known urban areas across the continents and centuries, this is an ideal book for map and history lovers.



© Philip Parker

Philip Parker is a historian and Sunday Times bestselling author with The Northmen's Fury, who studied at Cambridge and Johns Hopkins University.

He has written widely on the worlds of late antiquity and the early Middle Ages and his unique panoramic history of the nation, *History of Britain in Maps*, was published by Collins.



HarperNonFiction 26/09/2024 PB • 272pp • 234x153

Mono

Genre / Subject
GAMES & ACTIVITIES / Puzzles

Editor Joel Simons

Primary Agent N/A

Enquiries and a. podaru@harpercollins.co.uk

Material Available

Rights
Sold to HarperCollins (Italian)

#### YOU'RE THE CAPTAIN!

A Flightradar24 Puzzle Book

Simon Calder

The first ever puzzle book from Flightradar24

At any one time there are nearly 20,000 flights in the sky, and more than 75 million flights a year - and, since 2006, the website Flightradar24 has kept its beady eye on them all. For the first time ever, the live flight tracker will open its cabin doors onto a wonderful world of flight data and navigational insight, challenging readers to become the pilot in this brilliant new puzzle book.

From some of the world's longest, shortest and weirdest flights, to questions on many of the aeronautical world's most enduring mysteries, *You're the Captain!* is packed full of incredible puzzles that will confound even the most experienced traveller. Complete with colour maps, it asks readers to plot their own routes to destinations, navigate tricky time zones, deal with bad weather and help air traffic control find missing planes – all backed by Flightradar24's extraordinary cache of data, flight paths and statistics.

So hit the flight deck, buckle up and challenge yourself to become the captain in this one-of-a-kind puzzle book!

Flightradar24 is a global flight tracking service that provides with real-time information about thousands of aircraft around the world.



Pavilion 10/10/2024 HB • 224pp • 198x129

Mono

Genre / Subject HUMOUR / General

Editor Lucy Smith

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### AND FINALLY...

The weird and wonderful world of news

# **Ryan Herman**

A heart-warming book looking at the funny, silly and often eccentric stories the newsreaders save until the end of the programme, to leave on a high note.

Author and journalist Ryan Herman has selected the finest moments of serendipity, the astounding acts of kindness and generosity, the outrageous ideas come to life and the downright silly happenings and brought them together in this book.

The tales range from the drunken mice causing havoc but ultimately endearing themselves to the workers at a sherry distillery in Spain; the bride-to-be and huge Swiftie who invited Taylor Swift to her wedding and got the surprise of her lifetime when Taylor flew to Ohio to attend her bridal shower; the owner of a riding school for disabled children who raised tens of thousands of pounds after Lucian Freud popped into one of her amateur horse-sketching classes and left his drawing behind, and Stephanie, the child refugee who founded a female-run software company in 1960s Britain, who was routinely faced with sexism when selling her products. When she posed as 'Steve' when writing to software companies her business suddenly took off and when she later sold her business, she made 70 of her employees millionaires.

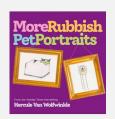
This is a feel-good book for dark times - packed with uplifting human interest stories, people (and a few animals) doing extraordinary things, idiosyncratic slices of life and simple fun tales. There is a quote in the book from filmmaker Ali Catterall that sums it up best of all. He says, "I think we need stories that shake us out of our complacency [...] You can find magic in a dustbin. It depends where and how you look."



© Ryan Herman

Ryan Herman is a journalist, author and editor. He started his career on local newspapers, which provided him with his first opportunity to write about weird and wonderful news, and he has gone on to work for a broad range of publications often focusing on human interest stories.

Ryan is also the author of two books, Remarkable Football Grounds and Remarkable Rugby Grounds, which were both shortlisted for Best Illustrated Sports Book of the Year 2024.



HarperNonFiction 10/04/2025 HB • 128pp • 146x146

Illustrated

Genre / Subject HUMOUR / Pets

Editor Harriet Prideaux

Primary Agent Caroline Wakeman Literary Agency

Enquiries anda.podaru@harpercollins.co.uk

Material Available

Rights

Available in all languages

# MORE RUBBISH PET PORTRAITS

#### Hercule Van Wolfwinkle

A second collection of 'ultra realistic' pet portraits from the Sunday Times bestselling author, Hercule Van Wolfwinkle.

Not only are there more portraits, but they are even more rubbish than you could have ever expected. Here's a snapshot of just some of the recipients' responses:

'I often think that your art couldn't possibly get better. And you always prove me right!'

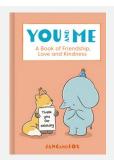
'It reminds me of something. Obviously not my dog, but something...'

'You've got some neck trying to charge me for this.'

WARNING: If you like art, this book almost certainly isn't for you.



Hercule Van Wolfwinkle is the inimitable genius behind @portaitsbyhercule. His uncanny portraits have raised hundreds of thousands of pounds for his local homeless charity, Turning Tides and animal charity, Street Vet. His talent is undeniable, and yet many have tried to deny it. He resides in Worthing.



HarperNonFiction 24/04/2025 HB • 112pp • 184x133

Illustrated

Genre / Subject ART / Friendship

Editor Harriet Prideaux

Primary Agent N/A

Enquiries anda.podaru@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### YOU AND ME

A Book of Friendship, Love and Kindness

# **JangandFox**

Like a comforting sip of tea amidst life's chaos, these delightful illustrations celebrate the small joys of existence.

You and Me is an uplifting, heart-warming collection from the inimitable @JangandFox.

Like sunshine filtering through the trees, these friends bring warm and comforting moments to life's trickier days.

Including exclusive, never-before-seen comics, this is the perfect gift to lift a loved one's spirits.

Joanne Ang is the talent behind the globally successful @JangandFox Instagram account. Her work has been featured in a broad range of publications in multiple languages. Joanne has partnered with mental health awareness initiatives, including the American Foundation for Suicide Prevention. This is her first book and she lives in Singapore.



HarperNonFiction 13/02/2025 PB • 320pp • 234x153

Mono

Genre / Subject
PET CARE / Dogs

Editor Ajda Vucicevic

Primary Agent N/A

Enquiries anda.podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

#### **MORE THAN JUST A DOG**

Understanding, loving and living with dogs. An essential guide for humans.

#### **Simon Wooler**

The essential guide for navigating the special connection between people and dogs

This groundbreaking book unpacks the real special relationship – between people and dogs. It explores why we love them (and they us), how this relationship has developed over the years. It also explains the science behind dog behaviour to help you clearly understand what your doing is thinking, feeling and doing.

It sweeps away the stale old myths that can turn the joy of owning a dog into a battle of wills. And it explains how to communicate, train and play with our dogs to forge a unique cross-species bond that is truly life-enhancing.

For dog lovers past, current and future.



Simon Wooler is a qualified trainer, certified by the Academy for Dog Trainers, one of the most rigorous dog behaviour and training programmes in the world. He has been training dogs for more than 10 years, specialising in fear and aggression. He has worked as a volunteer trainer for Black Retriever Cross Rescue in Wiltshire. Simon leads all consultations and training sessions. His goal is always to help owners feel confident, in control and enjoy training their dogs because when it comes to success, having fun through the process is part of delivering a great result. Simon came to dog training after 20 years as a sound engineer so loud barking hardly registers on his personal decibel scale. His own troubled dog, Thomson, was the motivator for seeking out effective, evidence-based training methods. This is his first book.



HarperNonFiction 08/05/2025 HB • 256pp • 175x128

Illustrated

Genre / Subject
LIFESTYLE / Sustainable Living

Editor Harriet Prideaux

Primary Agent N/A

Enquiries anda.podaru@harpercollins.co.uk

Material Available at a later date

Rights

Available in all languages

#### **MY PLASTIC-FREE HOME**

**60 Steps to Live More Sustainably** 

#### **Kate Jones**

A beautiful, photographic, inspirational guide to creating a sustainable home

Separated into simple, attainable steps, including:

- 1. Easy snack recipes to take on-the-go
- 2. DIY homemade cleaning products
- 3. Ideas for low-waste child's play
- 4. Advice on how to create your own plant-based milk
- 5. Tips to upcycle clothing using natural dyes
- 6. How to create eco-friendly seasonal decorations



Kate Jones runs The Natural Living Shop in Lancashire, UK and is the creator of @my\_plastic\_free\_home. Kate lives in Ormskirk.



HarperNonFiction 19/12/2024 PB • 124pp • 228x178 Illustrated

Genre / Subject
ACTIVITY / Sticker Books

Editor Caitlin Doyle

Primary Agent Bev James Media & Management

Enquiries and a. podaru@harpercollins.co.uk

Material Available

Rights
Sold to Union Square (US English)

#### STICK IT!

An Interior Design Sticker Book for Every Style

#### **Tracy Metro**

#### Interior design, one sticker at a time!

Get creative - with this inspiring sticker book for adults! Engage your inner designer with 20 vintage and contemporary interiors to design and redesign, with 100 stickers to inspire and entertain.

Whether you're stickering for fun or a designer-in-training, Stick It! has it all. This fun and interactive, yet practical interior design activity book features 10 top tips for cultivating an eye for style, colour palette basics, the art of colour connectivity, and a wide range of design styles to discover - from vintage Arts & Crafts and Midcentury Modern to contemporary Boho Chic and sleek-lined Minimalism, and more. Next, collect your favourite items and sticker 20 blank-slate rooms. Create your own room and craft the life you want. Pick it. Stick it. Love it. Redo it.

#### Featuring:

Introduction: How to use the book, overview of interior design, basics of personal style ·

Eye for style: basics of colour palette/colour complementing through colour connectivity/colour choices for moods and rooms, 10 top tips for honing your design eye

Design through the ages: Top 12 design styles (Arts and Crafts, Midcentury Modern, Bauhaus, Minimalism, Boho Chic, and more), featuring an intro to each movement, plus iconic pieces and designers that define the style

Interiors: 20 blank-slate rooms to decorate - with prompts!

100 repositionable stickers

Epilogue: Next steps on your style journey



© Alison Deyette

Tracy Metro is an LA-based interior designer, TV presenter, and voice actress, including as design host of Netflix's House Doctor. Tracy has appeared on Oprah Winfrey's Home Made Simple, TLC's Designing Spaces, and more. Tracy's own dynamic brand of design magic is rooted in the idea that good interior design is an outward expression of who we are: 'My job is to help make your freak flag fly!'

<u>Instagram.com/tracymetro</u> • <u>www.tra</u> <u>cymetrodesigns.com/</u>



Pavilion 22/05/2025 PB • 144pp • 250x180

Illustrated

Genre / Subject
DESIGN / Fashion & Accessories

Editor Shamar Gunning

Primary Agent Amelie Benet Agency

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Sold to Bogoo (Danish), La Plage (French), Haupt (German) and Natur & Kultur (Swedish)

#### **INDIGO**

From plant to pigment: tie-dye and style your own way

#### Douglas Luhanko, Kerstin Neumüller

Discover indigo; one of the most mystical yet widely used dyes in the world. Featuring inspirational images, this book shows you how to grow, extract and dye with indigo.

From cowboys' denim to the jeans in your wardrobe, indigo's enduring popularity survives to this day. In this practical handbook, learn how to use this powerful pigment to breathe life into your clothes and craft projects. This book contains all the information you need to use natural or synthetic indigo, alongside a wealth of dying recipes with other plants and textile ideas.

In the first chapter, learn how to grow indigo yourself, whether you have a windowsill or a full garden. No matter where you live, the authors provide gardening tips for the best species of indigo for your area. From there, a variety of different dyeing techniques are explained to achieve your desired results. Covering everything from warm or cold dyeing with indigo, fructose, hydrosulfite and fermented vats, as well as dyeing with other pigments for multi-coloured effects. A chapter explaining the science behind the dye also troubleshoots any problems to help you experiment further.

Finally, the projects section includes guides on how to use your dyed textiles to create intricate moyo-sashi and hitome-sashi embroidery, patchwork quilts or resist-dyed patterns. Weave using traditional ikat or boro techniques and dye beautiful honeycomb, storm and geometric patterns. Take your ideas to the next level with this potent dye and create projects that are bound to astound.

From plant to pigment, Indigo will encourage both beginners and experienced dyers to cultivate, dye and create with a wide range of innovative and exciting recipes and unique projects.





© Frederik Ottosson

Douglas Luhanko has a passion for denim and indigo. Both he and Kerstin Neumüller run Second Sunrise, a raw denim menswear boutique in Stockholm. He also manufactures jeans in his own company Blue Highway.

Kerstin Neumüller is a men's tailor with her heart in handicrafts. She has spent many years studying handicrafts and the history of textiles. Together, she and Douglas Luhanko run the shop Second Sunrise in Stockholm. Pavilion 11/09/2025 HB • 192pp • 246x189

Illustrated

Genre / Subject
CRAFTS & HOBBIES / Sewing

Editor Shamar Gunning

Primary Agent HBB Agency

Enquiries sinead.hurley@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

### MAKE 100 BAGS

Twenty New Projects, Infinite Possibilities

#### **Stuart Hillard**

Learn how to Make 100 Bags, styled your way. Stuart's fifth book teaches crafters of all abilities how to make twenty new bags in five distinct styles: Simply Fabric, English Paper Piecing, String Pieced, Boro and Imrov. With these techniques, you'll have endless bags and infinite possibilities.

In this practical and accessible new book from *The Great British Sewing Bee* star Stuart Hillard, learn five brand new sewing techniques which can be applied to any of the twenty projects in *Make 100 Bags*.

Whether you need an 'Essentials Purse' for everyday use, or a 'Keepin' It Craft Caddy' for all your materials: Stuart has got you covered, and looking stylish as ever.

In this innovative new book, readers can challenge themselves to mix, match and sew their way to fabulous bags. Both budget-friendly, sustainable and endlessly creative, this is the perfect gift for beginners through to expert crafters.

#### Projects include:

- The Travel Buddy Backpack
- The Yoga on the Beach Bag
- The Card or Cash Wallet
- The Japanese Rice Bag
- The 'Don't Shoot the Messenger' Bag

Pick up your tote, wallet or beach bag and get ready to carry it off in style with *Make 100 Bags*.



© Rachel Whiting

Internationally recognized, Stuart Hillard has built a fantastic reputation as one of the UK's leading quilt designers, teachers and home décor experts with over twenty-five years' experience and more than 100 published patterns to his name. Stuart is a monthly columnist with Sew magazine and British Patchwork and Quilting among others. Known as the mayerick star of the first series of BBC2's The Great British Sewing Bee, alongside Tilly Walnes and Lauren Guthrie, his approach is fun, fresh, inclusive and achievable. He also makes often television appearances, including being a guest judge on Channel 4's primetime Kirstie's Handmade Christmas, and a regular presenter on craft television in the UK and USA. He has represented global companies including Accuquilt, Bernina, HandiQuilter and Gütermann at trade and consumer craft shows globally.

Pavilion 05/12/2024 PB • 192pp • 185x130

Illustrated

Genre / Subject ACTIVITY / Music

Editor Lucy Smith

Primary Agent DunnFogg

Enquiries sinead.hurley@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

### THE OASIS ACTIVITY BOOK

## **Nathan Joyce**

The ultimate celebration of the ultimate rock 'n' roll band, filled with trivia, fun stories, puzzles and quizzes for Oasis fans and aspiring rock stars.

With a frontman who will go down in history as one of the greats, unmistakable style and swagger, and songs that have entire stadiums singing along word-for-word - Oasis - the self-proclaimed 'greatest rock 'n' rock band in the world', put British rock music (and Manchester) firmly on the map when they emerged in the 1990s. From their early days in King Tut's Wah Wah Hut in Glasgow, where their talent was spotted by Creation boss Alan McGee to the iconic gigs at Knebworth and Glastonbury, this book covers it all in a fun, playful and celebratory style.

Re-live the key moments of the band's career - the thrills, the spills, the guitar riffs and the sibling tiffs. Test your knowledge of the on-stage fights between the Gallagher brothers, the setlists from historic gigs and the iconic albums that became instant chart-toppers. Think you you know your b-sides from your bootlegs? Take the Ultimate Oasis Quiz to find out!

The Oasis Activity Book is packed with trivia, puzzles and quizzes - you can play Locate Liam, draw your own wonderwall or try Who Diss to guess which celebrity Liam had some choice words for. Colour in Noel's treasured guitars, fill in the missing lyrics and embellish Liam's iconic parkas. The supernova stocking filler for the rock 'n' roll star in your life.



© Tarah Coonan

Nathan Joyce is a Sunday Times bestselling freelance writer based in Brighton, England. He has written and compiled several puzzle and humorous books including the Royal Geographical Society Puzzle Book (2019), The Comedy Wildlife Photography Awards (535 Publishing, 2017), the talkSPORT Quiz Book (2021), A Celebration of Dolly Parton: The Activity Book, The Elton John Activity Book and The Taylor Swift Activity Book (all Pavilion).

Pavilion 10/09/2026 HB • 192pp • 221x156

Illustrated

Genre / Subject
NATURE / Crafts and Hobbies

Editor Lucy Smith

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

### **FIRE**

#### **Richard Skrein**

FIRE explores the creative, practical and ancestral ways that humans embrace and work with flames. Both beautiful and informative, this book is an exploration of an ancient and powerful element.

Embark on a journey to discover the story of fire: beginning two million years ago as a historic life source through to today's sustainable energy alternative. Accompanied by inspirational photography that depicts the multitude of ways fire is used in communities around the world today, discover the many hidden ways we use fire in our lives.

Oral storyteller and fire expert Richard Skrein deftly guides us through the history of fire and its practical uses around the world. Follow the scent of smoke in the air as we travel across the globe and discover:

Fire of Ages - Fire through time and uses in the 21st Century Creative Fire - A regenerative force used in tidal firestacks, flaming ephemera and fire craft

Ancestral Fire - The old ways of using fire, making and working with fire and fire in the snow

Sacred Fire - Worship, rites and celebrations, a fire blessing and wisdom keepers

Hearth Fire - The heart of the home, singing with nightingales and feast fires

Embark on an epic journey from the first dangerous spark to the ashes of the future. FIRE is a fascinating exploration of the flames we see and use everyday.



© Ollie Grove

Richard Skrein is a woodsman, oral storyteller and fire expert. He works as a facilitator and trainer to create opportunities for learning, growth and healing in the outdoors and has a particular passion for making this accessible to hard-to-reach and underprivileged communities. He believes in the power of the outdoors to educate, nurture, inspire and heal. Indeed, much of his work is centred around a fire, so he sees firsthand every day what fire offers a community; nourishment, warmth, comfort, awe and wonder.

He is the author of Fifty Things to Do in the Wild, Fifty Things to Do with a Stick and Fifty Things to Do in the Snow.

Pavilion 26/03/26 HB • 192pp • 184x133

Illustrated

Genre / Subject
CRAFTS & HOBBIES / Gardening

Editor Lucy Smith

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material

Available at a later date

Rights Available

### FIFTY THINGS TO DO IN THE GARDEN

#### **Matt Collins**

Fifty Things to Do in the Garden is an easy-to-follow and visually engaging guide to making more of the outdoors. With fifty new projects to engage in throughout the year, Head Gardener of the Garden Museum Matt Collins teaches us how to build, plant and enjoy our gardens.

This exciting handbook is the perfect gift for any green-fingered adventurer who wants to make the most out of their garden. Matt Collins lends his expert voice to help readers discover joy in the garden: transforming even the smallest of spaces into an exciting new project. Engage with wildlife, discover the importance of weeds, and turn over a sustainable new leaf in *Fifty Things to Do in the Garden*.

#### Includes:

- 1. Introduction: What gardening is and can be for people, different garden conditions, tools of the trade
- 2. Design: Plan your garden, make a journey, create 'no-dig' borders, make a gravel garden, containers and pots
- 3. Plants: Plant a tree, shrubs, perennials, grasses, evergreens, bulbs, cut flowers, dried flowers, easy vegetables, succulent plants and more.

  Consider your 'weeds'
- 4. Features: Layer bulbs in a pot, make a cold frame, plant up a window box, wire a wall or fence, make a sandpit
- 5. Wildlife: Make a mini pond, create a log pile, provide (other forms of) habitat, plant for wildlife, attract birds, attract pollinators, sow wildflowers
- 6. Grow: Take cuttings, sow seeds, grow climbing roses, divide and multiply perennials, chop back perennials, take a root cutting
- 7. Sustainability: Add mulch, add a water butt, harvest and collect seeds, make your own fertiliser, make a compost bin, make leaf mould, sow green manure
- 8. With projects for every skill-level, and with projects suitable for a quick lunchbreak activity alongside larger, more focused activities, this beautifully illustrated book is the perfect gift for any green-fingered gardeners.



© Matt Collins

Matt Collins has a slew of connections in the gardening world, from his position as Head Gardener at the Garden Museum in London and from writing in other publications. We have high hopes for serial as Matt regularly contributes articles and essays for publications including *The* Guardian, Spectator, The Times, RHS's The Garden and Hortus. He also writes a monthly column for the Daily Telegraph and reviews books for Gardens Illustrated. Matt is the author of Fifty Things to Do with a Penknife, My Tiny Flower Garden, and Forest (all Pavilion).



Pavilion 01/07/25 HB • 176pp • 216x165 Illustrated

Genre / Subject
PRACTICAL GUIDE / Astrology

Editor Caitlin Doyle

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

### **PLANET POWER**

#### **Alison Davies**

## How to tune into the power of the planets and harness retrograde energy

The planets play a key role in astrology–from revealing aspects of your personality to exerting their influence upon different areas of your life – thanks to their movements in the sky. But what do we really understand about these cosmic powerhouses?

To help us navigate the twists and turns and get a deeper understanding of who we are, we need to know how the planets work, what they represent, and the impact of each retrograde upon our birth sign. That's where this book comes in. It's a simple guide that demystifies astrology jargon by clearly highlighting each planet's influence, and what it means when they move "backward", or retrograde, in your birth sign.

Whether you're interested in astrology, have a little know -how, or you're a complete beginner, this book will help you work with the planets so that you can live your best life. With handy hints to tune into cosmic energy, a retrograde diary to plan for the highs and lows, along with a selection of self -care rituals tailored to each birth sign, this book will show you how to live in harmony with the planets.

#### Introduction

Retrograde: What it is and what it means Discover what it means when a planet is in retrograde and how it affects each of us in different ways, including how to tune into this energy in a positive way.

Planet Profiles: Each planet will be profiled, including their meanings, influences, interesting facts, and a check list of associations (elements, crystals, colors, day of week, etc.) and self-care rituals tailored to each planet's energy and power.

Retrograde Planets and Your Star Sign: The different influence of each planet in retrograde is detailed, and also how this effects specific star signs. Working with the Planets in Retrograde How to live in harmony with the planets and work with "retrograde" energy.

Planets in Retrograde Diary: A diary of when each planet is in retrograde over the next few of decades, and the signs that this will effect, so that readers can plan ahead and use the tips and rituals from the previous sections



Alison Davies runs workshops at universities throughout the UK, showing academics, students and early years practitioners how stories can be used as tools for teaching and learning. Alison writes for a wide selection of magazines, including Bella, Soul & Spirit, Your Fitness, Take a Break, Fate and Fortune, Spirit and Destiny, You, Kindred Spirit and Woman's Own. Her features have also appeared in *The Times* Education Supplement, Daily Mail and Sunday Express parenting section, and various commercial magazines.



William Collins 26/09/2024 PB • 288pp • 215x150

Illustrated

Genre / Subject
PRACTICAL GUIDE / Beekeeping

Editor Caitlin Doyle

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights
Sold to Princeton University
Press (US English)

### THE BEEKEEPER'S FIELD GUIDE

Everything you need to know, from honey to the hive

Meredith May, Claire Jones, Anne Rowberry, Margaret Murdin

A handy-sized yet comprehensive tool for all keen and established beekeepers

Beekeeping is a popular past time that more and more people are turning to for personal enjoyment, or even small commercial gain. Today you will find hives in backyards, gardens, and on rooftops, benefiting both the bee and the keeper.

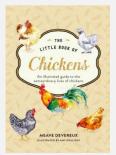
For those who have begun their beekeeping journey and need a go-to pocket guide on establishing and maintaining their hives, *The Beekeeper's Field Guide* is the perfect book. Not only will readers learn about a wide range of bee species and their life cycle, behaviour, and preferred plants, but readers will also be informed about the practicalities of beekeeping, from personal safety and hygiene to record keeping and legal requirements.

With an extensive troubleshooting section that debunks myths and includes explanations and solutions for "bad" bee behaviour, diseases, and pests, *The Beekeeper's Field Guide* is a handy-sized yet comprehensive tool for all keen and established beekeepers.



© Meredith May

Meredith May is a 5th-generation beekeeper, and author of the best-selling memoir THE HONEY BUS, published in 18 countries. Her debut illustrated children's book MY HIVE is about learning the art of beekeeping from her grandfather. She is a former award-winning reporter for the San Francisco Chronicle where she kept several rooftop hives. She lives in Carmel Valley, California, where she tends her bees and volunteers as a scuba diver for the Monterey Bay Aquarium.meredithamay.com



HarperNonFiction 01/05/25 HB • 224pp • 210x135

Illustrated

Genre / Subject
NATURE / Animals

Editor Caitlin Doyle

Primary Agent N/A

Enquiries anda.podaru@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

## THE LITTLE BOOK OF CHICKENS

An illustrated guide to the extraordinary lives of chickens

#### Jessica Ford

From the 12 best backyard chicken breeds to chicken behaviour, this is a handy compendium of all things chicken.

We love chickens. From therapy chickens to mugs and calendars, greeting cards to dish towels, our love for chickens is EVERYWHERE. They cheer us, make us laugh, make us love, and help us to see the beauty, joy, and humor in life.

The trend for backyard chickens has surged during the pandemic. Of the 150 most populated US cities, 93% allow backyard chickens, so it's no wonder the hobby has grown. Amazon searches for chick supplies are up 758%, with local hatcheries recording 500% demand increase, as people look to reduce environmental impact, improve food traceability, or simply to enjoy the joy of chicken company.

The Little Book of Chickens is a charming, informative book of all things chicken - from anatomy and choosing the right breed for you, to fun factoids, eggs, and truly gorgeous breeds - all in a beautifully illustrated gift book.

#### **CONTENTS**

Chapter One: The Story of Chickens What is a Chicken? Chicken Anatomy Bantams and Frizzles and Orps, Oh My!: Chicken Breeds

Chapter Two: Chicken Life From Egg to Chicken: The Chicken Life Cycle · Eggs Chicken Behavior and Calls · Courting and Socializing

Chapter Three: Raising Chickens Why Keep Chickens? · Keeping Chickens: An Introduction Choose Your Chicken(s) in 5 Easy Steps Equipment and Coops · 12 Best Backyard Chicken Breeds

Chickens continue to fascinate and charm all - from novice chickenrearers and animal-lovers to dedicated ecologists. Discover the story of these incredible creatures, with *The Little Book of Chickens*.

Jessica Ford is a writer, mother, lifelong keeper of chickens, former competitor at American Poultry Association shows, and the chicken and homestead contributor to Home, Garden and Homestead-an online "Guide to Modern Living" to creating an independent, healthy, and sustainable homestead lifestyle. She is also a self-professed "chicken nerd at heart."



Pavilion 10/10/2024 HB • 224pp • 244x279

Illustrated

Genre / Subject SPORT / Motor Sports

Editor Shamar Gunning

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

### REMARKABLE MOTOR RACES

#### **Andrew Benson**

A collection of the some of the most amazing motor racecourses from across the world, captured in beautiful photographs that transport you right into to the thrill of the race.

Ever since Ferenc Sziz won the original 'grand prix' race at Le Mans in 1906 man has been racing machines for sport. Remarkable Motor Races gathers together some of the most epic challenges on four wheels that exist today, from the Dakar rally in the sand-blown deserts of Saudi Arabia to the glamorous F1 Monaco Grand Prix, or the 'Race to the Clouds', scaling Colorado's Pikes Peak at speed on a track lacking safety barriers.

The BBC's chief F1 writer, Andrew Benson, has assembled some of the greatest races and the race circuits associated with them - globally recognized names such as Monza, Silverstone, Spa, Daytona, Le Mans, Indianapolis, Nurburgring and Laguna Seca - and explores their rich history of triumph and tragedy.

There are also the storied, long-distance road races now resurrected for classic cars and run as regulation rallies, such as the Targa Florio and the Mille Miglia, or the celebrated World Rally Championship events like the Acropolis, Monte Carlo and Rally Finland where cars are regularly airborne on serial jumps.

The book features original interviews with Fernando Alonso, Jacky Ickx, Gil de Ferran, Daniel Ricciardo, Helmut Marko, Zak Brown, Kevin Magnussen, John Watson, Carlos Sainz and Mark Webber coupled with over 300 dramatic photographs from the world's best motorsport photographers. Covering a range of motorsport from the megabucks grands prix of F1 to a hill climb run through Breton farmyards, readers can find out how Taylor Swift helped save the USGP in Austin and how Helmut Marko was once summoned by a mafia don.

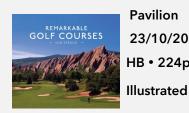
Races from F1, DTM, NASCAR, IndyCar, World Rally Championship, World Endurance Championship, V8 Supercars and even the Craftsman Truck Series are all included, along with circuits in Andorra, Abu Dhabi, Australia, Austria, Azerbaijan, Bahrain, Britain, Canada, China, Finland, France, Greece, Germany, Italy, Japan, Saudi Arabia and the USA.



© BBC Sport

Andrew Benson has been covering motorsport for more than 30 years, and is regarded as one of the world's leading Formula 1 journalists. He has worked for BBC Sport since 2000 and been their chief F1 writer since 2011. Before joining the BBC, Andrew was Autosport magazine's Grand Prix editor and wrote regularly for the Guardian newspaper. Andrew has helped run the BBC Sport website since its foundation in 2000 and covered a wide range of sports, in addition to F1 racing. He returned to F1 full time in 2008 and was BBC F1's assistant editor, under Mark Wilkin, before returning to fulltime writing.

Andrew is a regular contributor to *BBC Radio 5 Live's* F1 coverage, providing commentary, insight, analysis, and in-depth interviews with leading drivers and personalities.



Pavilion 23/10/2025 HB • 224pp • 244x279

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SPORT / Golf

Editor Shamar Gunning

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Material Available

Rights

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## REMARKABLE GOLF COURSES

## **Iain Spragg & Frank Hopkinson**

Encompassing the extremes of the sport - from the highest golf course in La Paz, Bolivia, to the lowest, in Death Valley, USA; from the most northerly in the Arctic Circle to the most southerly in Tierra del Fuego.

The many quirks of the golfing world are covered, such as the 18th green the other side of the River Lea which is serviced by an electric ferry, or the LA golf course that has its own funicular railway, or the floating golf hole in Idaho, where it's not just the pin position that's changed every day, it's the distance from the shore!

Golf courses that feature neolithic standing stones (Scotland), Roman roads (England), and ruined medieval castles (Wales) take their place alongside the old temples of Delhi or a UNESCO World Heritage bridge that is used to link the 9th and 10th at Angkor Wat.

There are the beloved classic courses of St. Andrews, Carnoustie, Royal St. George and Westward Ho!. There are spectacular golf courses hewn out of the Nevada and Arizona desert, green oases in a cactus-strewn, rocky landscape, along with Hawaiian courses fringed by barren black lava flows. But nothing can beat the thrill in Guatemala of lining up your drive on an active volcano at the Fuego Maya course.

In comparison there are the traditional wind-blown Scottish links, such as the Machrie Hotel on the island of Islay which has the most blind greens on any course, or the remote Isle of Barra where greens are only accessible via a kissing gate.

Fancy swapping countries mid-round? You can at the Llanmymynech club in Wales. At Collins hole golfers tee off in Wales and putt out on the green in England. *Remarkable Golf Courses* brings together some astonishing stories with some extraordinary photography.

lain Spragg is a sports journalist and author with 20 years experience. He has written for a wide range of national newspapers including the Daily Mirror and The Daily Telegraph, while his book credits include Twickenham: 100 Years of Rugby's HQ, The World Cup in 100 Objects and Cycling's Strangest Tales. He is the co-author of Remarkable Golf Courses (2017), shortlisted for illustrated sports book of the year.

Frank Hopkinson has researched and commissioned over 50 titles in North America from Atlanta to Albuquerque. from Portland to Puerto Rico, including best-sellers New York, San Francisco, Chicago, Las Vegas and Washington DC. He has photographed many of the cities featured including Brooklyn, New Orleans and Savannah as well as going on the road to capture the nostalgic motels of Route 66. Ballparks Then and Now and Civil War Battlefields are two constantly revised titles that have made him a Cubs fan and given him a deep appreciation of the work of Mathew Brady and Alexander Gardner.



Pavilion 24/10/2024 HB • 208pp • 244x279 Illustrated

Genre / Subject HISTORY / Railways

Editor Ellen Simmons

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### **GOING UNDERGROUND**

The History, Heritage and Hidden Beauty of the Tube

#### **Mark Deakin**

Embark on a captivating historical tour of 70 of London's Underground stations

From unravelling the stories behind station names to exploring fascinating tales woven into seat cover fabrics, *Going Underground* revitalises the conventional historical narrative about what lies beneath our feet.

Interest in the London Underground has long persisted among enthusiasts, historians, and architects alike. What sets this book apart is Deakin's ability to seamlessly marry these interests. The patchwork nature of this book breathes new life into a substantial history lesson and appeals to anyone intrigued by the rich history of these tunnels, making it accessible to both amateur enthusiasts and those with a more academic inclination.

Included are some quirkier facts of the lesser-known stations, which are often the truest to their original design as they have remained untouched. Readers will be familiar with some of the more well-known stations on the merit of their own personal stories; rather than just architectural beauty.

Inevitably on a network of 272 stations, some fantastic stops are missing from this book, and in a lot of cases one of those will be 'your' station. Hopefully each of the 70 stations featured will have at least one titbit to raise interest - after all, that would be within Transport for London's design mission, which states that 'Each station must have at least one distinguishing feature, one special moment, which allows it to be memorable and engage with its immediate neighbourhood.'

Mark Deakin, a conference centre manager and London Underground enthusiast, maintained anonymity as his social media account quietly gained a significant following since 2020. With a background in history, Mark has called London home for nearly two decades. In a Summer 2022 LondonWorld article, he finally unveiled his identity, expressing surprise at the popularity of his @londonundergroundknowledge account, which continues to grow.



Collins Reference 29/08/2024 HB • 256pp • 276x213

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Genre / Subject
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Editor Gerry Breslin

Primary Agent Acacia House Publishing Services Ltd

Enquiries rachel.mccarron@harpercollins.co.uk

Material Available

Rights

Available in all languages (US and Canada rights are not available)

### **QUEST FOR SPEED**

An Illustrated History of High-Speed Trains from Rocket to Bullet and Beyond

## **Derek Hayes**

Hop aboard this fascinating journey through the early days of railway trains to the modern day superfast Maglevs.

This is a journey through time and throughout the world, investigating trains that have been considered high-speed in their day. Focused at first in Britain, the birthplace of the railway, the book covers developments in the 19th and 20th centuries across Europe, including the birth of the French TGV, which is credited with kickstarting the modern rise of the high-speed train in the West, inspired itself by the early Japanese Shinkansen—the Bullet Train—in 1964.

From steam to diesel to gas turbines to electric and from steel-wheeled to magnetic levitation (maglev), it is all covered in this book, including significant, recent innovations such as driverless trains and maglev on conventional track, which may well be the way of the future.

With hundreds of colour photographs, many taken specially for this book, and readable text aimed at all those interested in history and the development of technology—not just railway enthusiasts—*Quest for Speed* will entertain, fascinate and delight.



© Derek Hayes

International railway historian Derek Hayes is a leading expert in his field and has spent years gathering material on the railways. He has fifteen previous books to his credit, all highly illustrated histories, including the Historical Atlas of the North American Railroad (University of California Press, 2010).



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Genre / Subject HISTORY / Military

Editor Gerry Breslin

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Material

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Rights

Available in all languages

## AIRCRAFT OF WORLD WAR II

A History of Second World War Aircraft from 1939 to 1945

#### Kieran Whitworth

The definitive history of World War II aircraft

A visually-stunning and fascinating history of all the key aircraft during World War II. Features main British aircraft, plus key German, Russian, Japanese and US. With fascinating insights into technological advances and the role these iconic warplanes played in the theatre of war.

Do you think you know the Spitfire but want to learn more about its impact in World War II? Then 'dive' into this accessible visual history focusing on all the key planes and the stories of those that flew in them when mastery of the air quickly evolved into a vitally critical theatre of war.

In association with Imperial War Museums, the history of key aircraft from all the major powers will be examined; from early in the war biplanes, to the development of jets, this visually impactful book will look at the planes, the battles, the crews, the key performance and technological developments, using the planes to weave together the story of aerial conflict that affected so many lives in the most devastating world war.



© Kieran Whitworth

Kieran Whitworth has been the Book Buyer at Imperial War Museums for over 20 years, during which time he has developed his passion for military history. His first book, *The Ultimate World War Two Quiz Book*, was published in September 2017 and his second, *The Churchill Quiz Book*, was published in April 2020.

Since its foundation in 1917 IWM has been building its collections in order to illustrate and record all aspects of conflict in the twentieth and twenty-first centuries. IWM's collection covers all aspects of conflict involving Britain, its former Empire and the Commonwealth, from the First World War to the present day. It also includes a range of media, from art, film and photographs to printed materials, documents and sound.

Collins Reference 22/05/2025 HB • 256pp • 276x213

Illustrated

Genre / Subject
POPULAR NON-FICTION / Cars

Editor Gerry Breslin

Primary Agent N/A

Enquiries rachel.mccarron@harpercollins.co.uk

Material Available

Rights

Available in all languages

### **CLASSIC CARS**

## **Nigel Boothman**

All you need to know about 100 iconic vehicles in this highly-giftable hardback

Cars are a barometer of society, from film buffs to music fans to fashionistas or art students, many of the best-known classics are easy to associate with the 'scene' they became part of: Minis on the King's Road driven by chic 1960s models, the VW Microbus transporting hippies to San Francisco, Porsche 911 Turbos painted Guards Red to match the braces worn by the 1980s City boys.

Organized era by era, starting with the early pioneers, then through the war years to the '50s, '60s, '70s, '80s and '90s, Nigel covers the concepts behind the car's creation, its styling and engineering, its place in society and the reasons it came to be so loved, celebrity owners, famous movie or TV appearances and notable innovations. And, crucially what it's like to drive. All key specifications are detailed for car buffs. Pre-war models like the Austin 7, Bugatti Type 35 and the Bentley 'Blower' are covered alongside the most recent classics like the McLaren F1, Nissan Skyline R33, Ferrari F50, Mazda MX-5, and the cute Renault Twingo – all from the 1990s. There will be a special section covering the truly great names in greater depth –histories of Ferrari, Rolls-Royce, Cadillac, Porsche, and Jaguar.

For all classic car enthusiasts and everyone who loves the nostalgia and romance of the classics.



© Nigel Boothman

Nigel Boothman did work experience on a car magazine in 2001 and became a staff writer on Practical Classics, for many years the UK's best-selling classic car magazine. He remained there until 2005, leaving as Features Editor. As a freelance he wrote for many other titles - Classic Cars magazine and Classic American to this day. He has edited a motorsport magazine, re-written the I-spy Book of Cars and currently edits Rolls-Royce & Bentley Driver for Kelsey Publishing.



Collins Reference 24/10/2024 HB • 320pp • 276x213

Illustrated

Genre / Subject SPORTS / Formula 1

Editor Harley Griffiths

Primary Agent N/A

Enquiries rachel.mccarron@harpercollins.co.uk

Material Available

Rights

Available in all languages

### THE TIMES SPEED

The History of Formula 1 World Championships

Foreword by Zak Brown, Written by Kevin Eason and Times Books

Charting the past eight decades of F1 from its origins in war-torn Europe to today's global phenomenon.

It's the sport that has it all: thrills, spills, technical sophistication and daredevil brilliance.

With articles from *The Times* covering the most iconic races, epic rivalries, engineering innovations and mind-bending statistics, this collection will make you feel as if you were there in the moment watching Formula 1's greatest legends unfold on the track.

Filled with incredible stories about the sport's movers and shakers, in this volume you'll find coverage of 74 World Championships, from 1950 to 2023, including season analysis, race reports, results tables and records, as well as incredible photography of the cars, drivers and key racing moments.

With a foreword by Zak Brown, CEO of McLaren Racing and expert commentary from Kevin Eason, former motor racing correspondent for the *Times*, this is a must-read history book for Formula 1 enthusiasts and fans of Netflix's *Drive to Survive* series.



© Kevin Eason

Kevin Eason is an award-winning journalist who covered nearly 300 grands prix during his time as motor racing correspondent for the *Times*. In 2012, he was nominated UK Sports Journalist of the Year for his reporting on the crisis at the Bahrain Grand Prix that year, and received the Lorenza Bandini Gold Medal for his contributions to Formula 1 journalism.

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Rights

Available in all languages

## A HISTORY OF FOOTBALL IN 100 OBJECTS

#### **National Football Museum**

The story of football told through its merch, memorabilia and materials

This definitive book will offer a unique and captivating exploration of football's rich legacy, told through 100 carefully selected objects from the unrivalled collection of the National Football Museum. Delving into the sport's social, cultural, and technological evolution, it will take you inside moments of high drama, euphoric success and crushing heartbreak to peel back the layers of the world's favourite game.

Featuring match balls from legendary contests, boots worn by famous players, vintage tickets, fan memorabilia and even the collar from the dog that saved the World Cup, this compendium of cup glories and bittersweet away-days should appeal to anyone with a love of the game. And since football transcends boundaries and reflects societal changes, it will foreground the contribution of women's football and the sport's role in bringing about change for good.

The perfect gift for the fan in your life, this is football as you've never seen it before.



#### The National Football Museum is

England's national museum of football. It is based in the Urbis building in Manchester city centre, and preserves, conserves and displays important collections of football memorabilia. There are currently over 40,000 items in the Football Heritage collection, which continues to grow, and around 2,500 objects are on display at any one time.

# Popular culture



Pavilion 13/03/2025 HB • 160pp •

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Genre / Subject
TRAVEL / Special Interest

Editor Ellen Simmons

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Rights

Available in all languages

## LITERARY LANDSCAPES: DUBLIN

Explore the city's vibrant legacy, where every street tells a story

#### Ana Kinsella

Take a photographic stroll around the bookshops, famous literary locations and authors' watering holes of Dublin's top tourist destinations.

"When I die, Dublin will be written in my heart", James Joyce once said.

There are few cities in the world that care so deeply about the written word as this historic capital. Walk down canals, stroll through Georgian squares, and cross the river, and you'll find heritage plaques dedicated to famous writers, bridges named after them, and literary place names aplenty.

Dubliners can spot statues of literary legends: like George Bernard Shaw at the National Gallery; Oscar Wilde reclined in Merrion Square; and Brendan Behan watching over the Royal Canal.

Dublin's creative outpourings are well documented in excellent museums and galleries around the city. The Museum of Literature Ireland (MoLI) features exhibitions on Ireland's most influential writers and poets alongside unique literary artefacts, including the first ever copy of James Joyce's *Ulysses*. Picking out one theatre above all others in Dublin is tricky - the Gaiety, the Gate and the Olympia have hugely enriched the city.

No title in the *Literary Landscapes* series would be complete without notable pubs and bars - and this edition is no exception. James Joyce liked to hang out in Davy Byrne's; Neary's was a favourite of Brendan Behan and Flann O'Brien; and Toner's was the only Dublin pub visited by poet WB Yeats.

Dublin's libraries are heart-stoppingly beautiful – just look at Trinity College's Long Room, easily one of the most stunning libraries in Europe that was featured in Sally Rooney's *Normal People*. Dublin holds its independent bookshops close to its heart, and there are some wonderful little literary spots dotted around the city. Stokes Books in the George's Street Arcade is a treasure-trove of rare and second-hand books.

Literary Landscapes: Dublin is a true bibliophile's journey through the rich heritage, storied lore, and lively craic of the city's streets.

Ana Kinsella is an Irish writer living in London. As a journalist she has written for the *Guardian*, *Frieze*, *Dazed*, n+1, AnOther and others.

She studied at Trinity College Dublin and Central Saint Martins. Her first book, Look Here: On the Pleasures of Observing the City, was published by Daunt Books in May 2022.



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Genre / Subject
TRAVEL / Special Interest

Editor
Ellen Simmons

Primary Agent N/A

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

### LITERARY LANDSCAPES: NEW YORK

A book-lover's tour of the city that never sleeps

### **Evan Joseph, Amy Evans**

A beautiful photographic stroll around the bookshops, restaurants, literary locations and authors' neighbourhoods in the Big Apple.

Literary Landscapes: New York contains a blend of everything precious to the bibliophile - a blend of quirky bookstores, authors' favourite bars, storied hotels, grand libraries, on- and off-Broadway theatres which launched major plays, New York residences and literary locations.

The beloved bookstores range from the Argosy, dating to 1925 and the oldest in Manhattan, The Strand in East Village, The Corner Bookstore on the Upper East Side to the Greenlight Bookstore in Brooklyn.

LLNYC takes in the Algonquin Hotel, notorious home of the Round Table and Dorothy Parker's acidic assassins; Pete's Tavern with O. Henry's writing seat, and the White Horse Tavern, Dylan Thomas's last night out in the Big Apple and a pub frequented by Norman Mailer, Jack Kerouac, Anais Nin, Frank McCourt and Bob Zimmerman.

There are the grand public libraries such as the Beaux-Arts New York Public Library, the Morgan Library and across the East River, the magnificent Art Deco Brooklyn Public Library.

Literary locations abound for New York from *Breakfast at Tiffany's* by Truman Capote to *Washington Square* by Henry James. *Stuart Little* (E.B. White) sailed his boat on the lake in Central Park while the Bethesda Fountain was central to Tony Kushner's *Angels in America*.

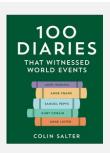
The book takes a short trip up Long Island to visit Walt Whitman's birthplace and while nothing but plaques remain of the New York homes that Herman Melville knew, we visit the literary giants buried alongside Melville in Woodlawn Cemetery including Damon Runyan and Joseph Pullitzer.

All these chapters are interspersed with telling quotes about the city that never sleeps.



Evan Joseph is the New York photographer responsible for the epic photography in New York at Night. He has been a member of the faculty of Parsons School of Design and The Art Institute of NYC and his work has been published in leading magazines around the world, including Architectural Digest, Elle Décor, NY Living, New York Magazine, The New York Post, The Wall Street Journal, The New York Times.

Amy Evans has lived in New York longer than she's lived anywhere. It's where she began her freelance writing career for internet start-ups and trendy but short-lived local zines. She has written features for Mother Nature News and created interactive experiences for companies, including Verizon. She is a USA Today best-selling author, having written the young adult books Clicks and Jellybean Kisses.



Pavilion 09/10/2025 HB • 224pp • 232x185

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Genre / Subject
LITERARY / Diaries & Journals

Editor Shamar Gunning

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Material

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Rights

Available in all languages

## 100 DIARIES THAT WITNESSED WORLD EVENTS

#### **Colin Salter**

A compendium of the most celebrated, revelatory, notorious and heart-wrenching diaries from the great, the good and the downright evil.

Oscar Wilde wrote: "I never travel without my diary. One should always have something sensational to read on the train."

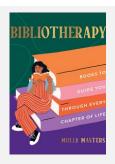
100 Diaries introduces us to the world's greatest diarists, whose published journals give us a unique insight into their time. The strength of the book is the depth and variety of works chosen. Everyone has heard of Anne Frank, the doomed log of Arctic explorer Robert Falcon Scott and the philandering antics of Samuel Pepys.

Far fewer have heard about the diaries of Jakob Walter, a foot soldier who gave a vivid insight into the Napoleonic wars, or Mary Chesnut, a privileged planter's wife in South Carolina, who chronicled the South's decline in the Civil War (and whose every agony you cheer).

Includes diaries from: Thomas Jefferson, Alexander Hamilton, Mark Twain - An Innocent Abroad, Samuel Pepys, Pliny the Younger, Hitler (hoax), Anne Frank, Mary Chesnut (Confederate wife), Robert Falcon Scott, Nelson Mandela, Daniel Defoe, Frida Kahlo, Marcus Aurelius, Marie Curie - scientific journal that is now radioactive, Charles Darwin, Lewis Carroll, Thomas Edison, Frederic Douglass, Richard Burton, Bill Wyman, Carrie Fisher, Himmler, Derek Jarman, CS Lewis, Sylvia Plath, John Steinbeck, Jakob Walter (Napoleonic War from a soldier's perspective), Richard Wagner, Andy Warhol, Tony Benn/Richard Crossman, Alan Clark.



Colin Salter is a versatile writer with the enviable quality of incorporating a host of detail into elegant prose. He is the lead author in the Remarkable travel series and the award-winning 100 series - so, along with 100 Posters, 100 Symbols, 100 Novels etc, he has also penned Remarkable Treks, Remarkable Bike Rides and Remarkable Road Trips.



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Editor Harriet Prideaux

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Material Available

Rights

Available in all languages

#### **BIBLIOTHERAPY**

**Books to Guide You Through Every Chapter of Life** 

## **Molly Masters**

A beautiful, thoughtful guide to finding your perfect next read, no matter what life's throwing at you, from the founder of Aphra a.k.a. 'your inclusive AF feminist book club'

Through turbulent times, stories keep us afloat. Books, particularly, console and guide us, feed our souls, and open our eyes to worlds, possibilities and experiences we may never have considered before. Many of us have been self-medicating with books for years without identifying the practice as 'bibliotherapy'.

This carefully curated collection will help you to identify the right reads for the right time. Whether you are in the throes of first love or the depths of heartbreak, embarking on a new beginning or questioning which path to take, use this guide to lose yourself in literature and find yourself anew, and discover the books that will always matter to you.

Includes celebrated classics, as well as overlooked modern masterpieces, with a focus on underrepresented voices. Recommended reads, include:

You Made a Fool of Death with Your Beauty by Akwaeke Emezi

Good Morning, Midnight by Jean Rhys

A Little Life by Hanya Yanagihara

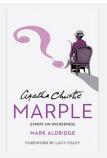
Letter to my Daughter by Maya Angelou

The Days of Abandonment by Elena Ferrante

Be Not Afraid of Love by Mimi Zhu



Molly Masters is a writer and entrepreneur who was listed in Forbes 30 Under 30 in 2022. Molly won a Female Start Up of the Year award following the success of her book subscription business. She is the founder of inclusive online book club, Aphra, and host of the Book Therapy podcast. This is her first book. She resides in Bristol, UK.



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Editor David Brawn

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Material Available

Rights

Available in all languages

Previous rights sold to Euromedia (Czech), Varrak (Estonian), Psichogios (Greek) and Hara Shobo (Japanese)

## AGATHA CHRISTIE'S MARPLE

**Expert on Wickedness** 

Mark Aldridge, with a foreword by Lucy Foley

A new investigation from Dr Mark Aldridge, exploring a lifetime of Agatha Christie's Miss Jane Marple.

In Agatha Christie's Marple: Expert on Wickedness, 'Agathologist' Dr Mark Aldridge looks at nearly a century of St Mary Mead's most famous resident and uses his own detective skills to uncover new information about Miss Jane Marple's appearances on page, stage, screen and beyond.

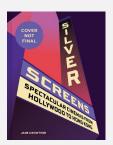
Drawing on a range of material, some of which is newly discovered and previously unpublished, this book explores everything about Miss Marple, from her origins in a series of short stories penned by Christie, to the recent bestselling HarperCollins collection *Marple: Twelve New Stories*.

This accessible, entertaining and illustrated guide to the world of Miss Marple pieces together the evidence in order to tell you everything you need to know about the world's favourite female detective.



© Dr Mark Aldridge

Dr Mark Aldridge is Associate Professor of Screen Histories at Solent University and has appeared on television in the UK and many other international broadcasters as an expert on Agatha Christie.



Pavilion 06/11/2025 HB • 224pp • 246x189 Illustrated

Genre / Subject
PERFORMING ARTS / Film

Editor Ellen Simmons

Primary Agent DHH Literary

Enquiries sinead.hurley@harpercollins.co.uk

Material Available

Rights

Available in all languages

### SILVER SCREENS

The stories behind 100 remarkable cinemas

#### **Jane Crowther**

A celebration of the world's most cherished cinemas, from vintage movie houses to quirky start-ups.

There is an enduring love for old cinemas. It may have something to do with Maya Angelou's famous quote that '...people will never forget how you made them feel'. Cinemas have been the places where all kinds of emotions have been felt - heartstrings are tugged, fears exposed, and then there is that explosion of joy with a happy ending. Cinemas are a place of communal experience, of first dates, of strong reactions. And you remember them. That's why people hate to see cinemas torn down.

Silver Screens is a celebration of movie houses and drive-ins from around the world that continue to show feature films. All cinemas are working and open for business - the book works as a part travel guide featuring a directory of contact addresses so you can visit each one that's listed.

There are the wonderful art deco masterpieces, such as the 1938 Rex in Berkhamsted; or the art deco Raj Mandir in Jaipur, India; or the Sun Theatre in Melbourne, an art deco building that now holds eight cinemas each named after a closed Melbourne movie house. There are historic cinemas - such as the Texas Theater, Dallas, where Lee Harvey Oswald was arrested (his seat is flagged). And the Biopic in Chicago where John Dillinger was gunned down as he left. There are the far-flung cinemas from around the globe, the most northerly, the most southerly, the biggest single screen (India), the official smallest cinema (in Italy) the oldest in Britain, the oldest in the World. There are the famous cinemas - such as Mann's Chinese Theater or the Egyptian in Hollywood, or Cine Dore Filmoteca in Madrid which featured in Pedro Almodovar's Talk to Her and Pain & Glory which survived a direct hit from an artillery shell in the Spanish Civil War.

So grab your popcorn and settle in. Welcome to the world of *Silver Screens*, where the magic of cinema lives on.



© Caroline Forbes

Film journalist Jane Crowther has been writing about movies and the ephemera surrounding them since her teens when she started out as a youth writer on *The Yorkshire Post* newspaper. Since then, she's written about the silver screen across all platforms for numerous outlets, as well as commenting and reviewing on TV and radio. She is currently the editor-in-chief of Total Film magazines, the vice chair of The London Film Critics' Circle and a member of BAFTA and the Critics' Choice Association.

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Mono

Genre / Subject MUSIC / Social History

Editor Genevieve Pegg

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PBJ Management

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Material

Available at a later date

Rights

Available in all languages

## WITH A LITTLE HELP FROM THEIR FRIENDS

The Beatles changed the world. But who changed theirs?

#### **Stuart Maconie**

The most engaging, surprising and revealing look at the Beatles story you'll read.

Everyone knows a Beatles tune. But their story goes beyond the omnipresent songs and iconic albums. Theirs is a tale that has become one of the core stories we tell about ourselves as a nation. The Beatles narrative has both shaped and reflected the country we live in today. Four lads from Liverpool have taken a seat alongside Shakespeare as one of our key cultural exports to the world, a world they changed and re-made in their own image in a blaze of creativity. But these four distinct personalities changed the world not in isolation but with more than a little help from their friends.

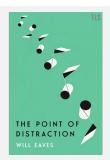
Like all the best stories there's an incredible supporting cast, and all the most compelling elements of the great dramas: ambition, power, triumph, disaster, heartbreak, tragedy, drama, intrigue, lust...and of course, love.

Split into 3 sections, Before The Beatles, With the Beatles and Beyond the Beatles, bestselling writer and broadcaster Stuart Maconie tells the epic tale of the people who made the band who made Britain, and along the way adds his own experiences, encounters and conversations that show the Beatles like you've never seen them before.



@ The Sunday Times/ News Licensing

Stuart Maconie is a writer. broadcaster and journalist familiar to millions from his work in print, on radio and on TV. His previous bestsellers have included Cider with Roadies. Pies and Prejudice and Adventures on the High Teas. He hosts a show for BBC Radio 6 Music (with Mark Radcliffe) every weekend morning between 8 and 11am. Based in Birmingham and Manchester, he can also often be spotted on top of a mountain in the Lake District with a Thermos flask and individual pork pie. He is a champion ice skater and once shared a van with Napalm Death.



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Genre / Subject MEMOIR / Music

Editor Myles Archibald

Primary Agent Felicity Bryan Associates

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Material Available

Rights

Available in all languages

## THE POINT OF DISTRACTION

#### Will Eaves

A chronicle of a year spent writing a sonata from scratch to see what can be learned about ambition, limitation and time.

What lies behind the creation of a piece of music? Does it spring fully formed from a composer's mind, or take shape in the recesses of the brain, revealing itself in stages over time? Is the creative act deliberate or happenstance? An inspired vision or the result of practice?

Will Eaves, author and musician, shares his experience of writing eight new piano pieces after many years away from the keyboard. Some of the music is found in old notebooks and teenage enthusiasms, some of it is caught on the wing - a response to the resurgence of the natural world during COVID lockdown. None of it is what he is meant to be doing.

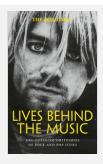
But then not all artistic interests are primary or professional interests. Sometimes it's the second-string activities, the diversions, that bring work - and life - into focus.

The Point of Distraction is a unique account of music-making that embraces Bach, film, jazz, literature, neuroscience and the mystery of will power in its search for meaning. At its heart is a love of skill, an openness to self-doubt, and a belief that we are all more than our declared aims.

'A wonderfully sensitive and probing meditation on the writing of words and music' Rolf Hind, composer and pianist



Will Eaves is a novelist and poet. Murmur won the 2019 Wellcome Prize and the Republic of Consciousness Prize for fiction. The Absent Therapist was shortlisted for the Goldsmiths Prize; The Inevitable Gift Shop was shortlisted for the Ted Hughes Award. He has worked as Arts Editor at the TLS and Associate Professor at the University of Warwick. He is a columnist for the Brixton Review of Books and cohost with Professor Sophie Scott of The Neuromantics, a podcast on science and literature.



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Editor Harley Griffiths

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Enquiries rachel.mccarron@harpercollins.co.uk

Material Available

Rights

Available in all languages

## THE TIMES LIVES BEHIND THE MUSIC

**Era-Defining Obituaries of Rock and Pop Icons** 

Nigel Farndale, Times Books

Step into the tumultuous world of music stardom with this collection of obituaries from The Times.

From the rock'n'roll pioneers of the 1950s, to the pop superstars of the 21st century, and lesser-known innovators with undeniable influence, this book brings to life the enduring spirits of music's brightest stars.

Discover the untold stories behind the music, the triumphs, the tragedies and the unforgettable songs that have shaped our cultural landscape. With era-defining obituaries and behind-the-scenes photos from *The Times* archive, this collection is a captivating journey through the lives and legends of rock and pop's most iconic figures.



© Nigel Farndale

Nigel Farndale is a published author and journalist and has worked on several broadsheet newspapers. He is Obituaries Editor at *The Times*.



Pavilion 24/04/2025

HB • 304pp • 276x216

Illustrated

Genre / Subject MUSIC / Social History

Editor
Ellen Simmons

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Material Available

Rights

Available in all languages

## **GRIME**

Documenting the scene's rise and reign

## **Roony Keefe**

This is the extensive legacy of grime, as told by a pioneer of the scene.

With vivid imagery from Roony's archive and firsthand accounts from MC's, designers and artists, this illustrated guide invites you to experience the 140BPM beating heartbeat of grime - not just as a music genre, but as a living, breathing culture that continues to thrive, inspire, and boldly challenge the status quo.

"Grime to some is a just a genre; a specific form of music. But, to those involved, and anyone brought up in London around the early 2000's, it's way more than a BPM. Grime is a way of life, a voice for the ambitions and dreams of the inner-city youth. It's a vessel for our creativity and a way to express ourselves. It's a rebellion to the system; to those who said we can't or don't deserve to be involved, be better, or to want more. Grime is the way you carry yourself, the way you talk, the way you wear your clothes. It's a culture, it's the heartbeat of the UK's underdog story for this generation; it's our punk. It's acceptance across the world for the music we make and the respect we've commanded. It's the evolution of the sounds brought to England and the culmination of cultures: the black, the white, the Turkish and the Asian, the working classes, the poor and the wanting more. It's that little voice inside you that says, 'go the extra mile and don't give up'."

Roony 'Risky Roadz' Keefe stands as a trusted chronicler of the grime scene's early days. Starting as a fan armed with a handy cam, his RiskyRoadz series captured the buzz of the time, and blew up when YouTube emerged. He later directed iconic music videos that defined the genre's visual identity - from Skepta's "Man" and "It Ain't Safe," to Chip's "Scene," and Kano's "3 Wheel-ups."

GRIME spotlights the people and places across East London that shaped the genre: from its inception in the early 2000s, to today. It's a portal into the gritty, authentic world of grime, offering a front-row seat to modern history; the beef, the social history, the personalities, the tracksuits, the tunes – and the reality of a revolution that reshaped a generation.



© Hasan Khan

Roony Keefe, aka 'Risky Roadz', is a trusted name when it comes to documenting the early grime scene's nitty gritty. After starting out as a fan with a handy cam and his seminal Risky Roadz series, Roony Keefe has gone on to direct some of the most iconic videos in grime. His grandmother is viral sensation, Grime Gran.



HarperNonFiction 24/04/2025 PB • 288pp • 234x153 Mono

Genre / Subject
MEMOIR / Autobiography

Editor Imogen Gordon Clark

Primary Agent
Rom Com Entertainment Limited

Enquiries and a. podaru@harpercollins.co.uk

Material Available

Rights

Available in all languages

### FINDING MY VOICE

A story of strength, self-belief and S Club

#### **Rachel Stevens**

#### The inspirational first book from S Club legend Rachel Stevens

Whether as part of the iconic S Club or as a successful solo artist, Rachel Stevens was in the eye of the Noughties pop storm. Catapulted to fame in her teens, the whirlwind of celebrity life began, bringing with it all the glamour, glitz and BRITS. But not everything was as it seemed behind the smile.

Constantly stereotyped and controlled within the industry, Rachel privately struggled with her self-worth and mental health, but has since been on a journey of development and growth. Following a personal break-up and an S Club reunion - and after finding her voice and a new sense of confidence - Rachel is ready to open up for the very first time, covering everything from the impact of her childhood experiences to managing lifelong anxiety.

Finding My Voice is Rachel's inspiring, unfiltered story about discovering her true self in a manufactured world.



Rachel Stevens is best-known for her hugely successful music career as a member of the BRIT-Award-winning S Club and as a solo artist. A star of film and TV, including as runner-up on *Strictly Come Dancing*, she has numerous fashion partnerships and a loyal online following. Rachel lives in London with her two daughters.



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Genre / Subject
MEMOIR / Autobiography

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Primary Agent Luigi Bonomi Associates

Enquiries and a. podaru@harpercollins.co.uk

Material Available

Rights

Available in all languages

### **OUT OF CHARACTER**

From Abigail's Party to Gavin and Stacey, and everything in between

#### **Alison Steadman**

The first memoir from the national treasure and critically acclaimed actress Alison Steadman.

Candice Marie in *Nuts in May*. Beverly in *Abigail's Party*. Mrs Bennet in *Pride and Prejudice*. Betty in *Fat Friends*. Sue in *Here We Go* and Pamela in *Gavin & Stacey* - we can all name a beloved, iconic character brought to life by the magnificent Alison Steadman.

Growing up in post-war, working-class Liverpool, the young Alison - ever the entertainer - would address the world from the stage of her bedroom window, until she got a taste for performing in front of an actual audience at her progressive 1960s drama school. By the time she left, her mind was made up: she was going to be an actress! If only she could conquer the onstage giggling ...

Always pushing boundaries - reclining naked on a sofa in her first role, embracing groundbreaking female characters from day one - Alison has deservedly found acclaim and recognition, succeeding in her TV and theatre career while juggling family life - a difficult feat for any working mother, but particularly for an actress in the twentieth century.

From the nervy Mrs Bennet to the robo-dancing Pam-el-aah, Alison has proved herself again and again to be a comedy genius. Here, with her distinctive warmth and humour, she vividly recalls all the must-read moments of a life spent in and out of character.



© Jay Brooks

Alison Steadman is one of Britain's best-loved actresses. She has achieved recognition across television (*Gavin & Stacey*, the BBC's *Pride and Prejudice*, *Fat Friends*), film (*Life Is Sweet*) and stage (*Abigail's Party* and *The Rise and Fall of Little Voice*). She has won an Olivier, a National Society of Film Critics Award, and has been nominated for two BAFTAs. She lives in London with her partner, Michael, and is a keen birdwatcher and patron for the RSPB. Alison was awarded an OBE in 2000.



HarperNonFiction 20/06/2024 HB • 384pp • 234x153

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Material Available

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### THE HOUSE OF BECKHAM

Money, Sex and Power

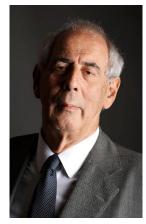
**Tom Bower** 

The explosive new book from Britain's leading investigative biographer, Tom Bower, on one of the most famous and influential couples in the world

David and Victoria Beckham have attained iconic status. The ultimate power couple have together built a multi-billion-dollar global brand. For decades, adoring fans have been captivated by the glamorous world they have created, while their unrivalled fusion of showbiz, fashion, football and celebrity has been cultivated alongside the image of a strong marriage.

When the much-trailed Netflix documentary *Beckham* aired in 2023, viewers were offered an even more intimate insight into their private lives. Produced by the Beckhams themselves, the series raised many questions, not only about their success and personal relationship, but also about the ruthlessly successful management of their image in the media. Are their lives really as perfect as the Beckhams would like the world to believe?

Through extensive research, expert sourcing and interviews with insiders, Britain's most celebrated investigative biographer, Tom Bower, has unearthed a succession of revelations that give surprising insight into the reality of 'Brand Beckham'. Exploring the couple's relationship, and the truth about their football and fashion careers, their finances and their new life in Miami, *The House of Beckham* unravels the extraordinary reality of the business-savvy cultural icons to tell an engrossing, often astonishing story of money, sex and power.



© Neil Spence

Tom Bower is an investigative historian, broadcaster and journalist. A former producer and reporter for BBC Television for 25 years, he is the bestselling author of over 25 books, including: Revenge: Meghan, Harry and the War Between the Windsors, Rebel King: The Making of a Monarch and Dangerous Hero: Corbyn's Ruthless Plot for Power.

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BIOGRAPHY / Personal Memoir

Editor Jonathan de Peyer

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Enquiries rachel.mccarron@harpercollins.co.uk

Material

Available at a later date

Rights

Available in all languages

### **BROKEN BISCUITS**

**And Other Male Failures** 

**Adam Farrer** 

Witty, tender and daring essays from the British David Sedaris

When it comes to the challenge of being a man, Adam Farrer always seems to find a way to fall short.

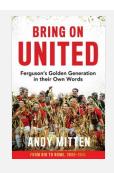
In this his second collection of candid personal essays, he vividly recounts his struggles to live up to masculine expectations. From the calamity of his first serious relationship, an obsession with Prince that sees everyone questioning his sexuality, the repercussions of his adult circumcision, getting dumped after a bout of vomiting on the Hull to Rotterdam ferry, his fears for how he'd survive the apocalypse, dealing with the murder of a family member and his experiences of Satanic Panic in 1980s' rural Suffolk, this is a book about growing up, trying to define yourself as a man and somehow always missing the mark.

'A bold new voice in nonfiction writing.' Jenn Ashworth



© Simon Buckley

Adam Farrer is a writer, a lecturer and the editor of the creative nonfiction journal *The Real Story*. He has been a photo lab technician, an illustrator, a ceramicist, a musician, a music journalist and currently works at the University of Salford, where he is the Writer in Residence for Peel Park. His first book, *Cold Fish Soup*, won the Northbound Book Award



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Editor Jonathan de Peyer

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Material Available

Rights

Available in all languages

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### **BRING ON UNITED**

Ferguson's Golden Generation in their Own Words

## **Andy Mitten**

The story of how Manchester United conquered all, by the players who won everything

The Champion's League, the Club World Cup, 6 Premier League Titles, 1 FA Cup, 3 League Cups and 4 Community Shields ... and one legendary manager - from Rio to Rome, 2000-2010.

This is the story of one of the greatest eras in the history of England's greatest club through the eyes of the players who made it happen. Not just the big wins, the cup finals and the trophy parades, but the half-time rows, the mad pranks, the boozy nights out and the training ground bustups.

Andy Mitten has tracked down eleven of the stars from those Premier League and Champions League winning teams to open the door to both the dressing room and boardroom at Old Trafford as the club emerged as the dominant force in English football.

Bring On United is an astonishingly candid and revealing insight into the workings of English football's greatest winning machine. More than that, it as lively and entertaining sports book as you'll ever read.



© Patricio Pomares

Andy Mitten is editor-at-large for FourFourTwo and writes for The Athletic. He founded the best-selling United We Stand fanzine and has interviewed over 500 famous footballers past and present in over 100 countries. Born and bred in Manchester, he divides his time between the city of his birth and Barcelona. He appears regularly on the Talk of the Devils podcast for The Athletic and can be found on X as @AndyMittenfourfourtwo.com (fansite)



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Material Available

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# THE GOOD, THE BAD AND THE RUGBY - UNLEASHED

#### Alex Payne, James Haskell, Mike Tindall

Rugby megastars James Haskell, Mike Tindall and Alex Payne get together to discuss the highs and lows of their podcast, friendship and rugby.

The Good, The Bad and The Rugby is the highly anticipated book from noted broadcaster Alex Payne (the good), England legends James Haskell (the bad) and Mike Tindall (the rugby).

How did Haskell end up on a cruise ship in Marseille running from an irate Welsh couple and their stuffed toy dragon?

What happened when Mike took their shambles of a podcast inside the walls of Windsor Castle to meet the Prince and Princess of Wales and The Princess Royal?

How did Alex's broadcasting career fall to such depressing depths? And will it ever recover? (Spoiler alert - it won't.)

In one, no-holds-barred book, they will go behind the scenes of the hugely successful podcast *The Good, The Bad and The Rugby* to pull back the curtain on some of their most outrageous antics on tour - the ups, the downs and the sideways - and leave no story untold. All will be unleashed.

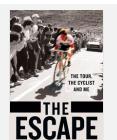
The Good, The Bad and The Rugby is the highly anticipated book from noted broadcaster Alex Payne (the good), England legends James Haskell (the bad) and Mike Tindall (the rugby).

Alex Payne is an experienced rugby broadcaster and a live event host. He began his television career as a presenter on the 'Rugby Club'. He then travelled to New Zealand as the 2005 British and Irish Lions tour reporter.

James Haskell, author of bestselling books What a Flanker and Ruck Me, is one of the UK's most well-known rugby players. Having progressed through all levels of rugby, Haskell retired in 2019 with 77 England caps.

Mike Tindall began playing rugby at a young age. Today he is widely considered to be one of the finest players to ever put on an England shirt. Now an MBE, he's a player who has won almost every trophy the game has to offer.

Together they host the weekly podcast *The Good, The Bad and The Rugby*.



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Material

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Rights

Available in all languages

## THE ESCAPE

### David Walsh, Pippa York

A unique memoir from British cycling's most fascinating competitor

In the summer of 2020 sportswriter David Walsh asked Pippa York if she'd be interested to be his travelling companion for the Tour de France. The deal was that he would sort out the logistics beforehand, the hotels, the transport details and she would do the day to day tasks of getting them about and adding her insight occasionally. It would also mean she would return to the race she had ridden eleven times as Robert Millar.

This is the resulting book: a unique and entertaining sporting odyssey, *The Escape* uses the minutiae of Pippa and David's trip, and the iconic landmarks of the Tour de France, to explore her early life growing up in working class Glasgow; her entry into racing; the psychological aspects of the sport and how that manifested itself in her personality; her ups and downs as a competitor; her post-career and her eventual transition in her 40s.

Touching on doping, gender in sport and the unique wonders and day-to-day challenges of the Tour, *The Escape* is both an unforgettable travelogue through the world's greatest cycling event and a one-of-a-kind memoir from arguably the sport's most enigmatic and fascinating competitors.

Born in Glasgow, Robert Millar was a professional racing cyclist through the 1980s and into the 90s. One of the most successful British riders of all time, they were the first English speaking rider to win a Tour de France classification, taking home the polka dot jersey of the King of the Mountains and achieving fourth place overall in 1984. That remained the highest British placing until 2009. They retired in 1995 and five years later began the process of transitioning to female. She has now lived as Philippa York for over two decades.

David Walsh is chief sportswriter at the Sunday Times and one of the most respected sports journalists working today. His previous books include Inside Team Sky and Seven Deadly Sins - one of the key texts in the takedown of Lance Armstrong. History Politics Society



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Editor Arabella Pike

Primary Agent RCW Literary Agency

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and Vivat (Ukrainian)

#### **UNLEASHED**

#### **Boris Johnson**

An honest, unrestrained and deeply revealing book by the politician who has dominated our times.

Boris Johnson has always been larger than life. Controversial, untrammelled by the normal rules of politics, his route to becoming Britain's prime minister included a landmark career as a journalist, two terms as London's mayor, leading the Vote Leave Brexit campaign and acting as foreign secretary. He won the largest Tory majority since 1987 when he went to the polls in December 2019 for a mandate to 'Get Brexit Done' - only to have his administration hit by the global Covid pandemic and toppled in a Tory putsch.

Shattering the mould of the modern prime ministerial memoir and written in his inimitable style, Boris Johnson's *Unleashed* is his story of the fifteen years since he trounced Ken Livingstone at the polls to become mayor of London. Riots, tackling knife crime, bikes, buses, the London Olympics, and so much more. He writes about his role in Brexit, takes readers through all the big decisions and his reasons for taking them, and describes how he nearly died from Covid.

It is all here. From soup to nuts, warts and all. As a journalist he was famed as a blurter of unsayable truths, and he has drawn again on this quality for the book. About people, policies, mistakes and triumphs. This is it - the reality as he saw it: unvarnished, unlocked, unleashed.



© Andy Parsons

Boris Johnson served as Prime Minister from 24th July 2019 to 6th September 2022. He was previously Foreign Secretary, Mayor of London, Conservative MP for Uxbridge and South Ruislip and Conservative MP for Henley. In addition to his work in politics, Mr Johnson is an awardwinning journalist, writer and editor. He is the author of almost a dozen books, including the globally bestselling historical biography of Winston Churchill, *The Churchill Factor*.



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Genre / Subject HISTORY / Biography

Editor Louise Haines

Primary Agent N/A

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Material Available

Rights

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### A VOYAGE AROUND THE QUEEN

#### **Craig Brown**

An unforgettable and fascinating biography of Queen Elizabeth II from one of the funniest writers of our time.

Virginia Woolf compared her to a caterpillar; Anne Frank kept pictures of her on the wall of her annex; Jimi Hendrix played her tune; Haile Selassie gave her a gold tiara; Dirk Bogarde watched *Death in Venice* with her; Andy Warhol envied her fame; Donald Trump offended her; E.M. Forster confessed he would have married her, if only she had been a boy.

Queen Elizabeth II was famous for longer than anyone who has ever lived. When people spoke of her, they spoke of themselves; when they dreamed of her, they dreamed of themselves. She mirrored their hopes and anxieties. To the optimist, she seemed an optimist; to the pessimist, a pessimist; to the awestruck, charismatic; and to the cynical, humdrum. Though by nature reserved and unassuming, her presence could fill presidents and rock gods with terror. For close to a century, she inhabited the psyche of a nation.

Combining biography, essays, cultural history, dream diaries, travelogue and satire, the bestselling and award-winning author of *Ma'am Darling* and *One Two Three Four: The Beatles in Time* presents a kaleidoscopic portrait of this most public yet private of sovereigns.

'Enthralling ... deliciously gossipy' MAIL ON SUNDAY

'A crown jewel among royal biographies' OBSERVER

'An enthralling reverie on memory, identity, coincidence and meaning - testing, teasing, charming, moving and deceptively wise' RORY STEWART

'Brown is as sharp and dryly funny as his subject' EVENING STANDARD

'It is a strength of Brown's excavating talents that he can fill 650 pages with so many attendant gems' THE TIMES



© Associated Newspapers Ltd.

Craig Brown has been writing the parodic celebrity diary for *Private Eye* since 1989. He has written for a widevariety of publications, including the *Daily Mail*, the *Guardian*, the *New Statesman* and the *Spectator*. His books include *One Two Three Four: The Beatles in Time*, which won the Baillie Gifford Prize for Non-Fiction, and *Ma'am Darling*, which won the James Tait Black award.



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Genre / Subject
POLITICS / Elections

Editor Jonathan de Peyer

Primary Agent N/A

Enquiries rachel.mccarron@harpercollins.co.uk

Material Available

Rights

Available in all languages

#### **TAKEN AS RED**

How Labour Won Big and the Tories Crashed the Party

#### **Anushka Asthana**

The inside story of the most seismic election in a generation

In Taken As Red acclaimed political journalist Anushka Asthana takes us behind the scenes of the 2024 general election campaign, featuring exclusive interviews with more than 100 political insiders including Rachel Reeves, Wes Streeting, Kwasi Kwarteng, Nigel Farage and leading Lib Dems, Greens and SNP figures.

As the political landscape undergoes a seismic shift, this gripping account provides an unprecedented insider's perspective on the inner workings of Keir Starmer's Labour and Rishi Sunak's Conservatives, and the events of this high-stakes electoral contest as it unfolded.

With unparalleled access to key players and exclusive insights, it delves into the strategic decisions, campaign dynamics and unexpected twists that defined the election. From the battle bus to the corridors of power, Asthana analyses just how the result came about. Was it evidence of Labour's strategic brilliance or the inevitable result of a spiralling decline of trust in the Tories? And what of Reform's role?

Lively, analytical and compelling, *Taken As Red* reveals the calculated gambles and innovative strategies at play, and the people behind them. And in doing so, it looks forward as well as back.



© Peter Searle

Anushka Asthana is deputy political editor at ITV News, previously the *Guardian's* political editor and host of the *Today in Focus* podcast. She has also been senior political correspondent at Sky News, and before that chief political correspondent and columnist at *The Times*. She was shortlisted for political journalist of the year by the *Press Gazette* in 2023. She can be found on X as @AnushkaAsthana.

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Material
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Rights

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#### THE ANTI-CATASTROPHE LEAGUE

The Eccentrics, Pragmatists and Visionaries Trying to Save the World - and How They Want to Do it

# **Tom Ough**

A brilliant study of the people and their teams who are trying to save the world.

Our species has a unique genius for self-imperilment. The ancient dangers - asteroids, super-volcanoes and worse - still stalk us, but the most pressing time-bombs are of our own making. Our knack for self-imperilment, though, is one side of a coin: for we are also developing a knack for ambitious solutions.

The Anti-Catastrophe League, informed by the author's experience of working in the field of what is known as existential risk, tells the story of a species that is working out how to defuse several bombs at once. From ancient risks to very modern apocalypses, the book charts the imminent dangers to the human race and introduces readers to the groups of scientists, eccentrics, diplomats and visionaries who are doing everything in their considerable power to prevent the worst from befalling us. On the way we meet Al mind readers, an economist from ALLFED (the Alliance to Feed Earth in Disasters), a physicist trying to evade death, a physicist who, having lost his best friend to a hospital superbug, invented a lightbulb that kills germs in mid-air, and the man tasked with tracking down and rounding up all of the USSR's biological and nuclear weapons - amongst many, many others.

An imperious work of narrative non-fiction by an exciting new talent - and with echoes of Jon Ronson, Dan Schreiber and *The Coming Wave* by Mustafa Suleyman - *The Anti-Catastrophe League* is a fascinating story of the end of the world - and what we can do about it.



Tom Ough has worked at *The Telegraph* and *The Times* and was one of the first British journalists to write about the threat of Al in 2016. Since the pandemic he has focussed on the greatest threats facing humanity and is embedded in this field of existential risk. In 2022 he left *The Telegraph* and has worked for a philanthropic advice organisation whose goal is to find and fund the best solutions to the most severe problems. He remains optimistic.

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Rights

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#### AGE OF SECURITY

How a Hunger for Safety is Devouring our Politics

#### **Ruben Andersson**

The global story of how security came to define our politics, by an upcoming Oxford anthropologist

In our uncertain age, we crave security - and the solutions we're sold paradoxically make us less safe. Whether chaotic border operations, a mass-surveillance arms race or the ever-present Ring doorbell, security is increasingly defining our politics, as a threat mindset takes hold. Yet attempts to solve political problems with security only weaken our democracy and deepen our isolation from each other. It's a comforting yet dangerous fantasy to believe that we can secure our way to safety from behind our own walls.

Reporting from the frontlines of a paranoid world, anthropologist Ruben Andersson tracks the rise of the security industry from the 1990s onwards, from the War on Drugs in America and gangland crime in suburban Sweden to Russian mercenary groups and the military junta in Mali. For Andersson, our obsession with security is an act of retreat, and a futile one, for politics can't be locked away - it's only in an open, shared society that real security is found. Once we can understand how security has entrapped us, we can start to break free.

The rise of security is a new way to understand our world since the 1990s, and how we got here. In this book Andersson explains why our politics went wrong, bringing his ideas to life through individual stories both big and small. This will be a global overview of security politics across all seven continents, from an author who speaks Swedish, Spanish, English and French and who has reported on the ground from the Sahel to Mexico, and brings this energy to his writing.



Ruben Andersson is Professor of Social Anthropology at the University of Oxford and the holder of a Leverhulme Major Research Fellowship on global security. His previous books include Illegality, Inc., winner of a BBC award, as well as No Go World and (with David Keen) Wreckonomics, featured recently as a Guardian Long Read. He has written for the Guardian, Observer, Foreign Policy, Financial Times, and El País.

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## THE FORGOTTEN REVOLUTION

A New History of Feminism Behind the Iron Curtain

#### Celia Donert

The untold story of feminism as seen from communist Europe

When we talk about women's lives in the twentieth century, we only tell half a history. *The Forgotten Revolution* pioneers a new history of feminism by taking us behind the Iron Curtain, and uncovering communist women's struggles for liberation.

In Donert's transformative account, the fight for women's rights in the collective, dictatorial East is the untold counterpart to the story of feminism told in the individualist, democratic West. From the Russian Revolution to the fall of the Wall, through Vienna, Paris, Berlin, Prague and Moscow, we meet the women who made this forgotten revolution: party activists, lawyers and trade unionists; the women's rights campaigner executed in a Stalinist purge; or the crèche workers in East Berlin whose tiny charges were placed under surveillance by the Stasi.

Communist women made vital contributions to women's rights globally which are now forgotten: they campaigned for - and sometimes won - progressive change in marriage, abortion, childcare, equal pay and the vote decades before their counterparts in the West.

As the far right resurges in both the East and West, many of twentieth-century feminism's greatest achievements are being challenged or even reversed. To understand our feminist history and future, we need to tell the whole story.



Celia Donert is professor of contemporary European history at the University of Cambridge. She has held fellowships and visiting professorships in Berlin, Bratislava, Munich, Paris, Potsdam, Prague, and Vienna. Her research for The Forgotten Revolution has been supported by generous grants from the Arts and Humanities Research Council, the British Academy, and the Gerda Henkel Stiftung. She is an editorial board member of Past & Present and a new book series published by Cambridge University Press, entitled European Histories of the Present. Celia has written for London Review of Books and History Today. She has also spoken about her work on BBC Radio 3, and she recently wrote and presented a one-hour radio documentary for the BBC World Service on 'The Romani Holocaust: An Unfinished History.'

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Editor Arabella Pike

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Material

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Rights
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#### **SWORD BEACH**

#### **Max Hastings**

The full story of one of the most dramatic assaults of the D-Day campaign from bestselling historian Max Hastings

Sword Beach was the north-easternmost of the five areas assaulted by the Anglo-American and Canadian armies on 6 June 1944. The battle zone on and behind Sword witnessed on 6 June some of the most dramatic and tumultuous scenes, the greatest human stories, of the entire war in the West embracing 30,000 paratroopers, infantry, commandos and of course aircrew and sailors - not to mention the German and French participants.

While the Eastern struggle was unremittingly bloody, between 1941 and 1944 the British and American armies had contributed relatively little to the crusade to destroy Nazism. No Russian or German soldier experienced the luxury granted to the British of having four years- and in the case of the US, thirty months- to prepare and train for a resumption of the continental campaign which had been abandoned in June 1940. On 6 June these men experienced, literally overnight, a transition from peace, from years of make-believe battle, to the whitest heat of war. In more than a few cases, the first shots which those men ever heard fired in anger were those which killed them. Also included are the previously little-known stories of the Free French troops, 120 strong, which suffered 60% losses in the first days of fighting.

Although the core facts of *Sword Beach* are familiar, Max Hastings will explore new angles and fresh personalities in this new history of what was perhaps the supreme military achievement of the Western war. This book will highlight a campaign that marked the beginning of the end of the war, vindication of the long resistance and sacrifices since 1940.



© Toby Madden

Max Hastings is the author of more than thirty books, most about conflict, and between 1986 and 2002 served as editor-in-chief of the Daily Telegraph, then editor of the Evening Standard. He has won many prizes both for journalism and his books, which have translated around the world. He is a fellow of the Royal Society of Literature, an Honorary Fellow of King's College, London and was knighted in 2002.



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Mono

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Primary Agent
David Godwin Associates

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Material

Available at a later date

Rights

Available in all languages

#### THE BATTLE OF THE ARCTIC

# **Hugh Sebag-Montefiore**

From the #1 bestselling author Hugh Sebag-Montefiore, a spellbinding and fiercely told history of one of the most extreme episodes of the Second World War.

As the Soviet Union played its role in the fracas, Allied convoys from the UK, the United States and Iceland fought to deliver essential supplies to Russia. In a clash of extreme elements and fierce Axis opposition, the effort demonstrated like no other the commitment from other nations to supporting the Soviet Union.

Battle of the Arctic follows not just the Royal Navy and its successful efforts to shepherd ships through storms and past floating icebergs. It also tells a part of history which has never been properly understood - that of the forgotten heroes of the Arctic convoys, the officers, armed guards and the ordinary civilian seamen, mostly from Britain and America, but also from Holland, Norway, Russia and Poland, condemned to carry on steaming their merchant ships slowly through the icy waters to and from Russia, even though they knew that at any moment they might be sunk.

This is a thrilling and important story that will leave you thankful to be on dry ground.



© Abraham Sebag-Montefiore

Hugh Sebag-Montefiore was a barrister before becoming a journalist and historian. He has written for the Sunday Times, Sunday Telegraph, Observer, Independent on Sunday, and Mail on Sunday. He is the author of three bestselling history books, two about the 2nd World War (Enigma: The Battle for the Code and Dunkirk: Fight to the Last Man), and one about the 1st World War (Somme: Into the Breach). He also wrote Kings On The Catwalk: The Louis Vuitton Moët-Hennessy Affair.



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#### THE TIMES CHURCHILL

A Portrait of the Life and Legacy of Britain's Most Influential Leader

**James Owen, Times Books** 

A must-read for anyone with an interest in history, politics, or the fascinating story and enduring legacy of an extraordinary figure: Winston Churchill.

Widely regarded as one of the most influential leaders of the 20th century, Sir Winston Churchill was a central figure in shaping British and global politics throughout his momentous career and more than six decades in the public eye.

Published to commemorate what would have been his 150th birthday, this volume draws on a wealth of archive material from *The Times* and Imperial War Museums, and features previously unpublished material, including:

- Private letters and correspondence
- Rarely seen photographs
- Historic articles from The Times archive
- Original artwork, posters and wartime imagery from Imperial War Museums

This superbly illustrated edition offers a unique and nuanced perspective on the tireless statesman and victorious wartime leader.



© James Owen

James Owen is an author, historian and journalist who has written regularly for *The Times* for the last 20 years.

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Mono

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Material

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Rights

Available in all languages

#### SHATTERED LANDS

The Five Partitions of India: 1937-71

# Sam Dalrymple

A history of modern South Asia told through five partitions that reshaped it.

We think of the Raj as controlling only India and Pakistan, and its breakup happening in August 1947. In reality, a quarter of the world's population was ruled by the Viceroy from New Delhi, in a single market/rupee-currency zone that spread from the Red Sea to the borders of Thailand - an empire within an empire that included Burma, parts of Yemen, and most of the Gulf states like Dubai. The breakup of this single 'Indian Empire' created almost all of the conflicts which plague Asia today. These include civil wars in Burma and Sri Lanka, the ongoing insurgencies in Kashmir, Baluchistan and North East India, the Iranian Revolution, the rise of the Taliban, and most recently the Rohingya genocide.

The partitions under the microscope in this book will be The Partition of Burma, the Great Partition, the Partition of Princely India, the Partition of Arabia, and the Partition of Pakistan. Combining narrative history based on archival materials, first-hand accounts and new interviews conducted by the author, this is an accessible introduction to the continuing legacy of empire and to twentieth-century South Asia.



© Sam Harrison

Sam Dalrymple is the Co-Founder of Project Dastaan. He has been published in *The New York Times* and *Conde Nast Traveller*, and worked with BBC Radio 4, The Aga Khan Trust for Culture, Turquoise Mountain and Vagaband. He graduated as a Sanskrit and Persian scholar from the University of Oxford where he served as president and co-founder of the Oxford University Silk Road Society.

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Material Available at a later date

Rights Available in all languages

#### THE ONE AND ONLY TREE

#### **Christopher Hadley**

Telling the story of one of the most remarkable objects in the history of civilization - the cross on which Christ was crucified

From the bazaars of Jerusalem in the last years of the 19th century to the monasteries of Northumbria 800 years earlier, from the gates of paradise to the end of time, *The One and Only Tree* travels back and forth along the great east-west routes forged by crusaders, pilgrims and merchants, through seven millennia of real and imagined time, through history and make-believe. It tells the story of one of the most remarkable objects in the history of civilization - the cross on which Christ was crucified - and the story of that story: of the poets, khatibs, archaeologists, kings, painters and adventurers who have told it.

Tracing the twists and turns of the complete tale, you walk in the footsteps of the Bogomil heretics in their exile, share a hookah with a Maronite Christian through a long afternoon's storytelling, look over the shoulder of Agnolo Gaddi as he paints the first fresco to bring all three legends together. You will discover too, the beguiling gnostic and apocryphal books of the bible that scholars are still wrestling with today, overhear a khatib in Palestine in the 1890s pointing out the pillars that supported the wood of the cross when it was a bridge in the time of Solomon, the bridge that the Queen of Sheba refused to step upon when she foresaw what it would become.

The One and Only Tree is as much about creativity as about belief. It is about our powers of invention and the well-springs of the narrative impulse, the urge to tell a story that encompasses all the world and all its hopes, a story that offers a key to a thousand years of humanity's artistic endeavour. Absurd and magical, familiar and alien, here are tales that might have been written by Neil Gaiman or Ursula K. le Guin and they totally confound our sense of what to expect from bible stories and ancient literature. This is the story of the happy tree, the wondrous tree, the one and only noble tree.

Christopher Hadley is a journalist and author. His pieces on such popular subjects as 18th-century religious tracts have appeared in The Independent, The Guardian, The Times, London Review of Books, Esquire and his local parish magazine, among many other publications. His previous books include Hollow Places, an account of his search across a thousand years of British history for the dragonslayer Shonks, and The Road, retracing and searching for an elusive Roman road that sprang from one of the busiest road hubs in Roman Britain.

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Mono

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Rights

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#### **GOOD AND EVIL**

Twelve Great Philosophers on How to Live Well

Edited by Andrew Irwin, Introduction by Rory Stewart

What makes a person good? What does it mean to be evil? And what does this tell us about being human?

Philosophers have been grappling with these questions for thousands of years, and they remain as pressing as ever in our present moment.

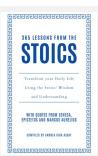
Here we explore twelve thrillingly different approaches to this fundamental human predicament, each written by a different world expert.

From Hannah Arendt's banality of evil to Nietzsche's embrace of suffering, from John Stuart Mill's happiness principle to the ruthless realism of Machiavelli and the generous, attentive spirit of Simone Weil, alongside less familiar thinkers, there is an answer for readers of all persuasions.

This is the book for anyone trying to understand how humans can sometimes behave so badly, and how we can all be better.

Rory Stewart is the co-host with Alastair Campbell of the UK's leading podcast *The Rest Is Politics*. His books include Politics on the Edge, the runaway #1 Sunday Times bestseller, and New York Times bestseller The Places in Between. He previously served in the UK Cabinet as Secretary of State for International Development. Earlier in his career he was briefly in the British Army, before serving as a diplomat in Indonesia, the Balkans and Iraq, establishing a charity in Afghanistan, and holding a chair at Harvard University. Stewart is now the president of the non-profit organisation GiveDirectly, a visiting fellow at Yale's Jackson School.

Andrew Irwin is Philosophy editor at the TLS.



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Material Available

Rights
Sold to Barnes & Noble (US English)

# **365 LESSONS FROM THE STOICS**

Transform your daily life using the Stoics' wisdom and understanding

#### **Andrea Kirk Assaf**

The essential self-improvement book with daily Stoic insights from Seneca and Marcus Aurelius

With wise lessons in key philosophical subjects, from Acceptance and Change to Virtue and Cooperation with Nature, there is much that we can learn from the writings of the Stoics. And in this book, readers can explore 365 expertly chosen extracts—one for each day of the year—from Stoicism's most notable names: Seneca, Marcus Aurelius and Epictetus.

Using translations of their original writings and meditations, 365 Lessons from the Stoics provides access to the Stoics' ancient wisdom in bite-sized chunks. Each quote is matched to a guiding theme, allowing readers to realize the power of the Stoic's words in relation to self-improvement, learning and understanding in their life.

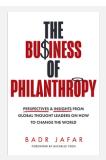
Including an Introduction to the Stoics and Stoicism, readers will gain insight into the lives and era of the Stoics, before delving into the wise words that continue to rise in popularity, proving all the more relevant in today's increasingly complex world.

Each themed, daily entry delivers a reflection or mini-lecture, enabling the reader to either mentally prepare for the day ahead or contemplate the day as it draws to a close.



© Andrea Kirk Assaf

Andrea Kirk Assaf is a writer, homeschool teacher, pilgrim guide, and professor of the Art and Architecture of Rome in the Eternal City. She blogs daily at www.fourseasonschole.org. For HarperCollins she has compiled six books in the *Little Book of Wisdom* series (2008-present) and is the author of *The Honey Book* (2021).



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#### THE BUSINESS OF PHILANTHROPY

Perspectives and Insights from Global Thought Leaders on How to Change the World

#### **Badr Jafar**

A collection of one-on-one discussions with 40 of the world's greatest thought and action leaders and prominent philanthropic figures.

The Business of Philanthropy features diverse insights into the power of strategic philanthropy to inform, inspire and mobilise the next generation of social innovators in their pursuit of positive social and environmental impact.

In conversation with social entrepreneur Badr Jafar, philanthropic leaders including Bill Gates, Baroness Valerie Amos, Kristalina Georgieva, David Miliband, Razan Al Mubarak and many more discuss their hopes and priorities for the world of today and tomorrow. Their insights shed new light on the increasingly important role that strategic philanthropy is playing in helping to address some of the world's greatest challenges.

In a world that is confronting a host of grave interconnected risks, this book reveals fresh perspectives on old and new problems, and provides a much-needed infusion of hope and optimism in our collective capacity to meet this historic moment.

Badr Jafar is a businessman and social entrepreneur from the UAE. He is actively engaged with a diverse range of organisations and initiatives focused on humanitarian aid and international development, corporate governance, entrepreneurship, education and the arts.

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## LEAVING THE LADDER DOWN

# **Dolly Jones**

A funny, practical and crucial guide for women facing the lifechanging prospect of returning to work after having children.

Told by journalist, creative consultant and mother of two, Dolly Jones, Leaving The Ladder Down aims to be the definitive companion for parents navigating this complicated juggle (and for those thinking of doing so).

When Dolly had her children, the idea of returning to work felt daunting. The thought of having to combine the challenges of career and family was unfamiliar yet, despite it being the experience of so many millions of women, she struggled to find material to help galvanise and reassure her; and to make her feel that anything was possible.

In this book, Dolly aims to change all of that and provide women with practical advice, as well interweaving her own personal experiences. Told in an empowering and engaging way, *Leaving The Ladder Down* is a gift for the next generation of women taking on the trials, absurdities, challenges and general amusement involved in combining work and motherhood; one that will inspire and celebrate the women taking it on.

Dolly will also combine anecdotal stories, life-hacks and guilt-avoidance strategies from a diverse range of women in a wide variety of industries from fashion designers to taxi drivers, journalists to actors, lawyers to doctors, bankers, entrepreneurs and restaurateurs – to normalise the potential daily catastrophes in the life of a working mother.

It will also feature serious advice from employers, employment lawyers and health specialists to boost knowledge and confidence; to act as a "ladder down" to the next generation of working women from a generation who have experimented their way to making it work.



Dolly Jones is a journalist and creative digital consultant with over 20 years of experience. She started her career at British Vogue doing work experience in 1999 before going on to lead its digital operations for 15 years. She has worked and written extensively across Conde Nast's full portfolio, including publications such as Vanity Fair, GQ and Tatler. Since leaving Conde Nast in 2018, she runs her own creative digital strategy business. Dolly lives in London with her husband and two children. This her first book.



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#### DRAMA DRIVES INTEREST

The Web Summit story

#### **Catherine Sanz**

The first definitive account of one of Ireland's most controversial business stories

Founded in 2009 by the enigmatic Paddy Cosgrave, Web Summit started as a 150-person meet up in Dublin. Within a decade, it grew to a 70, 000 gathering of industry leaders. The gravitas of big names and the vibrant atmosphere of the conference would convince leaders of companies big and small that Web Summit was the place to be for experts and more importantly, was worth the price of participating.

But, under the bright lights of its success, Web Summit appeared to unravel. After spending years using social media to target people he disagrees with, and leading Web Summit with what some say was unfettered power for much of this time, in October 2023 Paddy Cosgrave resigned in a storm of controversy following his own online comments. But less than six months later, Paddy has returned as chief executive and embroiled in a series of lawsuits with his co-founders, Web Summit seems to be edging toward some sort of reckoning.

In *Drama Drives Interest*, journalist Catherine Sanz chronicles the historic rise, fall, and rise again of Paddy Cosgrave and provides the first definitive account of one of Ireland's most controversial business stories.

Catherine Sanz is a journalist living in Dublin and the legal correspondent with the Business Post. She has previously held roles at *The Times, The Sunday Times, ABC News*, and *Storyful*. Her work has won awards in Ireland and the US.



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Editor Marleigh Price

Primary Agent M&C Saatchi Merlin

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#### **CALLING UNA MARSON**

The Extraordinary Life of a Forgotten Icon

# June Sarpong & Jennifer Obidike

A powerful biography shining a light on the incredible forgotten legacy of the BBC's first Black female broadcaster

The forgotten legacy of an icon, brought to light for the first time.

Una Marson was a true trailblazer: she made history by becoming the first Black female broadcaster at the BBC and paved the way for Black women and the amplification of Black voices in the media. Despite all this, though, her story has been all but forgotten by history.

A journalist, poet, playwright, broadcaster and activist, Una Marson played a pivotal role in bringing Caribbean culture to audiences in the UK, smashing glass ceilings and fighting against the racism and misogyny she faced.

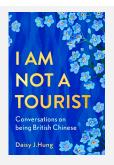
Marson was a fierce political activist throughout her life, and in this rigorously researched and deeply personal biography, the life and achievements of this extraordinary, complex and multifaceted person will be told in full for the first time.

Akan Books is a new imprint which will publish writers from underrepresented communities, with a focus on giving a voice to unpublished writers from ethnic minority backgrounds, as well as authors from working-class backgrounds and those with disabilities.



June Sarpong OBE is one of the most recognizable British television presenters and broadcasters, as well as being a prominent activist, having co-founded the WIE Network (Women: Inspiration and Enterprise) and the Decide Act Now summit. In 2019, she was appointed the first ever 'Director of Creative Diversity' at the BBC.

Jennifer Obidike is an American ghost-writer and co-writer who has been living in London for more than a decade. She has worked with Penguin Random House and HarperCollins and runs a freelance editorial service called Let Me Read For You



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Primary Agent Greene & Heaton

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Available December 2024

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#### I AM NOT A TOURIST

**Conversations on being British Chinese** 

Daisy J. Hung

A fierce and urgent exploration of British Chinese identity and a rallying cry against anti-Southeast-Asian racism.

It was during a trip to the Ashmolean Museum in 2012 that Daisy first recalls being incorrectly labelled as a tourist - a trend that has continued since she settled in the UK, regardless of the documents she has gathered. From answering her daughters' questions over whether they were 'yellow' or 'Black', to hearing the continued use of racist and culturally insensitive terms, such as 'oriental' and 'Chinese whispers', she has consistently felt othered, despite being a commonwealth citizen and having only once visited Hong Kong.

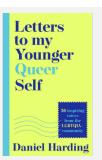
In I Am Not a Tourist, Daisy brings the experiences of East and Southeast Asian communities to the fore to explore what it means to be British Chinese today, and social, historical and political factors that have got us here. Fighting narrow and dehumanising stereotypes, of Chinese people excelling at school, or being devoid of original thought or leadership, or having authoritarian parents, she encourages readers to interrogate their assumptions and interpretations of 'Chinese' identity.

In the wake of the upsurge of anti-Asian racism, triggered by the racialisation of the COVID-19 pandemic as the 'China virus' and 'Kung flu', I Am Not a Tourist exposes the ongoing racism and inequalities that British Chinese communities face, and forms an urgent call for change.



Daisy J. Hung is the Equality, Diversity and Inclusion Manager in the Mathematical, Physical and Life Sciences Division at the University of Oxford, and Programme Manager for the University's Race Equality Task Force. She has a unique. international perspective on race, identity, and belonging, informed by a 20-year career across different sectors working to advance social justice. As a person of Chinese descent, born in Canada with family from Hong Kong, raised in the US, and now settled in the UK, her sense of identity has shifted among many different contexts.

Daisy was longlisted for the Penguin Random House WriteNow 2020 competition, and was selected for the inaugural HarperCollins Author Academy programme in 2021 and The Greene Door Project's mentoring scheme in November 2021.



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Genre / Subject
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Editor Harriet Prideaux

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Material

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# LETTERS TO MY YOUNGER QUEER SELF

# **Edited by Daniel Harding**

A heartfelt and inspiring collection of letters by well-known members of the queer community and allies.

If you could write a letter to your younger queer self, what would you say? What advice would you share? What mistakes would you take back? And what would you have really wanted, or needed, to hear?

With letters from eminent queer people and allies in music, television, theatre, and politics, this book covers the wide and beautiful queer spectrum to create an inspiring resource for anyone who has ever struggled with growing up different. Each letter is a testament to the strength of the human spirit, a celebration of diversity, and a reminder that love transcends all



Daniel Harding is an award-winning journalist, presenter and news producer. He has previously published *Gay Man Talking: All The Conversations We Never Had* (Jessica Kingsley Publishers, 2022), a wise, witty and empowering exploration of modern gay relationships. He regularly writes about LGBTQIA+ issues and his writing has appeared in Attitude, Cosmopolitan, The Mirror and London Economic. He resides in London.

# Science & the natural world

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#### **SPACE HAZARDS**

**Understanding near-Earth objects** 

Ryan French, Royal Observatory Greenwich, Collins Astronomy

#### Exploring the science of multiple space hazards

Earth is not isolated in outer space but surrounded by an array of potentially hazardous objects within our own solar system and beyond.

Although none of these objects provide any immediate threat to life, it is the work of scientists around the world to continue monitoring the presence and potential risk of these threats.

Dr. Ryan French explores the science of multiple space hazards and discusses the probability and potential impacts of each of them.

Topic covered include asteroids & near-Earth objects, space weather, earth polarity flips, space junk, stellar and black hole collisions.



© Dr. Ryan French

Dr. Ryan French is a solar physicist, science communicator and author. He is pursuing the mysteries of the Sun at the forefront of modern solar physics research, using cutting edge telescopes on the ground and in space. His research takes him all over the world, collaborating with the global community of solar physicists. Ryan also works to share the wonders of the Sun and space with the public, through social media, museums and observatories, and on television and radio. He is also an avid hiker, rock climber, and skier, perhaps because the mountains take him closer to the Sun. Keep up to date with Ryan's other projects at www.ryanjfrench.com

The Royal Observatory, Greenwich is the home of Greenwich Mean Time and the Prime Meridian of the World, making it the official starting point for each new day and year. It is also home to London's only planetarium, the Harrison timekeepers and the UK's largest refracting telescope. It runs the annual Astronomy Photographer of the Year competition.



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#### **UNKNOWN UNIVERSE**

Tom Kerss, with an introduction by Dr Mark McCaughrean, Collins Astronomy

Discover hidden wonders from deep space unveiled by the James Webb Space Telescope

This beautiful book showcases the most stunning images from the first years of the James Webb Space Telescope, the most powerful infrared space observatory, along with expert insights into their revelations.

Discover how these awe-inspiring images enhance our understanding of the Cosmos, and what new mysteries they unlock for astronomers, and learn more about humanity's mission to explore the far reaches of the Universe.

Readers will also learn about the history and background of the JWST, its technical design (size, optical system, heat shield and orbit), how the incredible observatory's instruments work, and why its striking images look the way they do.

Tom Kerss provides accessible commentary, explaining the images in non-scientific terms whilst introducing the astronomical jargon used by the experts. He presents his own previously unpublished images, processed from real data, and presents both the answers and questions brought to light by the engine of wonder that is the James Webb Space Telescope.

This book will be a lens into the unexplored and unseen cosmos.



© Tom Kerss

Tom Kerss F.R.A.S. is an astronomer and the author of numerous best selling books about the night sky for both adults and children. Having worked at the Royal Observatory in Greenwich for more than six years, he now shares his passion for the stars with people all over the world, delivering courses, podcasts and media interviews. Tom loves nothing more than to seek out the darkest and most beautiful skies on Earth. but he does most of his stargazing from his home in London. Find out more about Tom's projects at tomkerss.co.uk



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#### **COLLINS STARGAZER'S BIBLE**

Your illustrated companion to the night sky
Ian Ridpath, Mary McIntyre, Rachel Federman, Stephen Maran

A stunning celebration of the remarkable sky above.

This is a beautiful gift book combining practical stargazing information and advice, the insights of internationally renowned astronomers and the history, technological advances and art revering the night sky.

Brimming with full-colour photography and artwork, *Collins Stargazer's Bible* offers engaging tips on identifying stars, planetary bodies and celestial events, as well as discovering more about the history, technological advances and art of the night sky. With detailed star charts and constellation profiles, plus visual accounts of the planets, comets, galaxies and eclipses, readers will learn how to identify the phenomena of the night sky, the best equipment to use and how to care for it, as well as how to create stunning astrophotography and art, how to avoid light pollution and make the most of the sky above in urban and suburban surroundings, and how to be dark-sky and conservation advocates.

Full of stunning illustrations and packed with practical advice and handson projects, *Collins Stargazer's Bible* is the ultimate guide for novice stargazers, eagers astronomers, budding astrophotographers and astrophysicists, nature-lovers and anyone seeking to learn more about the wonder of the night sky.



lan Ridpath is an internationally renowned writer and editor. His works include the Oxford Dictionary of Astronomy and popular series of night sky guides for beginners, including The Collins Stars and Planets Guide and Collins Gem Stars. Ian is the recipient of the Astronomical Society of the Pacific's Klumpke-Roberts Award for outstanding contributions to the public understanding and appreciation of astronomy. Ian is based in London, UK.



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#### THE HISTORY TREES

**Extraordinary Tales of Trees Through Time** 

#### **Colin Salter**

A collection of the most remarkable trees from around the world, many of which have witnessed key moments in history or reached the scale or age that have allowed them to become history themselves.

Meet 'Methuselah', a bristlecone pine in the White Mountains of New Hampshire, is believed to be 4,900 years old, whilst its distant neighbour Old Tjikko in Sweden nears it's 10,000 year birthday. Others have inspired great events, such as the Isaac Newton apple tree in Woolhope, Lincolnshire, where the scientist observed the famous apple falling from a tree (which still stands in the family garden).

Other flora has withstood historic events such as in Japan, where the Hibaku jumoku still grows, the survivor tree from the Hiroshima bombing. In the American Civil War, the inept Federal General Ambrose Burnside attempted to cross the Antietam Creek; next to the bridge which crosses over it is the Burnside's Bridge Sycamore that was caught in the heavy crossfire of the battle.

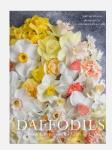
There are trees which have been planted to become history themselves or were caught up in its events, such as the Suffrage Oak planted in Glasgow in 1918, the Tolpuddle Sycamore associated with the Tolpuddle Martyrs in Dorset, or the Oklahoma City Survivor Tree.

Many continue to inspire our world today including the long avenue of beech trees in Northern Ireland known as the Dark Hedges, which *Game of Thrones* fans will recognise as the road to Kings Landing, or Robin Hood's oak in the Sherwood Forest. Travel into the pages of fantasy when visiting the J. R. R. Tolkien trees in Avebury, from which he based his tree creatures, the Ents, from *The Lord of the Rings*.

The History Trees is the ultimate collection of the most historic trees on the planet. Rest a while beside the oldest trunks and witness the enthralling stories nestled within the branches of these gentle giants.



Colin Salter is a versatile writer with the enviable quality of incorporating a host of detail into elegant prose. He is the lead author in the Remarkable travel series and the award-winning 100 series - so, along with 100 Posters, 100 Symbols, 100 Novels etc, he has also penned Remarkable Treks, Remarkable Bike Rides and Remarkable Road Trips.



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#### **DAFFODILS**

**Beautiful Varieties for Home and Garden** 

# Naomi Slade, photography by Georgianna Lane

Daffodils is a celebration of this spring floral favourite, with an indepth look at the many gorgeous and multicoloured varieties, perfect for the garden, the home and any bouquet.

Celebrating the glorious daffodil, spring flowers whose trumpet shape are instantly recognisable throughout the world, this is the next instalment in the iconic flower series by Naomi Slade and Georgianna Lane.

Ranging from the traditional trumpet-shaped corona, to the cup-shape daffodil, Narcissus are known for their brilliant colours ranging from brilliant yellow and orange to pastel pink and white, and for hailing the beginning of spring. This diverse plant can be traced back to the sixteenth century, and has been used for medicine, decor and as the symbol of many organizations and countries worldwide.

From the unconventional, cheery 'Pink Charm' to the gloriously scented 'Bridal Crown', award-winning garden writer Naomi Slade describes over 60 varieties, with suggestions for planting, growing and cutting. Accompanied by Georgianna Lane's sumptuous and instantly recognisable photography, *Narcissus* is the perfect gift for any fan of spring flowers, gardeners and florists both amateur and professional and collectors of this gorgeous flower series.



© Naomi Slade / Georgianna Lane

Naomi Slade is a journalist, author and designer. She has a long-running column in *Garden News* and regularly writes for *Gardens Illustrated* and *RHS The Garden*. Winner of the Garden Media Guild Practical Journalist of the Year Award in 2022, Naomi has also presented on BBC Gardeners' World and codesigned the *Flood Re: Flood Resilient Garden* for RHS Chelsea Flower Show, 2024.

Georgianna Lane is a leading floral, garden and travel photographer whose work has been featured in numerous publications including Gardens Illustrated, BBC Gardener's World and Garden Design. Her website georgiannalane.com chronic les her styled floral photo shoots and her extensive international travels.



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#### PLANTS THAT HEAL

200 Healing Plants and Home Remedies

#### Sonya Patel Ellis

From garden herbs and flowers to foraged fruits and berries, plants have the power to nourish and heal. Used in home remedies and by professional herbalists for thousands of years, nature's medicine chest offers incredible healing benefits for body, mind, and spirit.

Grown in pots outside 19th-century apothecaries, the apothecary rose has been used to treat skin conditions and indigestion.

Rosemary is known for its culinary uses, but it is also an incredible antioxidant, ant-inflammatory, and anti-fungal.

Native Americans used Evening Primrose to treat wounds, and today is used in acne treatments and pain suppression.

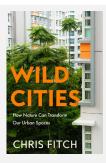
*Plants That Heal* brings together over 200 therapeutic plants and their home remedies in one beautifully illustrated book, featuring detailed photography to aid identification of plants and clear instructions for easy-to-follow recipes.

Discover the incredible history of healing botanicals; explore the comprehensive illustrated directory of over 200 healing plants, from homegrown herbs and spices to wildflowers, fruits, and berries, with tips on growing, harvesting, storing, and using; and learn how to make bespoke healing remedies for everything from boosting the immune system to encouraging restful sleep.

#### **CONTENTS**

- Introduction + Glossary
- History of Healing Plants Delve into the fascinating history of healing plants, including herbs, spices, and beneficial botanicals
- Healing Plant Directory Discover over 200 healing plants, from homegrown herbs and spices to wild foods and medicines, each with clear identification photo, listed by English name before Latin
- Healing Plant Remedies Learn to make basic and bespoke healing plant remedies to benefit body, mind, and spirit, from infusions, balms, salves, and oils
- Resources + Further Reading

Sonya Patel Ellis is an author, editor, and botanical artist, exploring the connections between plants, people, and sustainability through the prism of a botanical world. She has written a number of books on gardening, healing plants, and botanical art, including The Botanical.



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#### **WILD CITIES**

**How Nature Can Transform Our Urban Spaces** 

#### **Chris Fitch**

A globe-spanning look at how to integrate nature into urban design - and create the wild cities of the future.

A connection to nature is vital to our wellbeing. The sound of birds, the smell of tree oils, the effects of natural sunlight.

Studies have shown that patients who can observe a natural scene through a hospital window recover faster, and lockdown proved that when most other aspects of life falls away, nature still feels like a necessity, not a luxury. But the majority of the world's population lives in some form of urban environment, and by 2050, two thirds of humanity - nearly 7 billion people - are expected to live in towns and cities.

As these cities expand, brick and concrete and metal, what do we do about our connection to the outdoors?

Wild Cities tells stories from pioneering cities around the world to imagine a hypothetical wild, truly nature-focused city. This book tours Tokyo, Singapore, Brazil, Nairobi, Sydney, Flagstaff, Helsinki, Berlin, Copenhagen, Lisbon, Seattle.

This book blends science, observation, history and a forward-look to consider the role of nature in our cities. Both hopeful and well-researched, it captures the magic of nature through a blend of colourful travel writing and accessible travel writing.



Chris Fitch was born in Westminster. before spending his childhood in the tropical South Pacific rainforests of the Solomon Islands. After graduating from Royal Holloway University of London with a BA in Geography, he worked in wide variety of media roles, including as a correspondent for Monocle 24 global radio. He later became senior staff writer at Geographical (the official magazine of the Royal Geographical Society) reporting from some of the most remote parts of the planet, learning first-hand about the world's biggest problems, from climate change to species extinctions. His first book, Atlas of Untamed Places, was published in 2017, and nominated for an Edward Stanford Travel Writing Award. In 2019, he began writing for international brands such as Lonely Planet and The Atlantic, as well as completing his third book, Subterranea, published in 2020.



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# CLOSE ENCOUNTERS OF THE FUNGAL KIND

In Pursuit of Remarkable Mushrooms

## **Richard Fortey**

A deep dive into the secret world of fungi - another kingdom, diverse beyond our wildest imaginations.

Fungi don't obey rules. They pop up unbidden and often dressed in curious reds and greens.

They do not seem of this world, yet fungi underpin all the life around us: the 'wood wide web' links the trees by a subterranean telegraph; fungi eat the fallen trunks and leaves to recycle the nutrients that keep the wood alive; they feed a host of beetles and flies, which in turn feed birds and bats. Fungi produce the most expensive foods in the world but also offer the prospect of cheap protein for all; they cure disease, and they both cause disease and kill; they are the specialists to surpass all others; their diversity thrills and bewilders.

Professor Richard Fortey has been a devoted field mycologist all his life. He has rejoiced in the exuberant variety and profusion of mushrooms since reading as a boy of nuns driven mad by ergot (a fungus). Drawing on decades of experience doing science in the woods and fields, Fortey starts with the perfect 'fungus day' – eating ceps in Piedmont. He introduces brown rotters and the white, earthstars and death caps; fungal annuals and perennials, dung lovers and parasites, even fungi that move through the trees like mycelial monkeys. We learn that the giant puffball produces more spores than there are known stars in the universe and fetid stinkhorns begin looking like arrivals from the planet Tharg. He tells of the fungus that turns flies into zombies, the ones that clean up metallic waste the delicious subterranean fungi *truffe de Perigord*, the delight of qourmets.

Amongst these and many other 'close encounters' of a fungal kind, the book attempts to answer the questions: what are fungi? Why did their means of reproduction escape discovery for so long? What role do they play in the development of life?

The vast kingdom of fungi is more diverse and species rich than plants or animals. Their glorious profusion has the starring role in this magical, deeply informed book which takes us from familiar places into strange worlds.

Richard Fortey retired from his position as senior palaeontologist at the Natural History Museum in 2006. He is the author of several books, including 'Fossils: A Key to the Past', 'The Hidden Landscape' which won The Natural World Book of the Year in 1993, 'Life: An Unauthorised Biography', 'Trilobite!' and 'The Earth: An Intimate History'. He has been elected to be President of the Geological Society of London for its bicentennial year of 2007, and is a Fellow of the Royal Society.



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#### **SEVEN DEADLY SINS**

The Biology of Being Human

#### **Guy Leschziner**

An exploration of the neuroscientific and psychological basis of the seven deadly sins

Gluttony. Greed. Sloth. Pride. Envy. Lust. Anger. These are the seven deadly sins, the vices of humankind that define immorality, the roots of all evil in the world. Or so some believe.

But do these sins really represent moral failings, or are they simply human functions that aid us? Are they just the result of how our bodies, psyches, and brains in particular, are wired?

This new book by Dr Guy Leschziner, a professor of neurology and sleep medicine, explores the underlying nature of the seven deadly sins, their neuroscientific and psychological basis, their origin in our genes and crucially how certain medical disorders give rise to them.

Drawing on his clinical practice, we meet individuals whose physical and psychological conditions have given rise to these sins, where brain injury or other experiences have sparked 'immoral' actions. He explores how illness can simply expose what lies within us and investigates how the origins of these traits lie in evolutionary imperatives to preserve the wellbeing of the tribe. Perhaps, he suggests, these character traits are less of a moral question and more biological, which raises fundamental issues of responsibility and blame in the face of 'sin'.

Combining cutting-edge science placed in the context of real-life experience with patients, the book reexamines where the boundaries between normal human nature, pathology and sin are drawn. And, most importantly, whether these hard-wired traits truly represent sin, or simply the intensity of our intrinsic desire to survive and thrive.

Guy Leschziner is a professor of neurology and sleep medicine at Guy's and St Thomas' Hospitals, and the Institute of Psychiatry, Psychology and Neuroscience, King's College London. In addition to many academic papers and books, he is author of *The Nocturnal Brain - Nightmares, Neuroscience, The Secret World of Sleep*, and *The Man Who Tasted Words*. He has presented three series on neuroscience for BBC Radio 4 and World Service

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#### **FORGOTTEN FORESTS**

#### Jonathan Mullard

#### Twelve thousand years of landscape, forest and human history

Locked in ice for more than twenty thousand years, the lands that now make up Britain and Ireland were some of the last settled by humans. The earliest people, Mesolithic hunter-gatherers like Cheddar Man, arrived around eleven thousand years ago to find dense forests. While they lived lightly, they did introduce fire, which they used to create clearings, and this was the beginning of the reshaping of the forests.

Forest loss has been a dominant feature of Europe's landscape ecology for millennia. The large-scale felling of forests started to alter greenhouse gas emissions, and thereby global climate, thousands of years ago. This book looks to explain what has happened to our forests and why.

The understanding of long-term, large-scale changes in forest cover, especially those associated with human activities, are critical for our future survival. Only by understanding the process by which the forests were lost can we begin to plan for their renewal.

Forgotten Forests will open reader's eyes to the stories that exist in the landscape and highlight the opportunities for readers to make a practical contribution to the future of forests.

The book will challenge currently accepted explanations and offer a radical exploration of why a relatively few ancient trees survived and why the rich forests they were often part of have largely disappeared.

Biologist Jonathan Mullard retraces the history of forgotten forests, piecing together historical records going as far back as the written word and archaeological evidence going back far further. The result is a wealth of arcane anecdotes and the latest scientific understanding of our natural history.

Jonathan Mullard is both a chartered biologist and a chartered town and country planner, combining a longstanding interest in the natural environment with a career in conservation and spatial planning. For many years he worked for local authorities, managing National Parks, Areas of Outstanding Natural Beauty and Heritage Coasts in South Wales and Northeast England. Jonathan was the first senior officer for Areas of Outstanding Natural Beauty to be appointed in the UK, and in this role he successfully lobbied for new legislation for the designation. He is the author of the New Naturalist titles Pembrokeshire. Brecon Beacons and Gower, and he is also a keen photographer.

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#### **BIRDLAND**

A Journey Around Britain on the Wing

Jon Gower

A joyous celebration of Britain's rich bird life

In *Birdland*, journalist and lifelong twitcher Jon Gower explores our intimate connection with the bird life around us. From the symphonic song of the wren to the clack of a puffin's beak and from epic migrations to sunset murmurations, birds are commonplace miracles. No wonder they have inspired our artists, writers and songwriters. Whether rare or abundant, Jon Gower visits some of the best places in Britain to watch birds, searching for some species he has always wanted to see such as wryneck, dotterel and barred warbler.

But all is not well in Birdland. Gower charts the many changes to Britain's bird life over the last 50 years, as the countryside has seemingly emptied and in many ways fallen silent. He considers the effects of the climate emergency, the decline in biodiversity and warming oceans on birdlife and looks at work being done to mitigate these developments. But above all it is a celebration of birds and their being, and a call to arms to defend them. As Great Bustards return to our plains and eagles to our mountains, Jon Gower's book examines the future from a bird's-eye view.



© Elena Gower

Jon Gower grew up in Llanelli, Wales and studied English at Cambridge University. A former BBC Wales Arts and Media correspondent, he has been making documentary programmes for television and radio for several decades. He has over thirty books to his name, in both Welsh and English. The Story of Wales, was published to accompany a landmark BBC series broadcast. He lives in Cardiff. Wales.



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#### **MUSHROOM MISCELLANY**

An Illustrated Guide Featuring Fun Facts, Mushroom Profiles, Recipes & More

#### **Adele Nozedar**

This charmingly illustrated gift book explores the fantastical world of the mushroom - featuring profiles, fun facts, recipes, and more.

Mushrooms have always had a global fan club. And that fanbase continues to spread - like the windswept spores of the colossal Honey Fungus. Mushroom Miscellany is a love letter to all things mushroom. Over 80 species of fungi glow in the dark

The world's oldest mushroom is 810 million years old

Bigger than a blue whale, the largest organism of any type in the world is the 2,384-acre Armillaria mushroom in Oregon

Mushrooms are one of the world's most sustainably produced food sources, requiring minimal space, energy, and water

With imaginative names such as Witches' Butter and Jelly Ear, Chicken of the Woods and Beefsteak, mushrooms have been at the heart of medicine, folklore, cookery, and science throughout history and across cultures. Foragers, artists, scientists, healers, and chefs have been drawn to mushrooms for their implausible aesthetics, incredible healing abilities, mind-altering power, versatile flavour, and magical potential.



Adele Nozedar has long been fascinated by the spiritual significance and healing power of birds. She is founder and owner of a music studio in the Brecon Beacons and formerly was one of the few women in the music industry to run a record label. Her own healing journey with birds began when a merlin sat on her window ledge when she was recovering from an operation. It allowed her to stroke it and was there every day of her convalescence. Only when she was better did the bird fly away.



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## **BYTHE SEA**

Your coastline companion, from beautiful beaches and marine miscellany, to stunning seashells, seaweed, and sealife

#### Susan Kelly, Katy Christianson

A beach-goer's pocket companion for lazy days on the shore, or for the armchair beachcomber recalling the feel of sand between their toes.

Noticing and collecting shells is an irresistible and accessible activity for pretty much everyone who goes to the beach, young or old, specialist, or first-timer.

Learn more about exploring the seashore and the treasures to be found, from seashells and pebbles to seaweed and sand, and discover the secrets of the tide and conservation, plus how to be a responsible collector and how to record your finds.



Susan Kelly is a writer, publisher, and editor of a wide range of non-fiction titles. She grew up not far from the Sea in New Zealand and now lives on the south coast of the UK.

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